SEE PAGE 15 FOR DETAILS.
VARSITYCHRYSLER.COM
VARSITY FALL CLEAROUT EVENT

Start your story in 2 or 3 bedroom Townhomes expertly on trend. from the $270s +GST
GET IN THE LOOP REGISTER NOW!
MEET YOUR NEW NEIGHBOURS AT OUR
EVANSTON BLOCK PARTY
saturday, october 15th | 12pm - 5pm
StreetSide Developments Qualico 65
liveintheloop.ca EVANSTON
EXCLUSIVE OFFER TO ATTENDEES:
5K* OFF OPENING PURCHASE PRICE!
*Limited to the first 10 purchasers

Calgary metro
Your essential daily news | WEEKEND, SEPTEMBER 30-OCTOBER 2, 2016 High 18°C/Low 8°C Partly cloudy

CHARLOTTE SPEAKS
FIRST WORD IN PUBLIC IS 'POP'
metro NEWS

PUTTING DOWN ROOTS

Syrian refugee turns backyard into veggie garden to feed his fellow newcomers

metroNEWS

Syrian newcomer Mohamed El Daher surrounded by his potato plants and lettuce. JENNIFER FRIESEN/FOR METRO

Refusing to do funerals 'monstrous'

CATHOLICISM

Guidelines of bishops group take stand on assisted dying

Kevin Maimann
Metro | Edmonton

New guidelines from the Catholic Bishops of Alberta and the Northwest Territories that call on priests to deny funerals to people who have assisted suicide are intolerant, say critics.

"It's a really monstrous and sanctimonious decision," said Brad Peter, Edmonton spokesperson for Dying With Dignity Canada. "It ultimately fails to show any respect to the church's membership who are the most vulnerable ... people with grievous and irremediable illnesses."

The Bishops document, released Thursday, calls assisted death a "grave sin." It says priests should weigh the circumstances of each funeral request, but those for high-profile assisted deaths should be refused. It also says families who want to celebrate the assisted-death decisions of the departed should be denied.

The document seems to contradict a 2014 Ipsos Reid poll commissioned by Dying with Dignity Canada, which showed 83 per cent of Catholics support legalized assisted dying.

"It also just highlights the total disconnect that exists between the church leadership and the church membership," Peter said.

Edmonton Archbishop Richard Smith said the guidelines don't rule out funerals for everyone and priests can come up with other options.

WITH FILES FROM CANADIAN PRESS

NOW SELLING!
1,2&3 BEDROOM TOWNHOMES FROM THE $230s
403.827.1792
LaurelsCalgary.com
Varsity Communities

Laurels OF SADDLESTONE

N3CONDO.CA

east village

0% INTEREST RATE FOR 3 YEARS

MOVE IN SPRING 2017

DOWNTOWN CALGARY'S BEST LOCATION

LIVE INTEREST-FREE IN YOUR FURNISHED EAST VILLAGE CONDO FOR 3 YEARS!

ONLY $5000 DEPOSIT on signing

CARRIES FROM $559 PER MONTH

AMENITIES CLOSE BY:

- Free Downtown LRT
- New Central Library
- National Music Centre
- Simmons Building Eatery
- Fort Calgary
- Riverwalk

SALES CENTRE:

Located Corner of 8th Ave SE and 4th St SE
Mon – Thurs: Noon – 6:00 pm
Sat & Sun: 11:00 am – 5:00 pm
(Closed Fridays)

METROPIA Knightsbridge

The Developer pays the mortgage interest expense for 3 years. Purchaser only pays principal portion of mortgage for 3 years. Financing provided by a major Canadian bank. See Sales Consultant for more details. Taxes, condo fees and insurance is in addition to monthly principal cost. The Developer reserves the right to make revisions it deems appropriate in its sole discretion, to floorplans, unit configuration and finishings. Unit sizes are estimates only and subject to revisions by the Developer. All units are subject to GST.

N3Condo @N3inEV | N3Condo.ca | 403-835-5011 | info@N3Condo.ca

metro NEWS
Your essential daily news

Cyndi Lauper speaks out against Montreal's pit bull ban calling it an unjust bylaw.

5 WAYS THE NEW CITY CHARTER COULD AFFECT YOU

The Alberta government has released a long list of possible new powers the province's two largest cities could gain in new charters for Calgary and Edmonton. The changes are to zoning rules and bylaws, but have the potential to affect daily life. Here are five ways the changes could affect you. **RYAN TUMILTY** METRO

1 Higher penalties

Right now, Edmonton and Calgary can't hand out any penalty higher than $10,000. The proposed charter changes would allow them to raise that for development or drainage violations. The changes would also allow cities to set up their own tribunals for municipal tickets, potentially taking them out of the provincial court process. They would also allow officers to submit evidence by affidavit, so they wouldn't always have to attend court.

METRO FILE

2 Traffic Changes

Right now, Calgary and Edmonton have to follow the same rules as every small town or village in the province when it comes to setting speed limits.

Under the proposed changes, they would gain the authority to set their own minimum and maximum speed limits, and they would be able to make quicker changes to other traffic legislation with the province.

METRO FILE

3 Happy Hour

Currently, the hours bars are open and when they can establish 'happy hours' are in the hands of the Alberta Liquor and Gaming Commission.

The charters may change that, allowing cities to set their own times for opening and closing hours, happy hour as wkk as regulating patio times.

CP FILE

GETTY IMAGES

4 Affordable Housing

Making it easier for cities to build and sustain affordable housing is also a big part of the changes in the proposed charters. Calgary and Edmonton would be able to provide loans to social agencies to build housing. They would also be able to require developers to replace affordable housing if a redevelopment was going to remove units.

5 Elections and online voting

Cities are given much more power over their own elections in the proposed city charters. Edmonton and Calgary would have to respect minimum provincial standards, but they could set their own rules about campaign financial disclosures, election signs and voter identification requirements. Cities would also be allowed to bring in online or telephone voting without asking for the province's permission.

TORSTAR NEWS FILE

A different look

Politicians are people too. So, as the Progressive Conservative leadership race kicks off on Saturday, Metro wanted to learn a bit more about the candidates who've officially announced their campaigns, asking them about the simple things in life.

JEREMY SIMES & JOSIE LUKEY/METRO

Richard Starke

Politics aside, what's the riskiest thing you've done?

Quite frankly, there are a number of times when you're a veterinarian that you end up in a risky situation. I've had more than a couple of bulls, a few cows, dogs and one lion that were not so happy with what I was doing.

Describe a Saturday night for you.

Most Saturday nights for me are in the constituency, whether it's fundraisers, appreciation events or annual meetings. But when I'm not doing that, I really enjoy Hockey Night in Canada and maybe a barbecue and maybe a cold beer.

What's one vacation destination you'd go back to?

I really enjoy the Fairmont Hot Springs.

So what's your vision for Alberta?

My vision for Alberta is to restore it as the place of economic opportunity and the economic engine for our country, which we had been for many years.

Donna Kennedy-Glans

What does a typical Saturday night look like for you?

Saturday night is a time for friends, it's a time for culture, it's a time for kicking back, and it's a time for family. We'll invite friends to our table. I really, really love that.

Politics aside, what's the riskiest thing you've done?

I've done a lot actually. I've gone into Nigeria into the delta to work with communities and an oil company. I've gone into Iran by myself to work after StatOil was discovered to have paid a bribe. I've been in Yemen and every corner of Yemen, though that's not the riskiest thing I've done.

What's one vacation destination you'd go back to again and again?

I really love Vietnam. I love Hanoi. But I love Italy, too.

So what's your vision for Alberta?

My vision is a diverse province that's got this lovely spirit of 'can-do' that makes people go, 'Wow, I want to be there.'

Byron Nelson

What's one vacation destination you'd go back to again and again?

I like going to Phoenix to watch sports. I like watching the Coyotes play and I like watching the Arizona Cardinals.

Politics aside, what's the riskiest thing you've done?

As a first-year lawyer, I started my own law firm. It was crazy. In hindsight that was very risky — no one is giving you a paycheque.

What does a typical Saturday night look for you?

A lot of those Saturdays are ferrying those kids around. But if I have a weakness in life it's for chicken wings. Sometimes that can be a Saturday night for me: Beer and chicken wings, watching Hockey Night in Canada.

So what's your vision for Alberta?

My vision is to return Alberta to the land of opportunity. Our families all came here because they thought they could have a better life for themselves. So my vision is to restore that.

Jason Kenney

What is your vision for Alberta?
Did not respond due to scheduling.

Describe your Saturday night.
Did not respond due to scheduling.

Politics aside, what's the riskiest thing you've done?
Did not respond due to scheduling.

What's one vacation destination you'd go back to again and again?
Did not respond due to scheduling.

ANSWERS EDITED FOR SPACE

POLITICS

Thoughts on PC merger kick off race

Alberta Progressive Conservative house leader Richard Starke officially kicked off his campaign for the party leadership Thursday, saying the way forward is fixing the party, not melding it with the Wildrose.

"They're two different parties. They're two different cultures," said Starke, who made the announcement in front of friends and supporters at a community hall in north Edmonton.

"A pursuit of a merger with the Wildrose is putting power ahead of principle. It is solely a mechanism to try to seek and gain political power."

Starke was one of two candidates to make their bids official Thursday.

In Calgary, former PC legislature member Donna Kennedy-Glans announced she will run in the race, which will see a new leader picked in a delegated vote in Calgary on March 18.

> **A pursuit of a merger with the Wildrose is putting power ahead of principle.**
> Richard Starke

Kennedy-Glans, in an interview, also said she believes, and supporters are telling her, that uniting the right is "not a pathway forward."

Instead, she said, she is focusing on a five-point plan to rebuild bridges with party members and centrist voters and re-energize constituency associations.

"We lost a lot of votes to the left in the last election," said Kennedy-Glans, an energy executive and consultant and a one-time PC MLA in Calgary Varsity.

"Those people voted in protest."

The campaign race officially kicks off Saturday.

Former Calgary MP Jason Kenney and Calgary lawyer Byron Nelson are also running.

Kenney is running on a platform to dissolve the PC party and seek a merger with Wildrose to create a new conservative entity to defeat Premier Rachel Notley's NDP in the 2019 election.

However, some segments of the party don't see the Wildrose as a good fit, given that while both are fiscally conservative, the Wildrose are further to the right on social issues.

Nelson has said he doesn't see a merger with the Wildrose as a solution.

Kenney has been campaigning since early July.

He has said if he wins the leadership, the merger question will be taken to PC rank and file. Members voted at the annual general meeting this past spring to not merge but to instead rebuild the party, which lost to the NDP last year after more than four decades in power.

While Starke and Kennedy-Glans disagree with Kenney on where to take the PCs, they all agree that Notley's economic policies, particularly high debt-loads, have made a bad situation much worse.

With low oil prices driving up job losses and budget deficits, the NDP have instituted a number of measures, including a broad-based carbon tax, hikes to minimum wages, billions of dollars more for capital spending, a boost to the corporate tax and a cut to the small business tax.

Starke said a measured approach is needed.

"If you're driving a car on glare ice, you don't start hitting the gas and hitting the brakes and steering all over. You just hold her steady," he said.

Glans said she is hearing the same message in Calgary.

"We have to get people back to work and we have to be really creative about how we do it," she said. THE CANADIAN PRESS

RENOMARK RENOVATORS MARK OF EXCELLENCE ™
Self-Guided
Renovation Tour
Featuring the work of 6 RenoMark™ Renovators
Map & Info: chbacalgary.com
Saturday
October 1, 2016
11 a.m. to 5 p.m.
UDI Calgary Region
ASTORIA RENOVATIONS
ENVISION CUSTOM RENOVATIONS. Quality & Integrity
Gemini GROUP INC Imagine
HILLSON HOMES
KONSTRUX Developments Inc.
LIDWILLER

LEXUS OF CALGARY

EXPERIENCE VIP SERVICE

Fall Into SAVINGS

2013 Lexus CT200h Premium Package

Stk# 3564A 42,462KM
1.8L Hybrid Drive, Automatic, Climate Control, Heated Leather Seats, Remote Entry, Alloy Wheels

$24,940

2007 Cadillac CTS

Stk# 160379B 61,693KM
6-inch wheels, eight-way power driver seat, dual-zone automatic climate control, CD player, and much more!

$9,998

2015 Lexus RX350 Sportdesign AWD

Stk# 160608A 72,113KM
premium saddle tan/black leather, heated and ventilated front seats, driver seat memory system, active front headrest whiplash protection, power moonroof

$39,698

2015 Lexus LX570

2 TO CHOOSE FROM

Stk# 3549A 26,441KM
Park assist sensors, heated and air conditioned front seats, HDD navigation system with back up camera, and much more!

$83,670

2016 Audi S4 Technic Plus Quattro

Stk#3559A 10,000KM
Fresh Trade, Fully Equipped, Climate Control, Pano Roof, Navigation and Much More!!

$57,580

2004 Nissan 350Z Touring Coupe

Stk# 3574B 51,250KM
Heated Leather, A/C, Cruise Control, Tilt Wheel

$14,998

2013 Lexus LS460 F-Sport

Stk# 3570A 57,560KM
front and rear adaptive variable suspension with TMS and front & rear air suspension, voice activated HDD navigation system with back up camera, intuitive park assist sensors

$59,820

2015 Toyota 4Runner Limited

Stk# 160596A 19,070KM
heated front seats, rear privacy glass, cruise control, navigation system, rearview camera, sunroof, and much more!

$44,866

2013 Lexus GS350

Stk# 160417A 59,227KM
power 10 way adjustment heated and air conditioned front seats, leather trimmed steering wheel and shift knob, power tilt and slide moonroof, navigation system, back up camera

$31,898

2014 Lexus RX350 AWD

Stk# 160086A 35,586KM
premium saddle tan/black leather, front seats heated and ventilated, driver seat memory system, power moon roof, power retractable folding exterior mirrors

$39,999

2012 Ranger Rover Sport HSE

Stk# 3488A 93,422KM
adjustable air suspension with adaptive damping, keyless entry/ignition, power tailgate, front and rear parking sensors, power front seats with driver memory settings, power tilt and telescoping steering, navigation system

$38,889

2010 Lexus IS250C

Stk# 3577A 65,000KM
navigation system, back up camera, 8-way power adjustment, 2 seat position memories for driver and passenger, Bi-Xenon HID adaptive

$29,390

Lexus of Calgary Legendary VIP Services to all guests that purchase a pre-owned Lexus vehicle:

- *Valet Service*
- *Lexus Loaner Vehicles*
- *Interior and Exterior Cleaning*
- *Stone Chip Windshield Repair*
- *Barista Bar*
- *Luxurious Customer Lounge*
- *Invitations to VIP Events*

LEXUS *Certified* PRE-OWNED

ONLY AT YOUR LEXUS DEALER

Les Krawec
Pre-Owned Specialist
403.613.0435

Paul Woodman
Pre-Owned Specialist
403.807.8322

Alyc Keith
Pre-Owned Sales Manager

22 Heritage Meadows Road SE

403-22 Lexus (403-225-3987) www.lexusofcalgary.com

AMVIC Alberta Motor Vehicle Industry Council

All prices are plus GST. See dealer for details.
Some vehicles not exactly as shown.

Calgary Transit users were surprised on Tuesday with an in-service masked four-car CTrain.
HELEN PIKE/ METRO

New CTrain cars chugging along

TRANSIT

New trains being tweaked, and service improving

Helen Pike
Metro | Calgary

Calgary's new trains on the rails are shaking out kinks and chugging along to become the system's top performers.

The first shiny new cars had a few hiccups, a standard when introducing new equipment, but with every order kinks are being ironed out with the manufacturer, and the new car shipments are even more tailor-made to the system.

Russell Davies, the fleet manager at Calgary Transit, said the trains did have some issues with the doors grazing platforms when they first arrived. Davies described it as similar to hanging a door in a home and lining everything up. This is just a small bug that's been resolved since putting the trains in service this past July.

"They're doing OK," said Davies. He uses the analogy of a new house to explain what it's like to work with a custom-built train car. "You'll take ownership of the house, move in, and find 50 different things wrong with it. Plugs in the wrong place, this too low, that too high — we've got a lot of those kind of things, but nothing significant."

Davies said the train's performance is getting better, noting that new trains can be unreliable, but improve once bugs are sorted out.

"We call it a boon-in period, trying to get out the little bugs in the system and reliability improves over time," Davies said.

Transit is expecting 63 cars, and currently has 10 cars on site. Officials have met with the manufacturer to talk about how the new kids are doing, and any needed tweaks.

Neil Armitage, executive vice-president with the Amalgamated Transit Union local 583, said the trains are so new not all operators have been trained to operate them.

"They're a lot more space-age, that's for sure," Armitage said. "I always consider it an exciting challenge to get new equipment and learn what all the differences are."

SMALL BUSINESSES

New tax credit in the works

The Alberta government plans to introduce a tax credit for investments in small businesses in the fall sitting of the legislature.

Economic Development Minister Deron Bilous says there will be a 30 per cent tax credit for investments in Alberta small businesses made between April 14 of this year and Dec. 31, 2019.

The government says the tax credit would support up to 4,400 new jobs over three years and contribute up to $500 million to the province's GDP.

The tax credit is part of the government's jobs plan.

Bilous says the government is also restoring training programs for entrepreneurs, cutting the small business tax and protecting a multibillion-dollar tax advantage over other provinces.

Justin Smith with the Calgary Chamber of Commerce says the province has large pools of capital but until today, policy measures were sorely needed to encourage the flow of this capital into the province's small businesses.

"This tax credit puts the onus on investors to make the final decision on risk and efficiency, while keeping their money in Alberta and putting it toward growth-oriented firms," Smith said in a news release Thursday.

The tax credit legislation, if passed, will have a budget of $90 million over three years and would be provided on a first-come, first-served basis.

The tax credit will be available for investments in companies that are substantially engaged in proprietary technology research, development or commercialization; interactive digital media development; video post-production; digital animation; or tourism. The government says investment criteria were developed through extensive consultation with business and investment leaders. THE CANADIAN PRESS

Almost too nice to walk on

IN STOCK BLOWOUT SALE

$1.84/sq. ft.
Speed of Light
100% Ansonylon Designer Style Cut & Loop Your choice of 6 in stock colors. Ideal for Condos, Basements & Reno properties

$3.06/sq. ft.
Mulan II
Heavy Frieze, Stain Resistance, the 65 oz Carpet will enhance the Beauty of an home.

STARTING AT:
$2.79/sq. ft.
TTH
100% Nylon Available in 3 weights. Lifetime warranty. Enhance the beauty of your home with this carpet. Large selection.

from $2.29/sq. ft.
from $2.75/sq. ft.
Luxury vinyl. 4 Tile Options and 5 Wood Options
While stock lasts. 12MM
Luxury Vinyl Tile & Plank
Laminate Flooring

IN-STOCK ENGINEERED HARD-WOOD STARTING AT $4.99/sq. ft.

SHAGS STARTING AT $2.19/sq ft

CALGARY FLOORING DESIGNS
403•281•8850
105 G 58 AVE. SE.
CALGARY, T2H 0N8

STOP letting INSOMNIA interrupt your life.

If tossing & turning, pressure points or insomnia prevent you from getting the sleep you need to live your life fully, it's time to see us.
We will help you find the Wellness Solutions that will get you back to sleep.
Get Relief. Get Back to Life.

bodo wellness technology
Massage Chairs | IR Saunas | Therapeutic Sleep Systems | Vibration Therapy
CrossIron Mills • Deerfoot Meadows • www.Bodo.ca

metro
Tell us how you really feel.
Join our online reader panel and help make your Metro even better.
metronews.ca/panel

Aesthetics Today

Skinpossible LASER & LIGHT SOLUTIONS

6 WAYS TO SAY "GOODBYE" TO ACNE AND ACNE SCARRING!

ROBERTA SEGAR
Certified Laser Specialist

Acne can be disfiguring, demoralizing and frustrating. It is common during adolescence but can strike anyone at any age. Acne symptoms can range from an occasional zit to painful cysts. Left untreated, it can often result in permanent scarring. Acne scarring is difficult and sometimes impossible to erase. Much, however, can be done to control acne and prevent acne scarring.

Do you have acne? Do your kids have acne? If so, I'd like to give you something to think about. We use braces to correct or prevent crooked teeth, don't we? Doesn't it make just as much sense to do what we can for Acne? The confidence that comes with having clear, smooth, blemish-free skin is at least as important as a nice smile, don't you think? The value is comparable but the cost if far less.

The skin condition known as Acne Vulgaris is classified as Grades 1 through 4. Many factors come together to cause it. Excessive production of oil from the sebaceous glands, blockage of the oil glands at the base of hair follicles, and the presence of the propionibacterium acnes bacteria are the main causes.

Many factors can contribute including the presence of dead skin cells that can clog pores, inflammation, hormonal fluctuations, food intolerances, environmental factors and more. Use of the wrong skincare, contact with unsanitary materials (such as helmets, shoulder pads, dirty make-up applicators, pillowcases), and other factors including stress may also contribute.

Depending on the degree of acne you have, getting rid of it may be as simple as eliminating the factors that are contributing to its development. Any or all of our acne solutions can be employed to treat various grades of acne and acne scars.

Say "Hello" to clear, smooth, blemish-free skin"

Acne consultations, like all consultations at Skinpossible, are free. If you would like to learn what can be done for your acne or acne scars call and schedule a time to learn about the options. Clear, smooth, blemish free skin will give you a reason to smile!

There are other laser clinics so why choose Skinpossible? Because not all treatments work equally well. At Skinpossible we pride ourselves in offering only the very latest in breakthrough technologies. We have more technology than any other clinic in Calgary and all of our technology is tier-one within its class.

Every month we put several of our treatments or products on sale. Sign up for our monthly emails and you will never miss a special. We also use this email to announce new treatments and practice patient opportunities. We won't spam you. If you do not wish to receive this email, simply unsubscribe.

Our style of consultation is educational. During a consultation we take the time to thoroughly explain your options and make sure you have all of the information you need to make an informed decision. No pressure. No obligation. Consultations are free and so is parking.

ACNE AND ACNE SCARRING SOLUTIONS:

1 MEDICAL-GRADE SKINCARE

Skincare products to lift impurities, remove excess oil and balance the skin is the first course of correction for all grades of acne. Why medical-grade? Because the active ingredients in medical skincare will always be more efficacious and the percentages higher than what can be found elsewhere.

2 HYDRAFACIAL

This medical facial uses patented vortex tips to infuse acne specific solutions. At the same time vortex suction gently extracts blackheads, whiteheads and other impurities. Blue light therapy can be added to the treatment to target porphyries that live inside acne bacteria and produce free radicals to kill the bacteria.

3 LASER THERAPY

Lasers can be used to penetrate the skin without injury to target porphyrins and thermally suppress the sebaceous glands which are responsible for causing acne. This is a great way to expedite the clearance of acne.

4 CHEMICAL PEELS

Peels can reduce acne symptoms and help smooth the skin. Chemical Peels for acne include salicylic acid to kill P-acnes bacteria and glycolic acid to remove dead skin cells and relieve congested pores. The peels used at Skinpossible can be customized with additional ingredients to help with inflammation and lighten post-acne pigmentation.

5 FRACTIONAL LASER SKIN RESURFACING

Moderate to severe acne scars can be improved with one or more of this more aggressive treatment that involves five to seven days of downtime.

6 PRESCRIPTION MEDICATIONS

For more severe acne, prescription antibiotics may be required to target the acne systemically. Prescription Vitamin A can also help. Retin A changes the responsiveness of skin to stress, helps skin adjust to hormonal fluctuations, stops excess sebum production and speeds up growth of skin around pores.

IS THE TREATMENT YOU WANT ON SPECIAL?
Maybe!

Every month we discount one or more of our treatments and announce it by email.

Have you subscribed yet? www.skinpossible.ca
Visit our website to subscribe and never miss a special

Book your free consultation

403.719.6523

www.skinpossible.ca

1800 - 194 Ave SE | Chaparral Valley Professional Building

©Skinpossible 2016

Find out what's Possible!

Botox | Dermal Fillers | Acne and Scars
Ultherapy *Skin Tightening and Lifting*
Laser Skin Resurfacing *Wrinkles & Scars*
CoolSculpting *Permanent Fat Reduction*
Laser Skin Tightening
SmoothLiftin *Intra-oral Facelift*
Skin Rejuvenation *Safe for dark skin*
Stretch Marks Reduction
Abdominal and Thigh Rejuvenation
Fastest Laser Tattoo Removal *Picosure*
Laser Nail Fungus Removal
IntimaLase *Laser vaginal tightening*
IncontiLase *Laser urinary incontinence*
NightLase *Laser treatment for snoring*
Phototherapy *Sun Damage, Age Spots, Rosacea*
Laser Vein Removal *Face or Legs*
Laser Hair Removal *Painless and Faster*
Hydrafacial *Exfoliates, Extracts & Hydrates*

Two schools, one roof

EDUCATION

Calgary board's 'school within a school' model explained

Lucie Edwardson
Metro | Calgary

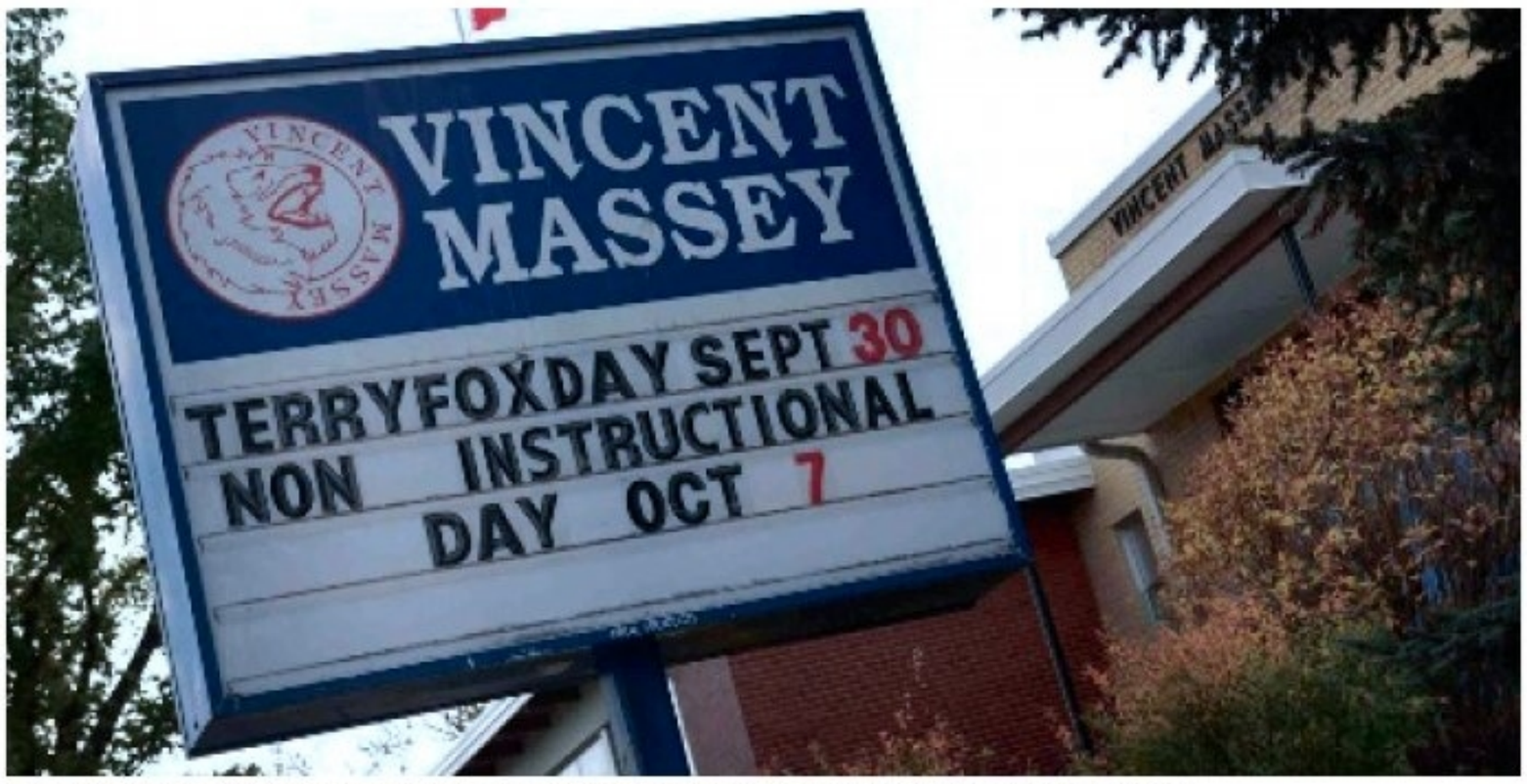
The Calgary Board of Education (CBE) says hundreds of students who have new schools opening in January and who are currently attending host schools won't be seeing any disruption in their education, but parents have some concerns.

There are currently seven schools' worth of children being hosted at 11 other schools until December. The concept of having two schools under one roof is known as "school within a school", and the eventual January move is called a "lift and shift."

Some parents raised concerns to Metro about an apparent division they've seen amongst the students who are participating in the two schools, one roof concept, but the CBE said they haven't received any complaints.

"It's something we're certainly cognizant of and a natural conversation to have with the students at these schools, but none of these situations have been brought to my attention," said CBE area four director Calvin Davies.

Davies explained that students at these schools are still split into their own classes with their own teachers, who will eventually "lift and shift" to their new schools come January.



Vincent Massey is currently hosting students and staff from West Ridge school. JENNIFER FRIESEN/FOR METRO

SCHOOLS WITHIN SCHOOLS

- Hugh A. Bennett School at Peter Lougheed School
- Dr. Roberta Bondar School at Olympic Heights School and Jennie Elliott School
- McKenzie Highlands School at David Thompson School
- Dr. Martha Cohen School at Wilma Hansen School and New Brighton School
- Dr. George Stanley School at RT Alderman School
- West Ridge School at Wildwood School, West Springs School and Vincent Massey School
- Eric Harvie School at Tuscany School

And, although having two student bodies under one roof might sound cramped and crowded, Davies said schools have become creative with their space, and had the new schools not been opening in January, it would have been this way anyway.

"The schools had to become more flexible learning environments," he said.

Davies said, for example, spaces like music rooms, staff rooms and learning commons have been turned into interim classrooms.

Parents at Vincent Massey provided Metro with a letter indicating their kids wouldn't have access to a cafeteria until January because that space was also being used as interim classrooms. Davies said although it may seem inconvenient, it's a temporary problem.

"It's not ideal," he said. "But we're making the best of a short-term situation."

Davies said just because spaces are being used to accommodate the increased population, doesn't mean students are missing out on those resources either. He said more books and tools are now directly in the classrooms.

The director said although some might take issue with the model, in his experience, most are understanding and see it as a community building opportunity.

"People see the bigger picture — the new schools," he said. "And this allows those students and teachers to get excited about their new spaces together leading up to the moves."

COUNCIL

City must estimate carbon levy costs

Brodie Thomas
Metro | Calgary

The province's planned carbon levy has left city administration with a lot more questions than answers as it tries to budget for the future.

Both the provincial and federal governments are promising to tax carbon, and while the city knows it will mean about $6 million extra on its fuel and power bills, that number is, at best, a rough estimate.

A report to council coming forward at Monday's meeting notes that the math is straightforward on diesel and gasoline, but things get fuzzy on natural gas and electricity due to the way those are delivered.

Coun. Ward Sutherland, vice-chair of the city's Priorities and Finance Committee, said the uncertainty is doubly bad because the province won't specify what sort of rebates the city can expect once the tax is in place. He said given what they know about increasing fuel costs, either transit prices will have to go up, transit hours will need to be cut, or the city will have to raise property taxes to make up the difference.

"To tax us on mass transit — it's beyond belief — because first of all, the LRT is on wind power," said Sutherland. "Secondly, we have the most fuel-efficient buses around."

Sutherland wants to see the province put the tax off for a year and get its ducks in a row before rolling it out.

Marcus Purtzki, the namesake of Made by Marcus, learned from his father that consumers lean on cheap treats like ice cream during recessionary times. JENNIFER FRIESEN/FOR METRO

Ice cream biz afloat in recession

ENTREPRENEURSHIP

People still go for small treats despite hard times

Mathew Silver
For Metro | Calgary

As the legend goes, Rocky Road ice cream was created to give people something to smile about during the Great Depression.

Fast forward almost a century, and it seems like consumers still splurge on treats like coffee, ice cream, and alcohol during an economic crunch.

Justin Eyford is a part owner of Monogram Coffee and Made by Marcus Microcreamery, so he's seen firsthand how consumers spend their money in a recession. He said that his business has been growing faster than he anticipated.

"I find that people are still enjoying the fine luxuries in their lives," said Eyford.

Eyford was adamant that he owes the success of Monogram to support from the community, but ostensibly, coffee shops and ice creameries are staying afloat despite tough times.

So why are people willing to spend on frivolous items during a downturn?

Marcus Purtzki, the namesake of Made by Marcus Microcreamery, said he learned about the market value of ice cream during a recession from his father.

"If you pay $5 for a scoop of ice cream, it makes people happy. It give people gratification; you're going to get happy from the minimum amount you put into it," said Purtzki.

He thinks spending on things like ice cream and coffee isn't really frivolous at all, it's just an affordable way to spend the evening out. Another way to get the atmosphere of a restaurant without the costs associated with an expensive meal.

Dr. David Hodgins, a psychologist at the University of Calgary, offered a different account.

"It's my understanding that people generally do reduce discretionary spending on (ice cream and coffee) during economic hard times."

The line-up at Village Ice Cream on Sunday night says otherwise.

> "I find that people are still enjoying the fine luxuries in their lives."
> Justin Eyford

CHINATOWN

Group critical of public consultations

Brodie Thomas
Metro | Calgary

As consultations prepare to wrap up in Chinatown, some members of the community say they have serious problems with the consultation process.

A group calling itself The Chinatown Taskforce is calling into question the transparency and quality of the city's consultation process on a proposed land use change which could allow for a highrise, and a new Area Redevelopment Plan.

Taskforce member Teresa Woo-Paw said it's made up of members from more than 30 Chinatown associations as well as residents and business owners.

She raised a number of concerns about the engagement. She said many people who took part were not given background but were instead simply asked broad questions out of context,

"They did not know why these questions were being asked at this point in time or what they were used for," she said.

She also had concerns about non-residents being consulted at certain pop-up events — and that their opinions might be given the same weight as residents.

Dino Civitarese, senior planner with the City of Calgary, said the city wanted to hear from the people visiting for dim sum, as well as residents

"Our engagement was always intended to hit as many people as possible. We didn't want to hear just the big voices — they wanted to hear the little voices as well."

Chinatown District BRZ treasurer Terry Wong said while his group has concerns about the proposed development, it has tried to work with the city in the public engagement process and continues to meet with council and administration "to ensure the constructive voices of Chinatown stakeholders are heard and their expectations honoured."

FORT MCMURRAY

Review expected by next summer

An Alberta government review into the response to the Fort McMurray wildfire is expected to be complete by next summer.

May's fierce and unpredictable fire forced nearly 90,000 people from the city for a month and destroyed 10 per cent of its structures. After fleeing the fast-moving flames, evacuees stayed in community centres, in hotels and with friends and family until they were allowed to return in phases starting June 1.

The government is looking for a contractor to do an independent review into what went well — and what didn't — during the disaster so that the province can learn from the experience.

"I do expect that there will be something that will make the already strong emergency-response system we have even stronger for future disasters," Municipal Affairs Minister Danielle Larivee said in an interview Thursday.

The review is to look at the kind of support the province provided to the Regional Municipality of Wood Buffalo, the evacuation of communities and emergency social services for evacuees.

Similar reviews were done after the 2011 Slave Lake wildfire and the 2013 floods in southern Alberta.

Recommendations from that earlier work helped in the Fort McMurray response, said Larivee. For instance, mutual aid agreements were in place that enabled firefighters from across the province to pitch in.

A separate review is being done by the province's Agriculture and Forestry Department into wildfire preparation, readiness and response.

Larivee expects a broad cross-section of people to be consulted.

"We will be talking to the leaders and key emergency-management staff with the regional municipality, the affected First Nations communities, our own government staff, staff that worked at the provincial operations centre, non-governmental organizations involved in the response, residents of the impacted communities, as well as working with the federal government, the Red Cross and industry."

Wood Buffalo Mayor Melissa Blake thanked the Alberta government for its "open and responsible" approach.

"As we continue the road to recovery together, as a community in collaboration with our provincial partners, we are reminded every day of the resiliency and resolve of our first responders who worked tirelessly to save our community and keep our families safe," she said in a release.

"We look forward to contributing to this important process that will play a role in making our community even stronger for our children." THE CANADIAN PRESS

A review of the Fort McMurray response will be complete by next summer, the government said Thursday. KEVIN TUONG/FOR METRO

When emergency strikes, CEMA wants people to look to their cellphones for automatic updates. METRO FILE

CEMA working on mobile alert system

EMERGENCY PREPAREDNESS

Agency seeks providers for proof-of-concept pilot

Helen Pike
Metro | Calgary

When over 80 per cent of Canadians have cell phones, the best notification tool when there's an emergency is right in the palm of their hands.

The Government of Alberta already has an app called Alberta Emergency Alert, which sends out emergency notifications for users who choose to download the application on smartphones.

But Calgary's Emergency Management Association wants to take another step in what they believe could "save lives" and target specific areas.

CEMA is looking to create a text-message based emergency notification system to automatically warn people in a certain geographical area of imminent danger.

"More and more people have mobile devices," said Lauren Harris, manager of CEMA. "This would allow us to identify a target geographical area that could be impacted, or is being impacted, and push a notification to the individuals within that specific area."

The notification could give users instructions, capturing tourists and people from out of town, and Harris said it has been used in the U.S. to find wanted suspects.

The Canadian Radio-television and Telecommunications Commission (CRTC) is currently studying whether or not to mandate that cellphone companies offer such a service, in which case text-based warnings would be a Canada-wide service. But results of their consultations aren't clear yet.

In the meantime, Harris said CEMA hopes to create a proof-of-concept pilot, if an interested cell phone provider comes forward.

Chelsi Ryan, who fled from the fires in Fort McMurray this summer, said a direct and clear message to her phone could have helped during evacuation, which for her, was an information overload.

"I was notified that it was time to leave by the radio," she said. "The information was so much more fast paced while we were evacuating because everyone was still in Fort McMurray. The hard part with that is some of the information that was coming through social media ... wasn't always factual."

She stayed tuned into Country 93.3, a reliable source, until it stopped broadcasting.

"I went south of town and from there incessantly refreshed Twitter. No amount of information was enough information. I killed my phone battery and laptop repetitively," Ryan said. "People depending on radio, social media and phone calls could have been easily notified with a direct message to their phone."

Currently, emergency alerts are disseminated through a variety of media including radio, TV, road signs, social media and more.

ASK ABOUT OUR EVENING CLASSES!
PAYROLL OFFICERS
EARN A MEDIAN WAGE OF $25.06/HR*
Apply to the Accounting & Payroll Administration program today and you can earn your diploma in less than a year!
1.800.360.7186 / STUDYAB.CDICOLLEGE.CA
BUSINESS ADMINISTRATION MANAGEMENT | DENTAL ASSISTING
LEGAL ASSISTANT | MEDICAL OFFICE ADMINISTRATION | AND MORE!
Financial assistance may be available to qualified applicants. | *jobbank.gc.ca
CDI college
business • technology • healthcare

Majority pan province's climate plan

SURVEY

63 per cent disapprove of expanded tax

Jeremy Simes
For Metro | Calgary

The approval rating of the Alberta NDP's Climate Leadership Plan has dipped significantly, according a new poll, despite Premier Rachel Notley's recent claims that most Albertans support it.

On Thursday, ThinkHQ released a poll showing 63 per cent of Albertans disapprove of the government's plan to expand the province's carbon tax, while only 32 per cent of Albertans approved of the expanded tax.

The expanded levy will be phased in over the next two years, resulting in additional charges on gasoline, diesel, natural gas and propane. The extra tax is expected to cost the average family between $350 to $500 more per year.

The tax is expected to generate about $9.6 billion, funding renewable energy projects, public transit, rebates, reducing small business taxes and a new energy efficiency agency.

Marc Henry, president of ThinkHQ, said Albertans have legitimate concerns with how their tax dollars will be spent.

"Economically, it's pretty tough," he said. "It's much easier to be environmentally sensitive when the price of oil is $70, but people are really concerned with jobs right now."

Overall, 53 per cent of Albertans disapprove of the climate plan, a nine percentage point increase from 44 per cent in December 2015.

The dip in approval also comes on the heels of the government's $4.4 million it spent on advertising costs to promote the climate plan.

Earlier this week, Premier Notley also told reporters that she thinks most Albertans support the government's climate plan and minimum wage increases.

"We're not sort of sitting in our own echo chamber talking to ourselves while the opponents to pipelines sit in their own echo chamber talking to themselves and nobody actually connects and finds any kind of alignment," she said.

The panel surveyed 1,331 people online from September 14 to 19, 2016. It was weighted to reflect age and region of Alberta's population according to Statistics Canada. This research panel survey utilizes a representative but non-random sample, therefore margin of error is not applicable. However, a probability sample of this size would yield a margin of error of +/- 2.7 percentage points at a 95% confidence interval.

City council has approved affordable housing for these skinny lots in Rosedale. JENNIFER FRIESEN/FOR METRO

ROSEDALE

Resident questions housing unit cost

Brodie Thomas
Metro | Calgary

Although the debate over affordable housing in Rosedale may be over in council's eyes, one resident is still raising questions about the cost of the project.

Nick Noronha said he's left scratching his head over the price for the 16 units, which works out to $300 per square foot based on numbers provided to council.

"At $300 a square foot, that'll give you an indoor pool," he said, adding that price is higher than most homes in the upscale community.

Residents of Rosedale were criticized after many raised concerns about having affordable housing in the area.

Noronha admits there were tasteless questions asked by a few residents during the consultation, but he feels the city used those to stifle any valid questions about the project.

"These aren't Rosedale concerns — these are taxpayer concerns. And yet this is painted as, 'You're not supporting the project so you're a bigot.'"

The total cost of the 16 units will be $3.96 million, or a maximum of $247,500 per unit. Noronha found a University of Calgary document that broke down the prices of other Calgary affordable housing projects built since 2000.

He found those private industry projects ranged in price from about $68,000 to $164,000 per unit.

Noronha said he welcomes affordable housing in his community, but he would like to see it done at a cost that gives taxpayers more bang for their buck.

"I do believe our leaders should be held accountable for the money they're spending. If you could house 40 people — why are you choosing to house 30? And I think that's a legitimate concern."

Lee Provost, senior project manager with Calgary Housing, said the cost put forward to council was a high-level estimate — a maximum Calgary Housing would spend on the project.

"Based on the fact that we haven't designed the buildings yet, when we do the cost consulting we have a contingency we include to ensure we're not misleading council on the cost," he said.

He said there are similar sized units coming in significantly under the cost.

"We're pretty confident we can do it for less money, but we're so early in the project, we can't use commitment statements yet."

Noronha and other Rosedale residents should have a chance to put more questions to Calgary Housing as more consultations are needed as part of the development process.

Mohamed El Daher, above, harvests lettuce from his garden. Below: The Syrian newcomer displays a sample of the spoils from his vegetable garden. JENNIFER FRIESEN/FOR METRO

Syrian newcomer shows green thumb

GARDENING

Turns small backyard into flourishing vegetable plot

Lucie Edwardson
Metro | Calgary

A new city with a new climate could present many challenges for any gardeners, but Syrian refugee newcomer Mohamed El Daher has turned his backyard into a flourishing vegetable garden he hopes can help feed others new to Calgary.

El Daher arrived in Calgary only four months ago with his wife and three small children, as they fled the ongoing civil war in their home country.

Upon his arrival in the city, El Daher, who was a farmer back in Syria, thought he'd experiment with planting a few vegetables to test the climate and soil in his new home — and the outcome was not what he expected.

"Everybody told me it would be very difficult to grow here, but I've proved them wrong," he said, through translator and Syrian Refugee Support Group co-founder Sam Nammoura.

After three months of tending to his plants, watering every day before sunrise and taking time to care and nourish the plants, his backyard has turned into a full-fledged produce factory.

> **It doesn't seem right to sell it after all my family has been given.**
> Mohamed El Daher

Lush green lettuce covers nearly half the yard, with corn stalks peeking up along the edges while green beans, potatoes, zucchinis the size of his forearm and healthy squash (that still have time to grow) take over the rest of the space.

"It's dream I never expected to come true," said El Daher.

The newcomer said the soil in Calgary is richer than anything he'd ever worked with back in Syria, and in just three months he's been able to harvest twice as much produce as he would have in the same time back home.

El Daher said over the last few months not only has he not had to buy produce for his family, but he's also turned down many offers to sell his produce.

"It's all free for now," he said. "It doesn't seem right to sell it after all my family has been given by Calgarians since our arrival."

Now, El Daher is picking his all organic crops and giving them to other refugees to help alleviate financial stresses and limit trips to the food bank.

Next year, El Daher plans to expand his operation by finding a patch of land to turn, and hopefully begin to provide financially for his family.

YOU CAN HAVE IT ALL. Quick Possession Homes Now Available

Boulder Creek Estates, Langdon
Hammond
$600,000
+3 more
MOVE IN TODAY
2456 sq. ft.

Heritage Hills
Laned & Townhomes, Cochrane
Valley
$379,900
+5 more
MOVE IN OCTOBER
1701 sq. ft.

Heritage Hills
Front Garage, Cochrane
Hillside
$529,900
+1 more
MOVE IN TODAY
2333 sq. ft.

Kinniburgh, Chestermere
Galveston
$579,900
MOVE IN JANUARY
2310 sq. ft.

Legacy, SE Calgary
Bowen
$539,900
+3 more
MOVE IN TODAY
2333 sq. ft.

Mahogany, SE Calgary
Ash River
$550,000
+3 more
MOVE IN TODAY
2138 sq. ft.

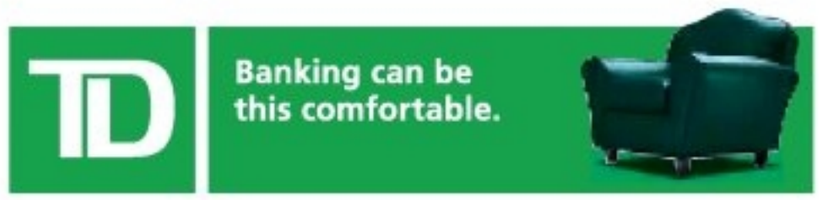
BUILDING IN CALGARY, COCHRANE, LANGDON & CHESTERMERE
STEPPER HOMES
STEPPERHOMES.COM

It's never been easier
to get on board.

Flexible TD® Aeroplan® *Visa Infinite** Card benefits let you travel on your terms. With Aeroplan: Get any seat. Fly for less.[1] And be there to enjoy life's richest rewards.

Apply by December 2, 2016 and get up to 30,000[2] Aeroplan Miles. Conditions apply.

Visit tdaeroplan.com/ca or call
1-888-714-4459 to learn more



[1] Based on a comparison of 2015 Aeroplan Flight Reward bookings against actual market base fares and leading financial institutions' travel rewards programs' terms and conditions. [2] Welcome Bonus of 15,000 Aeroplan Miles ("Welcome Bonus Miles") will be awarded to the Aeroplan Member account associated with the TD Aeroplan *Visa Infinite* Card Account ("Account") only after the first Purchase is made on the Account. To receive the additional 10,000 Aeroplan Miles, you must also: (a) apply for an Account between September 3, 2016, and December 2, 2016; and (b) make $1,000 in Purchases on your Account, including your first Purchase, within 90 days of Account approval. To receive the additional 5,000 Aeroplan Miles you must also (a) Add an Authorized User between September 3, 2016, and December 2, 2016; (b) Authorized User must call and activate their Card by January 16, 2017, and (c) your Account must be in good standing at the time this 5,000 Bonus Aeroplan Miles is awarded. You can have a maximum of three (3) Authorized Users on your Account but you will only receive 1 (one) 5,000 Bonus Aeroplan Miles offer. Annual Fee for each Authorized User Card added to the Account will apply. The Primary Cardholder is responsible for all charges to the Account, including those made by any Authorized User. If you have opened an Account in the last 6 months, you will not be eligible for these offers. We reserve the right to limit the number of Accounts opened by and the number of miles awarded to any one person. Please allow 8 weeks after the conditions for each offer are fulfilled for the miles to be credited to your Aeroplan Member account. Offers may be changed, withdrawn or extended at any time and cannot be combined with any other offer unless otherwise specified. These miles are not eligible for Aeroplan status. All trade-marks are property of their respective owners. ® The Air Canada maple leaf logo and Air Canada are registered trade-marks of Air Canada, used under license. ® The Aeroplan logo and Aeroplan are registered trade-marks of Aimia Canada Inc. ® The TD logo and other trade-marks are the property of The Toronto-Dominion Bank.

Debut Calgary novelist wins W.O. Mitchell award

ACHIEVEMENT

Playwright and poet wins $5,000 for debut novel

Jennifer Friesen
For Metro

On the last line of the last page of his last notebook, Eugene Stickland penned the last word in his first novel.

And while that makes for plenty of finalities (and a little luck with compact handwriting), the ending stayed — and the tale earned him the 2016 City of Calgary W.O. Mitchell award for literature.

> **It's always been my first goal to write a novel, so I say I had a 25-year detour.**
> Eugene Strickland

The City established the award in honour of the Calgary author W.O. Mitchell to recognize the achievement of local authors.

The three-person jury selected Stickland from the shortlist of three, which included Sharon Butala, for Wild Rose, and Will Ferguson, for Road Trip Rwanda: A Journey into the Heart of New Africa.

As a renowned playwright and poet, Stickland's name is already known around Calgary. He spent 10 years with Alberta Theatre Projects as playwright in residence, where he wrote Some Assembly Required, which earned him a nomination for the Governor General's Award.

But, still, his eyes were set steely on this moment.

"It's always been my first goal to write a novel," he laughed. "So I say I had a 25-year detour."

His novel, The Piano Teacher, follows the journal entries of an unnamed, unlocated narrator. He's a recluse, "by and large" Stickland noted, but is soon brought back out of hiding when he offers piano lessons to a seven-year-old girl.

Stickland wrote the story in pencil within three journals, largely at Caffe Beano on 17th Avenue. After years of writing about his own musings of the day, it clicked.

"The time had come when I thought, 'I do it anyway,'" he said. "If I can do it for myself, maybe I can create a work of fiction in the same technique — and it worked."

Stickland maintains that the story isn't autobiographical, but a few similarities remain: he began his university career as a piano performance major, and he also taught piano to a seven-year-old girl.

Before transcribing his handwritten novel to the computer screen, Stickland would play the piano for an hour before he began. And, while it caused him to bash on the keyboard as if the next conjunction was a C Sharp Major, he was able to bring his narrator to life.

"It really came back with a lot of clarity, and at lot of immediacy," he said, recalling his mindset as a pianist. "It wasn't like 25 years had gone by — oh, hell, 30 years had gone by — it was like it had happened yesterday."

Renowned local playwright and poet Eugene Strickland wrote most of his debut novel The Piano Teacher in notebooks here at Caffe Beano. JENNIFER FRIESEN/FOR METRO

MENTAL HEALTH ADVOCACY

Youth to meet royals

Alex Boyd
Metro | Edmonton

University of Alberta student Nancy Zhao will be among a group of 17 young people getting the chance to talk mental health with the Duke and Duchess of Cambridge in Victoria this weekend.

"I think it's great that the royal couple shares an interest in youth mental health, and I'm sure that their visit will help bring mental health into the spotlight," said Zhao, who founded the local chapter of national advocacy group Jack.org.

This Saturday the group, which also includes U of A student Ryan Forster, will board a tall ship in Victoria with the royal couple, where they'll have time to discuss the challenges facing young people.

Zhao became interested in mental health when a close friend was diagnosed with depression. She found herself at a loss about how to support her friend, so she started learning about mental health, and eventually got involved with Jack.org.

"I realized it wasn't just me who didn't know how to take care of their mental health or help a friend," she said.

This spring Zhao helped organized a conference that brought together 200 young people in Edmonton.

In speaking to the royal couple, Zhao hopes to emphasize how important it is to simply get people talking about mental health issues.

The Duke and Duchess are in Canada until Oct 1, and many of their stops so far have reflected the charities they support, including a number of mental health services in the U.K.

The web platform creates a map of individual homes to help identify which areas could use a bit more insulation.

COURTESY MYHEAT

Heat maps to help beat cold snaps

TECHNOLOGY

MyHeat keeps utilities down by showing hot air loss in home

Aaron Chatha
Metro | Calgary

Following a successful pilot program in Okotoks, heat loss mapping platform MyHeat has officially launched in Calgary.

Using a Google-maps like interface, the website MyHeat allows residents to enter in their address and pulls up a heat map of the top of their home to show where the most hot air is escaping.

"What we really want people to do is take a look at their heat map and see if the hottest areas on the roof jive with where they think heat is being lost and do some further investigation," said COO Darren Jones.

The goal is to help Calgarians identify where they could use more insulation, lower their energy consumption and hopefully save on utility bills while still keeping their toes toasty during the winter.

Jones said newer houses tend to have higher heat scores — the website's metric for how much heat a house loses.

"Because our heat score is correlated with consumption, and consumption has a strong correlation with building size, what we see is the most heat loss is also related to the size of the building," he explained.

This also means that by zooming out and getting an overall view of the city, Calgary's main heat loss is coming from newer areas — bigger houses equal more heat consumption, and a lot more red on the map.

They're hoping to update the platform in the future to do a heat loss per square foot, as opposed to the entire building.

LAUNCH DETAILS

In addition to Calgary, the platform has also launched in Airdrie and Edmonton. In a year, they hope to have every major city in Canada.

For more information, visit www.myheat.ca.

VARSITY
FALL CLEAROUT
event

Varsity is clearing out all our 2016 Dodge Journey's.
With over 50 to choose from and discounts up to $7,007
THERE HAS NEVER BEEN A BETTER TIME TO BUY!

LIMITED
STK 136840

Was $35,005
NOW $27,998
SAVE $7,007
$77 PER WEEK

CANADA VALUE PACKAGE
STK 161862

Was $23,890
NOW $22,598
SAVE $1,292
$61 PER WEEK
0% TODAY
GONE TOMORROW
CLEAROUT EVENT

R/T
STK 226606

Was $39,510
NOW $32,998
SAVE $6,512
$91 PER WEEK

VIEW OUR JOURNEYS AT VARSITYCHRYSLER.COM

Varsity CHRYSLER DODGE JEEP
403-730-4000
665 GODDARD AVENUE NE

ALL PAYMENTS AT 2.99% OVER 96 MONTHS OAC . ALL REBATES AND BONUS CASH TO DEALER. 0% AVAILABLE ON SELECT MODELS.
EX. CVP COST OF BORROWING OF $2946. TOTAL OBLIGATION OF $26,203,84. PRICES INCLUDE FEES. GST EXTRA.
SEE DEALER FOR DETAILS.

GM SHAGANAPPI GM

25% OFF*

ENDS TODAY!
NO EXCEPTIONS!

OUR VEHICLES HAVE NO HAIL DAMAGE WHAT-SO-EVER!

HOME OF THE $50,000 GIVEAWAY

1:1000 CHANCE!
PURCHASE ANY NEW VEHICLE & QUALIFY!

OVER 300 UNITS TO CHOOSE FROM UP TO 25% OFF

HURRY IN ENTIRE INVENTORY OF 2016's & 2017's ON CLEARANCE AND PRICED TO MOVE!

2016 CORVETTE STINGRAY
COUPE, 1LT, 7-SPEED STK: G2048

11 UNITS TO CHOOSE FROM!

SAVE OVER $10,000

WAS $70,430
NOW $59,988

2016 CHEVY SONIC

12 TO CHOOSE FROM

STK G0622
5 DOOR HATCH-BACK, ONSTAR, 4G, AUTO, A.C

SAVE OVER $4,000

WAS $20,390 NOW $16,390

2016 CHEVY CRUZE

30 TO CHOOSE FROM

STK G2361
LT 1.4L TURBO, AUTO, TRUE NORTH EDITION

SAVE OVER $5,000

WAS $26,890 NOW $21,865

2016 CHEVY TAHOE LTZ

2016 CHEVY TRAX

15 TO CHOOSE FROM

STK 80537

FULLY EQUIPPED UNIT

SAVE OVER $14,000

WAS $84,200 NOW $69,976

16 TO CHOOSE FROM

STK 64823

AWD, URBAN SUV LTZ PACKAGE, 1.4L TURBO, FULLY EQUIPPED WITH POWER SEAT

SAVE OVER $6,000

WAS $33,740 NOW $27,444

2017 GMC TERRAIN DENALI

15 TO CHOOSE FROM

STK 76317

V6, FULLY LOADED, AWD

SAVE OVER $10,000

WAS $49,305 NOW $39,305

2017 CHEVY EQUINOX

24 TO CHOOSE FROM

STK 78023

LS PACKAGE, AWD, EQUIPPED WITH REAR VISION CAM, GM'S BEST SELLING SUV

SAVE OVER $5,500

WAS $32,000 NOW $26,317

2016 CHEVY 1500 LTZ CREW CAB

ONLY 1 REMAINING

STK 66040

CREW LTZ, FULLY LOADED, 4X4

SAVE OVER $16,000

WAS $68,540 NOW $52,243

2016 GMC YUKON DENLAI

10 TO CHOOSE FROM

STK 65054

6.2L, FULLY EQUIPPED, MOONROOF, POWER STEP BOARDS

SAVE OVER $15,000

WAS $90,614 NOW $74,814

2016 GMC SIERRA 2500 DENALI

HD CREW CAB, 3/4 TON DIESEL 4X4 STK A67255

2 UNITS TO CHOOSE FROM!

SAVE OVER $21,000

WAS $89,885

NOW $68,885

ALL NEW 2016 PURCHASES WILL INCLUDE OUR AUTO4LIFE 10 YEAR/ 160,000 POWERTRAIN WARRANTY

REBUILD YOUR CREDIT!

GET APPROVED FAST!

DRIVE AWAY TODAY

www.shaganappi.com

On the corner of Crowchild & Shaganappi Trail NW. Take Northland Dr. Exit off Crowhild Tr.

GM

SHAGANAPPI

403.288.0444

Cheers and jeers from CIFF

What we liked and didn't like at the Calgary International Film Festival (Round 2)

AARON CHATHA METRO

Considering Love and Other Magic

Description: A troubled teenager tutors a timid 14-year-old who insists he's the imaginary creation of an award-winning novelist. (Canada)

✔ **Positive:** Makes the central mansion look beautiful, a kid's film that handles some heavy topics.

✖ **Negative:** Veers into melodrama, climax wraps up too neatly, too many relationship threads with not enough time.

Kill Me Please

Description: A series of mysterious murders grabs the attention of a few young girls — deeply impacting 15-year-old Bia's perception of reality. (Brazil)

✔ **Positive:** Very grounded discussions on rape and abuse by teenagers, beautiful cinematography.

✖ **Negative:** Slow burn, takes a few too many tangents, ending is thematically inspiring but narratively unfulfilling.

Let Her Out

Description: After suffering a head injury, Helen finds out her twin — who died in the womb — has become a growth on her brain, causing her psychotic episodes.

✔ **Positive:** Great special effects and gore make up.

✖ **Negative:** Really dumb leaps in character and plot logic — the lead puts a stethoscope to her head to try and talk to the growth.

Aloys

Description: After losing his father, detective Aloys Adorn becomes intrigued by anonymous thief who only contacts him by phone.

✔ **Positive:** Strong start with a great air of mystery and off-beat central character.

✖ **Negative:** Abandons the detective aspect very quickly, turns into a romance that's not nearly as engrossing as the movie's first act.

Slash

Description: Introverted teen Neil befriends cool Julia over their mutual love of writing erotic slash fanfiction online.

✔ **Positive:** Genuine comedy, genuine relationship, genuine take on a really nerdy sub genre — just a really genuine feeling movie all-around. Complex take on sexuality.

✖ **Negative:** Occasionally dips into cliché high school stereotypes/story beats.

For the full reviews, visit metronews.ca

IMAGES COURTESY OF CIFF

Local band catl at Femme Wave 2016

MUSIC

Headliners talk pre-war blues, women in management

Aaron Chatha
Metro | Calgary

Jamie Fleming and Sarah Kirkpatrick COURTESY ALYSSA FAORO

Femme Wave has announced their first wave of artists — with Toronto based duo catl as the one the headliners. Real-life couple Jamie Fleming and Sarah Kirkpatrick, who make up catl, heard about the festival in a roundabout way.

You reached out to Femme Wave first – what makes it such an exciting festival?

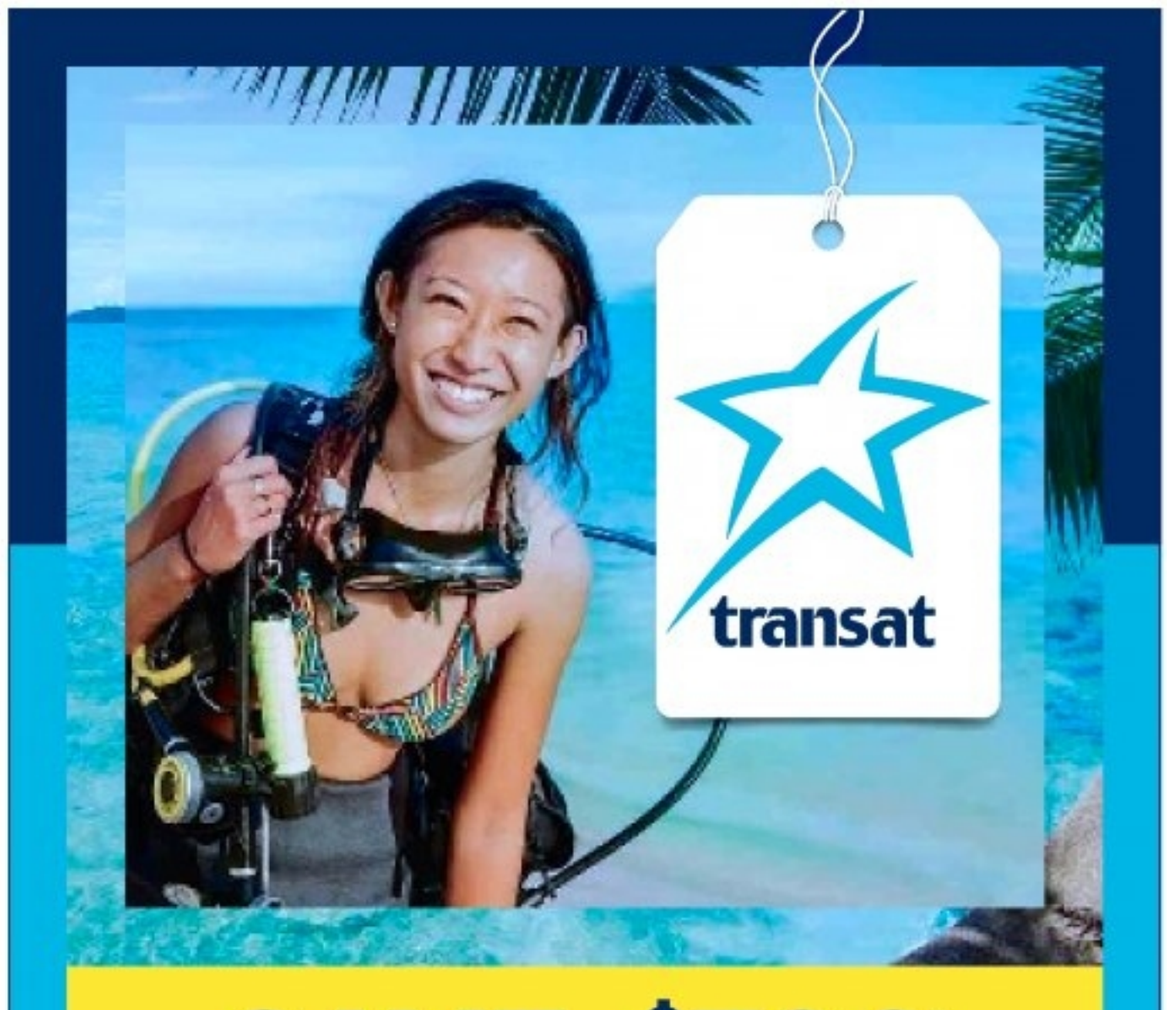
I believe what happened was some of the girls in the festival followed another band, who followed Catl. It was a series of events that led me to them. For me, as a woman in rock and roll music, I definitely pay particular attention to other females and what they're up to.

How would you describe your music?

We get kind of lumped into some blues festivals sometimes, but we don't consider ourselves strictly blues. Definitely Jamie is influenced by early, pre-war blues artists like Mississippi Fred McDowell, Ray Lewis, sort of hearkening back to that era. But we're not trying to be black musicians from the 30s — we're a couple of white kids in the 2000s playing slamming, drinking and dancing music.

What role does feminism have not only in your music, but your life?

As a woman, it's important for me to be a good representation for women in rock and roll music.... There definitely is starting to be more representation for women in terms of playing music, but on the other end of things, the more business side of the spectrum, there isn't a ton of that. I was asked to speak (at a panel) because I do all of those things for our band.



SAVE UP TO $700† PER COUPLE

Vacation is calling

SUN PACKAGES FOR LESS!

Flight, transfers & all inclusive resort

Los Cabos
$729
Royal Decameron Los Cabos 4★
7 nts | Nov 26, Dec 3, 10
+ $414 txs/fees

Puerto Vallarta
$749
Sunscape Puerto Vallarta Resort & Spa 4★
7 nts | Dec 4, 11
+ $408 txs/fees

Jamaica
$999
Royal Decameron Montego Beach 4★
7 nts | Nov 3, 10
+ $471 txs/fees

Punta Cana
$1399
Meliá Caribe Tropical 4 1/2★
Emerald Club Deluxe Junior Suite
7 nts | Nov 4, 11
+ $452 txs/fees

Riviera Maya
$1399
Grand Bahia Principe Coba 5★
Junior Suite Superior Royal Golden
7 nts | Jan 18, 25
+ $396 txs/fees

Cayo Santa Maria
$1399
Valentin Perla Blanca 4 1/2★
Silver Club Deluxe Garden View Room
7 nts | Jan 19, 26
+ $343 txs/fees

Check out transat.com or contact your travel agent for more great deals.

marlin travel www.marlintravel.ca | Get 2X the AIR MILES® Cash eVoucher value when you book a Meliá Hotels International vacation with Transat by October 31st*

Flights are from Calgary via Air Transat in economy class. †Savings of up to $700 per couple is applicable to Grand Bahia Principe Coba, for departure dates listed above. Savings reflected in advertised price. Prices shown are per person, based on double occupancy in lead room category, unless otherwise stated. Space and prices are subject to availability at time of booking and subject to change without prior notice. Prices advertised are valid from September 30 to October 3, 2016 only, on new individual bookings. Taxes and fees are extra and noted above. Travel Agency fees may apply. For full descriptions and terms and conditions, refer to transat.com. Transat is a division of Transat Tours Canada Inc., and is registered as a travel wholesaler in British Columbia (Reg #2454) with offices at 1090 West Pender Street, Suite 1110, Vancouver, BC, V6E 2N7. Marlin Travel offer: *Restrictions apply. Marlin Travel is a division of Transat Distribution Canada Inc. ON Reg. #50015084. BC Reg. #23567. Head Office: 191 The West Mall, Suite 700, Etobicoke, ON, M9C 5K8. ®™Trademarks of AIR MILES International Trading B.V. Used under license by LoyaltyOne, Co. and Transat Distribution Canada Inc.

WEEKEND EVENTS

Friday — Jim Gaffigan
Jim Gaffigan returns to Calgary on his Fully Dressed tour. Gaffigan is back for the first time in eight years. Known for his stand up and TV series – The Jim Gaffigan Show — he's also an Emmy award winner and Grammy award nominee for best comedy album.

For more information, visit hahaha.com.

Saturday — Parkluxe 2016
A mix of art and fashion, Parkluxe showcases high-end Canadian fashion designers. Along with a runway show, there will be pop-up shops throughout the venue.

Featured designers include Paul Hardy, Malorie Urbanovitch and Year of the Ram. It will take place as the National Music Centre in Studio Bell.

For more information, visit ourparkonline.com.

Saturday — Pop Culture 3
A geeky variety show inspired by Marvel and DC characters — along with other fictional characters like the Pink Panther and Carmen Sandiego. Presented by the Nerdgasm Collective, there will be poetry, burlesque, drag and more — in tribute to the best heroes and worst villains.

For more information, visit brownpapertickets.com

Sunday — Streetcar Named Desire Bowling
Tennessee Williams and the 1940s depression era come alive at Century Bowling, to fundraise and support Spirit Fire Theatre's upcoming production of A Streetcar Named Desire. Bowlers are encouraged to dress in 40s attire and meet the cast and crew of the upcoming show.

For more information, search the event on Facebook. AARON CHATHA/METRO

Victoria Ross, 20, turned her Grade 9 science project into aGRO Systems, a manure management system that could be worth millions of dollars. MATHEW SILVER/FOR METRO

Science fair to startup

BUSINESS

Student injects life into her Grade 9 experiment

Mathew Silver
For Metro | Calgary

Victoria Ross is turning her Grade 9 science project into a multi-million dollar business.

With the help of the Haskayne School of Business, the 20-year-old has created aGRO Systems, a manure management system that could save farmers almost $100,000 a year, by helping them to repurpose waste into fertilizer.

The idea stemmed from wanting to help her father, a farmer who was forced to work two jobs to help the family make ends meet.

"I just wanted to do something that I was going to be passionate about," said Ross.

It all started five years ago on Ross' family farm in the rural community of Westwold, B.C.

After noticing that minnows and plants were able to thrive in her pond despite cow droppings in the water, she decided to build a mini-pond in her bedroom using a Rubbermaid container. Ross learned that the plants absorbed the waste and filtered the pond.

That year, her findings earned the agricultural award at the Cariboo-Mainline Regional Science Fair — but the project took on new life years later when she pitched it in her Entrepreneurial Thinking course at the Haskayne School of Business.

In her presentation for aGRO Systems, Ross reasoned that traditional practices don't optimize livestock waste, and with her manure management systems farmers would be able to save about $96,000 a year, with a one-time installation cost of $240,000 for the equipment.

It was good enough for third place at the 2016 RBC Fast Pitch Competition, which included pitches from 100 other teams, and earned her $20,000 in prizes. It was enough to land her in the Summer Incubator Program at the Hunter Centre for Entrepreneurship and Innovation, where she received the resources to further develop the idea.

The company is hoping to launch a large-scale pilot project in 2017.

Thirty-five is the new forty.

For a very limited time, get all the features of our $40 plan, plus an extra 2GB of data, for only $35 per month.

NOW UNTIL OCTOBER 3

- 3GB of full-speed data + 2GB bonus on the WIND home network
- Unlimited cross-Canada calling
- Unlimited global texting
- Low international calling from 1¢/min

$35/mo for 10 months

windmobile.ca

true mobile freedom WIND

Learn more at windmobile.ca. Offer valid from September 20 to October 3, 2016, and is subject to change without notice. To be eligible for the $50 bonus, you must activate a new Pay Before or Pay After line on a plan with a monthly charge of at least $40. A $5 monthly credit will be applied to your account for up to 10 months to a maximum of $50. For Pay Before customers, the top-up will be applied on the second bill after activation. May not be combined with any other in-market offer, with some exceptions. All services subject to WIND's Terms of Service, Fair Usage and Internet Traffic Management Policies. Applicable taxes extra. Samsung and Samsung Galaxy S7 edge are trademarks of Samsung Electronics Canada, Inc. and/or its related entities used with permission. Screen images simulated. WIND and WIND MOBILE are trademarks of Wind Telecomunicazioni S.p.A and are used under licence in Canada by WIND Mobile Corp. © 2016 WIND Mobile.

Need legal help?

Free Legal Clinic

Wednesday, October 19, 9:30 am to 3:30 pm

Calgary Public Library, 616 Macleod Trail SE (downtown)

Book an appointment: call 587-774-5458 between 8 am and 5 pm, October 3 to 13. Space is limited. By appointment only.

Henry Phillips said he "didn't feel worthy" acting with Oscar-winner J.K. Simmons. COURTESY CIFF

Film focuses on the hilarity of failure

SCENE YYC

Comedian's CIFF entry holds mirror to Hollywood

Aaron Chatha
Metro | Calgary

Just as the world was seeing J.K. Simmons' powerhouse performance in Whiplash, the veteran actor signed on for And Punching the Clown — a Hollywood industry comedy written and starring comedian Henry Phillips.

"I purposefully didn't see the movie because I just didn't feel worthy of doing all these scenes with a guy who was pretty much assumed at that point to get the Academy Award," laughed Phillips.

He went on to describe the filming experience as playing chess against the best chess player in the world.

Phillips was in Calgary on Thursday night for the first CIFF screening of And Punching the Clown, a semi-autobiographical account of Phillips' career as a satirical songwriter. When Phillips bombs at a local club performance, renowned TV producer Jay Warren (played by Simmons) seeks him out to create a TV show about the life of a struggling performer.

"To me, there's always been something hilarious about failure," Phillips mused. "I love it. I love watching it."

By his account, the movie is only a slightly exaggerated recreation of events surrounding the building of the TV show.

In addition to Simmons, the film also attracted some top tier comedy talent to fill out the cast, with appearances by Sarah Silverman, Tig Notaro, Mike Judge, Jim Jefferies and a slew of others.

"We're just basically recreating real situations and that's a lot of fun for comedians to do — because that's what we do, mostly, is sit around and tell stories about the business," Phillips said.

There is a real life parallel to every scene in the movie, and Phillips said it was important to stay as faithful as possible. There's a lot of honesty and vulnerability in the film, which is right up Phillips' alley — it makes for great satire.

Five years ago, Phillips and director Gregori Viens actually created a film called Punching the Clown, in the same vein as this one, but following the music business.

The film plays a second time as part of CIFF on Oct. 1.

SyFy's Van Helsing ups the stakes

Depending on your age, the image of Van Helsing looks like Peter Cushing, Mel Brooks, Hugh Jackman or Anthony Hopkins.

The new SyFy series, premiering at CIFF, puts some new legs on the iconic figure.

"It's so cool because now, he's a woman," laughed actress Kelly Overton. "Kidding, not kidding."

It's not the only twist — this new version places 'Vanessa' Helsing in a post-apocalyptic world where the vampires have essentially won.

Overton hopes the setting will provide some powerful new stories for the character — whose background we see in flashbacks — and who must struggle with her lineage as the descendent of the famed vampire hunter.

Sure, the show is building a new world order, with intense fight scenes and different types of vampires, but it's the family aspect that excites her going forward.

"I would love to really explore the lineage, the descendants and how she became who she is," Overton said.

Kelly Overton plays a new version of Helsing. COURTESY NOMADIC

Of course, what's a Helsing without his most legendary foe: Count Dracula? Will the iconic figure make an appearance on the show?

"I can't tell you that! No way, can't tell you," she chuckled.

The first two episodes were aired at CIFF, with Overton in attendance. The series continues on SyFy.

AARON CHATHA/METRO

MUSEUM

Glenbow celebrates 50th anniversary

What will you be doing at 50?

The Glenbow Museum is celebrating the half-century mark in style with an exhibition of 50 artworks that represent the scope and scale of its art collection.

As an homage to the price of admission when the museum opened its doors in 1966, a ticket to Glenbow at 50, which runs from Oct. 1-5, will only cost 50 cents.

Melanie Kjorlien, VP of access collections exhibitions, helped curate the exhibit, which was culled from a collection of over 30,000 pieces.

"It wasn't easy," said Kjorlien. "We wanted to show things that people hadn't seen in a long time."

The focal point of the showcase will undoubtedly be a painting by Lawren Harris, an original member of the Group of Seven.

The iconic oil on canvas piece, titled Algoma Waterfall, dates back to 1925 and sits sleepily at the entrance to the exhibit. Imperial Oil donated the piece just a week before the event.

The collection of 50 pieces was selected on a strict criteria that considered the importance of the artist, national significance of the artwork, and its uniqueness to Calgary.

Kjorlien said that she's expecting anywhere between 500-1000 people to visit the exhibit each day.

MATHEW SILVER/FOR METRO

Algoma Waterfall by Lawren Harris. MATHEW SILVER

ALBERTA BUSINESS & EDUCATIONAL SERVICES

HEALTH CARE AIDE

ABES.CA

Begin a NEW REWARDING CAREER in just 5 MONTHS

EVENING & WEEKEND PROGRAM AVAILABLE

15 CERTIFICATE PROGRAM

- GOVERNMENT OF ALBERTA HEALTH CARE AIDE
- ST. JOHNS AMBULANCE [FIRST AID, CPR, AUTOMATED EXTERNAL DEFIBRILLATOR]
- SUPPORTIVE PATHWAYS, FOOT CARE, DIABETES, MEDICATION ADMINISTRATION, FOOD SAFE, WHIMIS, PALLIATIVE CARE
- BEST FRIENDS ALZHEIMER'S SOCIETY CERTIFICATE
- NON VIOLENT CRISIS INTERVENTION
- MONEY MANAGEMENT

PLUS 3 CLINICAL PLACEMENTS [HOSPITAL PLACEMENTS AVAILABLE]

Helping people transform their lives through education

CALL TODAY 1.877.300.6280 ABES.CA

Former Calgary Roughneck Tracey Kelusky was inducted into the NLL Hall of Fame on Tuesday. GRAIG ABEL PHOTOGRAPHY/ NLL

Kelusky celebrated

LACROSSE

Retired Roughneck inducted into Hall of Fame

Mathew Silver
For Metro | Calgary

Tracey Kelusky has been immortalized.

The former captain of the Calgary Roughnecks was inducted into the National Lacrosse League Hall of Fame on Tuesday night, solidifying his place among the sport's all-time greats.

Kelusky was a stalwart for the Riggers from 2003-2010, the most prolific era in franchise history, where they won NLL championships in 2004 and 2009.

Despite playing for several other teams during his 14-year career, Kelusky still considers Calgary home. His fondest memory was winning the Champion's Cup in '04, which coincided with the Flames' memorable brush with greatness. (We need not get specific.)

"Anytime I look back on my career, I always think of it as being a Calgary Roughneck," he said in a phone interview from Peterborough, Ont.

That's where he lives with his wife, Emily, and 8-year-old son, Keller. It's a manageable commute from his latest gig as assistant coach of the New England Black Wolves, a newly emerging NLL franchise based in Connecticut.

When asked if he would ever come back to coach in Calgary, Kelusky was quick to defer.

"Calgary first and foremost is in impeccable hands."

The hands he is referring to are those of Curt Malawsky, the current head coach of the Roughnecks. Malawsky said the transition for Kelusky from player to coach was a natural one.

"There's always room for Tracey Kelusky on anybody's bench," said Malawsky. "If he was living out in Calgary it would be a no-brainer, he would be with the organization."

Asked to describe Kelusky, Malawsky repeated the word tremendous, and cited passion, intelligence, and leadership as Kelusky's best qualities.

Kelusky retired with the 11th-most goals (383) and points (823) in league history, and 13th-most games played (195).

His career highlights include the NLL Sportsmanship Award in 2007, NLL first team all-pro (3x), and even an appearance on Impact Wrestling.

Ideas to help refugees

GOVERNMENT

Syrians face barriers to finding jobs in communities

With more than 30,000 Syrian refugees facing serious barriers to employment and integration in Canada, the federal government is searching for fresh ideas to help newcomers join their communities and the labour force.

Documents posted by Immigration, Refugees and Citizenship Canada Thursday show the department is planning to spend as much as $250,000 for new studies on how best to integrate Syrian refugees into their new community.

"It is well documented that newcomers face a number of barriers in finding employment that is commensurate with their skills and experience. Refugees, in particular, may have more difficulty integrating into the Canadian labour market when compared to other categories of immigrants," the documents read.

Canada had accepted 30,000 Syrian refugees by the end of July.

While the Liberal government received praise for rapidly bringing in more refugees, there is growing concern that providing services and support for newcomers will be as big a logistical challenge.

In the documents released Thursday, the department acknowledged some of those concerns, particularly around supporting Syrian youth.

Those youth will be specifically targeted for new programs, with the government looking at how best to integrate children into a new school environment, or even a mobile app to advertise services and resources.

The documents suggest that the government also wants to address social integration into Canada. One study will look into how best to broach discussions with Syrian families on issues like domestic violence, gender equality, and LGBTQ rights.

TORSTAR NEWS SERVICE

IN BRIEF

Spending hits highest mark in at least six years

Federal spending under the Liberal government kicked off the fiscal year by hitting its highest mark in at least six years, a parliamentary budget officer's report said Thursday. Jean-Denis Frechette found that expenditures under the Trudeau government were 5.7 per cent higher — nearly $3.4 billion — in the first quarter of 2016-17, compared with the previous year. THE CANADIAN PRESS

SAFETY

Feds working to protect cyclists

The federal government is taking a fresh look at how to protect cyclists on Canada's roadways after recent high-profile cases where cyclists were killed on city streets.

Federal, provincial and territorial ministers in charge of transportation have agreed to set up a national task force on vulnerable road users, such as cyclists and pedestrians, to come up with ways to reduce injuries and fatalities.

The task force, established through the Canadian Council of Motor Transport Administrators, will explore the use of cameras, sensor systems and side guards, as well as educational safety and awareness programs.

The idea wasn't on the agenda when federal Transport Minister Marc Garneau met his counterparts Wednesday, but he raised the issue after Ottawa Mayor Jim Watson and Montreal Mayor Denis Coderre separately wrote to address a growing concern on their streets. THE CANADIAN PRESS

FATALITIES

- **In Ottawa,** Nusrat Jahan, 23, was killed earlier this month when a large truck struck her as it turned right on a busy downtown street during the morning commute.
- **In Montreal,** two cyclists were killed within a few days of one another in late August.

Catherine, Duchess of Cambridge and Prince William, Duke of Cambridge with their children, Charlotte and George, at a children's party in Victoria, B.C. GETTY IMAGES

Princess Charlotte, 16 months old and ambling like a toddler, loved the colourful balloons. GETTY IMAGES

VICTORIA, B.C.

Royal toddlers steal the show at kids' party

It was bunnies, bubbles and balloons at a garden party Thursday in Victoria where Prince George and Princess Charlotte made their second public appearance during the royal tour of the Duke and Duchess of Cambridge.

Princess Charlotte, 16 months old and ambling like a toddler, bee-lined for some colourful balloons before climbing into her mother's arms to spend time in a petting zoo with goats, rabbits, sheep and miniature horses.

The princess also uttered her first word in public, according to media reports. 'Pop,' she reportedly said to her dad William while playing with balloons.

Prince George, 3, dressed in red shorts and a blue sweater, held his father's hand, but towed his dad towards a bubble-making display where it didn't take him long to get hold of a squirt gun and start blasting out bubbles.

The royal play date was held in a secluded, tree-sheltered green space at Victoria's Government House, where the duke and duchess and their children have been staying on their week-long visit to B.C. and the Yukon. Musicians, puppeteers and entertainers sporting brightly-coloured costumes wandered the grounds.

The party with the royals was held for the children and families of military service members who have experienced deployment.

THE CANADIAN PRESS
WITH FILES FROM METRO

Prince George of Cambridge plays with bubbles.
GETTY IMAGES

Chaos in Hoboken

CRASH

One person succumbed to injuries; 74 hospitalized

A rush hour commuter train crashed through a barrier at the busy Hoboken station and lurched across the waiting area Thursday morning, killing one person and injuring more than 100 others in a grisly wreck that renewed questions about whether long-delayed automated safety technology could have prevented tragedy.

People pulled chunks of concrete off pinned and bleeding victims, passengers kicked out windows and crawled to safety and cries and screams could be heard in the wreckage as emergency workers rushed to reach the injured in the tangle of twisted metal and dangling wires just across the Hudson River from New York City.

The New Jersey Transit train ran off the end of the track as it was pulling in around 8:45 a.m., smashing through a concrete-and-steel bumper. As it ground to a halt in the waiting area, it knocked out pillars, collapsing a section of the roof.

People are treated for injuries after a train crashed on Thursday in Hoboken, New Jersey. AFP/GETTY IMAGES

"The train didn't stop. It just didn't stop," said Tom Spina, who was in the terminal and rushed to try to help the victims.

Ross Bauer was sitting in the third or fourth car when the train entered the historic 109-year-old station, a bustling hub for commuters heading to New York.

"All of a sudden, there was an abrupt stop and a big jolt that threw people out of their seats. The lights went out, and we heard a loud crashing noise like an explosion" as the roof fell, he said. "I heard panicked screams, and everyone was stunned."

The engineer, Thomas Gallagher, was pulled from the mangled first car and was hospitalized, but officials said he had been released by evening. He was cooperating with investigators, Gov. Chris Christie said.

Fabiola Bittar de Kroon was killed in the crash. LINKEDIN

A woman standing on the train platform — Fabiola Bittar de Kroon, 34, of Hoboken — was killed by debris, and 108 others were injured, mostly on the train, Christie said. Scores were hospitalized, some with serious injuries including broken bones.

New York Gov. Andrew Cuomo said investigators will determine whether the explanation was equipment failure, an incapacitated engineer or something else.

THE ASSOCIATED PRESS

POLICE

Mom of slain man calling for peace

The mother of an unarmed black man shot to death in a confrontation with police in a San Diego suburb this week called for peaceful protests Thursday and said her son did not deserve to die.

Alfred Olango "was a good, lovely young man," said the mother, Pamela Benge. "I wanted him to enjoy his daughter."

She said she and her family came to the U.S. from war-torn Uganda 25 years ago when Olango was a teen and just wanted to be safe.

"How painful it is to lose a loved one that you have embraced through struggling," Benge told reporters.

Alfred Olango

She mentioned similar shootings of black men around the country by police officers but said she never thought one of the shootings would directly affect her, calling on people who protest her son's killing to embrace non-violence.

"I am always for peace, I don't want war," she said.

THE ASSOCIATED PRESS

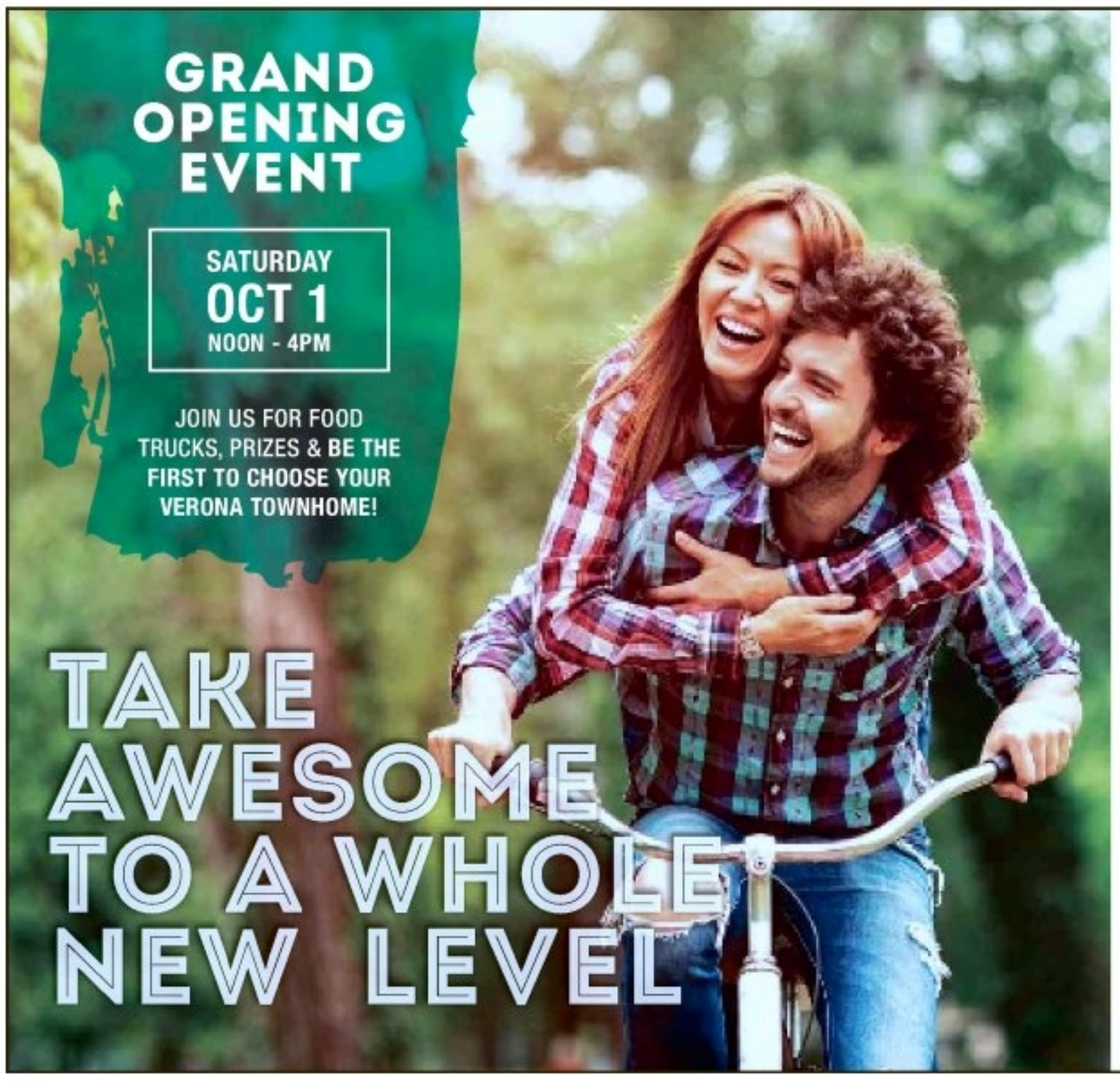
IN BRIEF

Mayor asked to resign after racist Facebook posts

The mayor of a small central Pennsylvania town is being asked to resign over racist posts on his Facebook page, including two depicting apes with captions referring to U.S. President Barack Obama and his family, and one referring to lynching.

One image from June on the Facebook page of West York Mayor Charles Wasko is of a wagon or wheelbarrow full of orangutans, including the caption, "Aww ... moving day at the Whitehouse has finally arrived." The wheelbarrow has the slogan "Kenya or bust" on it.

THE ASSOCIATED PRESS



Your Own
Exclusive Hillside Community

The distinctive terraced townhomes of Verona take beauty to the next level. *Make that, three levels.* Spaciously modern inside. Stunning views from the outside. Super close to shopping, transit and other great amenities. Spectacular value all-round. Verona Townhomes in Sage Hill: *things are definitely looking up.*

NW TOWNHOMES FROM THE LOW $300'S* Plus GST

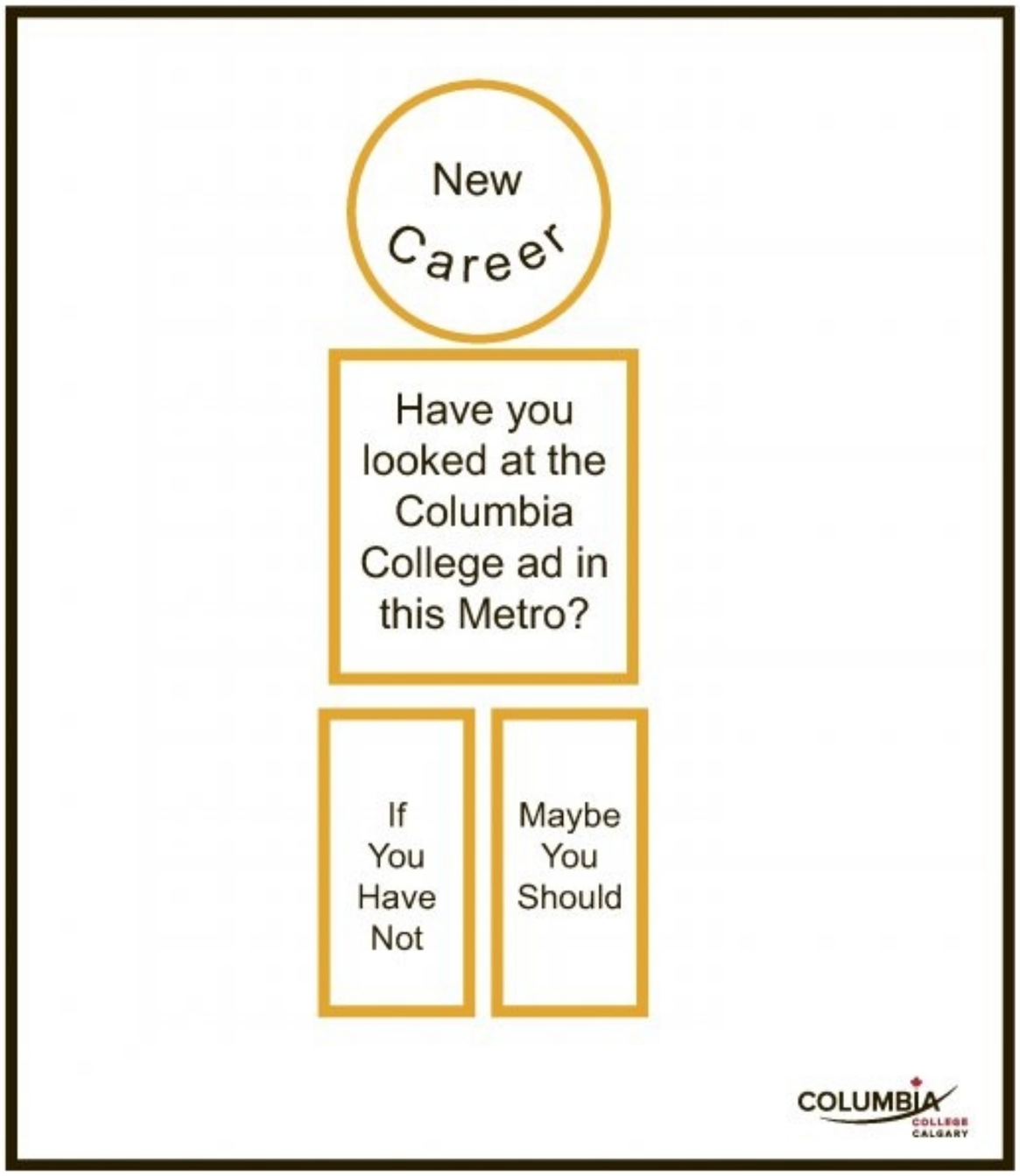
* Some conditions apply. Price subjects to change without notice. E&OE.

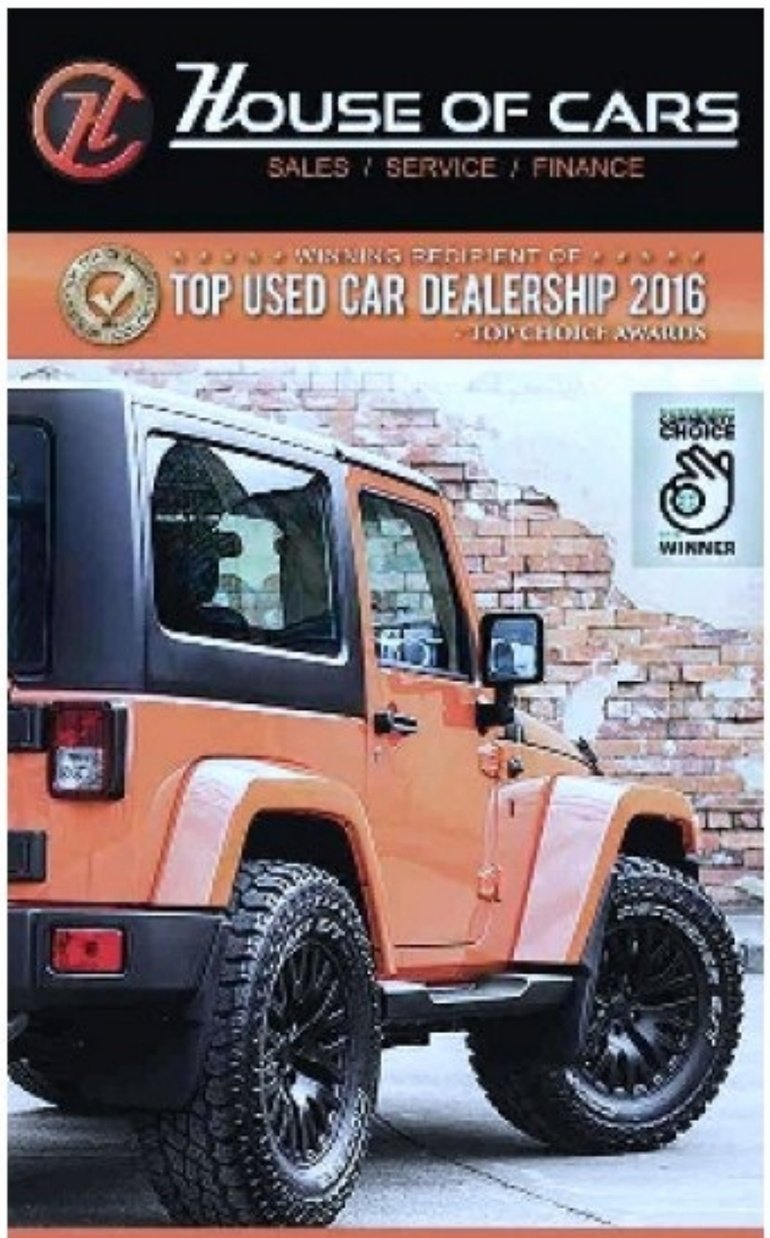
VERONA TOWNHOMES — BY TRICO —

veronatownhomes.ca

Visit our Sales Centre at
454 & 456 Sage Hill Grove NW

ENVIRONMENT A FRESH IDEA Dutch artist Daan Roosegaarde shows smog particles collected by the Smog Free Tower on display in between chimney stacks as he presents his machine at D-751art district in Beijing, China, on Thursday. In a city where smog routinely blankets the streets and chokes off clean air, Roosegaarde has offered an eccentric solution: a 20-foot metal tower that takes in smog and purifies it like a giant outdoor vacuum cleaner. ANDY WONG/THE ASSOCIATED PRESS





ISRAEL

PM leads delegation to funeral for Peres

A Canadian delegation headed by Prime Minister Justin Trudeau has arrived in Israel for the state funeral of Shimon Peres, the former Israeli president and prime minister.

Trudeau was joined by former prime minister Jean Chrétien, Foreign Affairs Minister Stéphane Dion and interim Conservative leader Rona Ambrose.

Also in tow was Rafael Barak, Israel's ambassador to Canada, and representatives of Canadian advocacy groups such as the Centre for Israel and Jewish Affairs, B'Nai Brith Canada and the Canadian Jewish Political Affairs Committee.

The Canadian delegation arrived in Israel early Friday for the funeral of Peres, who died Wednesday at age 93.

They were expected to be joined for the service in Jerusalem later Friday by former prime minister Stephen Harper, who opted for a commercial flight instead of travelling with Trudeau's delegation.

Harper's staunch support for Israel became a hallmark of his administration. In 2014 Harper declared in a memorable address to the Israeli parliament: "Through fire and water, Canada will stand with you."

Harper's support may have been more vocal, but Trudeau's has been no less unwavering, advocates for Israel say.

Other world figures planning to attend include U.S. President Barack Obama, former U.S. president Bill Clinton and Prince Charles.

NDP Leader Tom Mulcair was also invited, but declined.

Dion said Trudeau wanted the Canadian delegation to be non-partisan. "The whole country of Canada is supporting the whole country of Israel and the prime minister wanted that to be very clear," Dion said.

THE CANADIAN PRESS

A grief-stricken Syrian man is comforted by people as rescuers pull the body of his daughter from the rubble of a building following air strikes in Aleppo on Tuesday. AFP/GETTY IMAGES

Syrian city descending into 'abyss'

HUMANITARIAN CRISIS

UN report says people trapped in sieges have nearly doubled

Syrian government forces continued their push into rebel-held districts of Aleppo on Thursday as international officials issued dire warnings of an ongoing humanitarian disaster in Syria's largest city.

The UN's humanitarian chief Stephen O'Brien told the Security Council that the conditions in eastern Aleppo, which is besieged and assaulted by all sides by government forces, had descended into the "merciless abyss of humanitarian catastrophe."

Speaking to the Security Council via video link from Geneva, O'Brien painted a grim picture of the conditions in the war-wracked eastern part of the city, where at least 320 civilians including 100 children have been killed in the past week. An additional 765 have been wounded.

O'Brien's report noted that the UN now calculates that 861,200 Syrians are trapped in sieges — a nearly 50 per cent increase from the last estimate of 586,200. The new figure reflects the government's protracted blockade around eastern Aleppo, where an estimated 250,000 people or more live.

Most of the besieged citizens, divided across at least 18 locations around the country, are trapped by government forces, and international observers are beginning to accuse both Damascus and its close ally Moscow of war crimes.

In Aleppo, rescue crews were working for the third straight day to clear the rubble and search for survivors of presumed Russian or Syrian government airstrikes on the eastern al-Shaar and al-Mashhad neighbourhoods.

THE ASSOCIATED PRESS

861,200

The number of Syrians the UN now calculates are trapped in sieges — a nearly 50 per cent increase from the last estimate of 586,200.

FORD EMPLOYEE PRICING

SALE ENDS TODAY AT 6PM

Woodridge FORD LINCOLN

ADVANTAGE Ford

The world's biggest oil producers have agreed they need to reduce production to boost crude oil prices. THE ASSOCIATED PRESS FILE

Deal to reduce oil output greeted with skepticism

ENERGY

Producers still need to agree on how much each one cuts

Canada will certainly benefit if the world's biggest oil producing countries move to restrict production, but skepticism exists on whether they will follow through on their promises.

"Assuming they stick to it, and that's a big if, it should support oil prices," said Benjamin Reitzes, senior economist at BMO Capital Markets. "The competition producing a little less is always good."

But many analysts noted that the deal by the 14-member Organization of Petroleum Exporting Countries in Algeria on Wednesday was merely an agreement to look at possibly cutting production to between 32.5 million and 33 million barrels a day.

That would be down from August's production rate of 33.2 million barrels a day — but it would shave only 700,000 barrels a day, some two per cent of overall production.

Crude oil was selling for more than $100 US a barrel in the summer of 2014, before bottoming out below $30 US a barrel in January. That fall largely came from a boom in U.S. shale oil production and countries like Saudi Arabia choosing to continue to pump to hold onto market share.

Few in Alberta are celebrating OPEC's surprise move. That's because the members still need to hammer out details on country by country production rates at its November meeting, so any production cut won't be implemented until late this year at the earliest.

$100

The price of a barrel of crude oil in the summer of 2014, before it bottomed out below $30 this January.

Reitzes said any rise in oil prices will help Canada, but he cautioned that if oil prices rise above $50 US a barrel, then U.S. shale producers might ramp up their production, adding to supply. By contrast, Canadian oil sands companies face much higher costs to get oil out of the ground to be profitable.

Colin Cieszynski, chief market strategist at CMC Markets, said there is skepticism about whether OPEC members will hold to a commitment.

It has been eight years since the countries restricted production — and it looks like they are moving toward being on the same page, he said.

"But even if they get an agreement, often times, producers cheat," Cieszynski said. "It's a first stage. It's the beginning of a process, not the end."

TORSTAR NEWS SERVICE

market minute

DOLLAR
76.05¢ (– 0.23¢)

TSX 14,754.55 (+23.12)

OIL $47.83 US (+78¢)

GOLD $1,326 US (+$2.30)

NATURAL GAS: $2.96 US (-4¢)
DOW JONES: 18,143.45 (-195.79)

CLOTHING

Japanese retailer coming to Canada

When Japanese apparel retailer Uniqlo decided to open its first location in Canada, it sent Yasuhiro Hayashi to Toronto every month for nearly a year to get a read on the Canadian customer.

Unlike competitors that aim for a particular demographic, Uniqlo is hoping its appeal-to-all business model will succeed in a cutthroat industry that has laid waste to some fashion retailers, such as Aeropostale and Danier Leather.

"We don't have a specific target customer," said Hayashi. "That's our uniqueness. We say we are made for all."

The company is opening its first store in Canada on Friday, a 28,000-square foot space in Toronto's Eaton Centre, wedged between rival H&M and the newly arrived luxury retailer Nordstrom. A second store opening is planned for Oct. 20, also in Toronto.

Founded in 1974, Uniqlo is known for its array of affordable basics in a variety of colours and sizes for children and adults.

THE CANADIAN PRESS

IN BRIEF

Samsung washers draw safety warning in U.S.

The U.S. Consumer Product Safety Commission is advising people who bought certain Samsung washing machines to only use the delicate cycle when washing bedding, water-resistant and bulky items over concerns they could become dislodged. On its website, Samsung says people can enter their 15-digit serial number located at the rear of the washer to verify whether it is part of the notice.

THE CANADIAN PRESS

THIS IS IT. THIS IS YOUR FINAL DAY FOR EMPLOYEE PRICING!

FORD EMPLOYEE PRICING

SALE ENDS TODAY AT 6PM

$1,000 COSTCO BONUS ENDS TODAY

COSTCO MEMBERS ARE ELIGIBLE TO RECEIVE A $1,000 BONUS TOWARDS MOST NEW FORD VEHICLES.

$25,000 SPIN N' WIN ENDS TODAY

VISIT FORDEMPLOYEEPRICING.CA FOR A CHANCE TO WIN. NO PURCHASE NECESSARY.

LAST CHANCE

2016 F150 XLT SPORT CREW 4x4

G-1273 • ECOBOOST • TRAILER TOW PKG. • SPORT PACKAGE • SYNC

WAS $51,449
YOUR EMPLOYEE PRICE!
$39,323

36 OR 48 MONTH LEASE!
$238 BIWEEKLY **$0** DOWN!

OFFERS INCLUDE FREIGHT, AIR TAX & FEES. GST EXTRA

LAST CHANCE

2017 FORD ESCAPE

H-236 • AUTOMATIC • AIR CONDITIONING • BACKUP CAM

WAS $26,989
YOUR EMPLOYEE PRICE!
$24,650

LEASE FOR ONLY!
$133 BIWEEKLY **$0** DOWN!

OFFERS INCLUDE FREIGHT, AIR TAX & FEES. GST EXTRA

CALGARY'S #1 CAR DEAL!
SAVE $6,085

LAST CHANCE

2016 FORD FOCUS SE

G-1682 • AUTOMATIC • AIR CONDITIONING • SYNC • BACKUP CAM • KEYLESS ENTRY

WAS $23,084
SPECIAL DEMO PRICING!
$17,499

OR PAY ONLY
$99 BIWEEKLY **$0** DOWN!

OFFERS INCLUDE FREIGHT, AIR TAX & FEES. GST EXTRA

LAST CHANCE

NEW! 2016 FORD EDGE SEL AWD

G-582 • ECOBOOST • NAVIGATION • PANORAMIC ROOF

WAS $44,539
YOUR EMPLOYEE PRICE!
$40,531

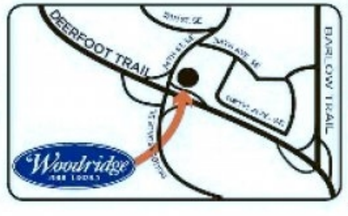
LEASE FOR ONLY
$229 BIWEEKLY **$0** DOWN!

OFFERS INCLUDE FREIGHT, AIR TAX & FEES. GST EXTRA

Woodridge FORD LINCOLN

DEERFOOT & DOUGLASDALE

CALL (403) 451-6187



WE NEED YOUR TRADE! GET
THE MAX
TRADE-IN VALUE!

ALL FEES
INCLUDED!
JUST ADD THE GST!

ADVANTAGE Ford

12800 MACLEOD TRAIL SOUTH

CALL (403) 451-6205

www.FORDEMPLOYEEPRICING.ca

*PLEASE READ- ALL OFFERS OAC. ALL REBATES TO DEALER. (INCLUDING COSTCO CREDIT WHERE APPLICABLE) ALL OFFERS INCLUDE TAXES, FEES AND EXCLUDE GST. F150 LEASE BASED ON 36/48 MONTH TERM @ 3.99%/4.99%, 20,000 KM/YR DRIVING LIMIT AND $0 DOWNPAYMENT. LEV=$24,695/$20,579. ESCAPE LEASE BASED ON 60 MONTH TERM @ 2.49%, 20,000 KM/YR DRIVING LIMIT AND $0 DOWNPAYMENT. LEV= $9,446. EDGE LEASE BASED 48 MONTH TERM @ 0.99% WITH $0 DOWNPAYMENT AND 16,000 KM/YR DRIVING LIMIT. LEV= $17,815. LEASE EXCESS DRIVING SUBJECT TO A $0.16/KM CHARGE. FOCUS PAYMENT BASED ON 96 MONTH TERM @ 4.99% WITH $0 DOWNPAYMENT. COB=$3,938. COSTCO OFFER OPEN TO HOLDERS OF A VALID COSTCO MEMBERSHIP DATED 08/30/16 OR PRIOR. OTHER CONDITIONS MAY APPLY. INVENTORY ACCURATE AT TIME OF PUBLICATION. VEHICLES MAY NOT BE EXACTLY AS SHOWN. OFFERS END 09/30/16. SEE DEALER FOR FULL DETAILS.

FORD EMPLOYEE PRICING

SALE ENDS TODAY AT 6PM

Woodridge FORD LINCOLN

ADVANTAGE Ford

metro SCIENCE

Your essential daily news

News hook: Nearly 27,000-year-old fish hooks — the world's oldest — have been found in Okinawa, Japan

DECODED by Genna Buck and Andrés Plana

A PORTABLE PATHOLOGIST ON MARS

It's 2039. You and your astronaut friends have come down with a mysterious sickness on Mars — high fever and a strange red rash. Sending samples all the way back to Earth for testing would take years. What microbe managed to hitch a ride all this way? Or did you pick up an extra-terrestrial pest? Thankfully, there's a way to find out: Since 2016, **DNA sequencing has been possible in space.**

DEFYING GRAVITY

It wasn't clear DNA sequencing would ever be possible at very low gravity. Until recently, the equipment was too heavy and fragile to use in space. Now, a sequencer weights less than 120 grams and its data can be crunched on a slim 12-inch tablet computer. **This opens a portal to all sorts of cool science:**

The genetic changes of plants and animals bred for experiments in space can be tracked over generations: No need to send samples to Earth.

Sequencing can identify microbes contaminating a spaceship or its food and water supplies.

Then there's **astrobiology**: We don't know what kinds of biological molecules, or living things, we might one day find on Mars and beyond.

Sequencer size through the years

1977 - Small fridge

1996 - Desktop computer and printer

2016 - Smaller than a smartphone

What's in that rash? Future mars-stronauts will be able to tell by sequencing the DNA found in a sample of their cells.

Here's why: This month, NASA scientists successfully decoded samples of virus, bacteria and mouse DNA **while in orbit on the International Space Station.**

FINDINGS
Your week in science

ISTOCK

REEF RELIEF
Things are getting better down where it's wetter, says the Australian government. Significant strides have been made to protect the Great Barrier Reef, including better water quality and lower-impact dredging — 29 of 151 conservation measures promised by 2020 are done.

BEES HAPPY
Insects, says a new study in the journal Science, have emotions, sort of. Honeybees fed sugar-water show more "motivation" to complete tasks because they're "hoping" for more sweets.

SOUND SMART

ETIO PATHO GENESIS

DEFINITION
Etiopathogenesis is the cause and development of a disease or syndrome. It's a combination of **etiology** (cause) and **pathogenesis** (the chain of events in the body that leads to a certain disease).

USE IT IN A SENTENCE
The **etiopathogenesis** of Deborah's bad breath included a case of gum disease and colonization of her tongue with bacteria that produce sulphur compounds.

CITIZEN SCIENTIST by Genna Buck

Dangerous or not? Deodorant edition

Does antiperspirant that contains aluminum cause Alzheimer's disease?
— Emina, Winnipeg

Man, this one has been going around for a while. I've always hoped it wasn't true, because I like my aluminum-containing antiperspirant and find that "natural" deodorants, well, stink.

Aluminum is eight per cent of the earth's crust. We're exposed to it through tap water, soil, food, dust in the air, and in minor amounts in food packaging. Changing what you roll on your armpits won't change that.

Aluminum does have a relationship with Alzheimer's, but not the way you might think if you've been reading Naturalcosmeticsnews.com ("Deodorants contain a slew of toxic chemicals!") or Food Babe ("Throw this out of your cabinet immediately!").

Animals exposed to very high doses of aluminum develop an Alzheimer's-like syndrome, and Alzheimer's patients have higher-than-normal aluminum levels in their blood plasma and brains.

But neither scientific studies nor regulatory agencies have ever found evidence that typical levels of aluminum exposure increase the risk of Alzheimer's.

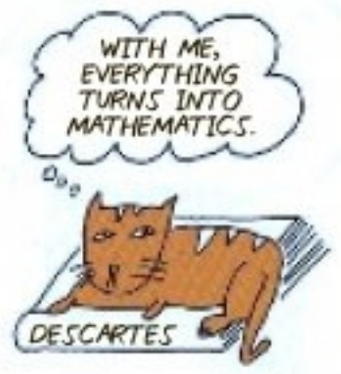
So what's up? For one thing, we absorb less than one per cent of the aluminum we're exposed to. One study found no neurobehavioural changes among welders exposed to fairly high levels of aluminum every day for four years. If the metal caused Alzheimer's, we'd expect to see symptoms increase as exposure increases: Not so.

Here's what might be going on, according to a 2013 article in the Journal of Alzheimer's Disease: "The genetic component of AD apparently involves a susceptibility gene, yet to be identified, that increases aluminum absorption."

Aha. This brings us to an old standby of science truisms. Just because variables seem to be related, it doesn't mean they have a cause and effect relationship. Usually it's more complex.

Science Question?
Tweet @genna_buck

PHILOSOPHER CAT
by Jason Logan



Philosopher cat now at www.mymetrostore.ca

metro Your essential daily news

CHIEF OPERATING OFFICER, PRINT **Sandy MacLeod**

VICE PRESIDENT & EDITOR **Cathrin Bradbury**

EXECUTIVE VICE PRESIDENT, REGIONAL SALES **Steve Shrout**

MANAGING EDITOR CALGARY **Darren Krause**

ADVERTISER INQUIRIES adinfocalgary@metronews.ca **General phone** 403-444-0136

FREE TO SHARE

metro WEEKEND
Your essential daily news
MOVIES MUSIC TELEVISION DIGITAL

Tatiana Maslany and Dane DeHaan play star-crossed lovers in the arctic in Two Lovers and a Bear. "She can't live without him and can't be with him," she tells Metro, of her character. CONTRIBUTED

Tatiana Maslany is on top of the world

TWO LOVERS AND A BEAR

Emmy winner's arctic-set film part thriller, part love story

Richard Crouse
For Metro Canada

Just before Tatiana Maslany flew to Los Angeles to accept an Emmy Award for outstanding lead actress in a drama series for Orphan Black I asked her what she's been doing lately.

"I filmed the movie Stronger and since then I've been chillin' hard," she laughed.

The Regina-born actress may have taken some downtime over the summer, but that's likely the last time off she'll see for the foreseeable future. Right now she defines the term 'in demand,' enjoying the kind of popularity usually reserved for the very top of the A-list. Her Emmy win lit the internet on fire, earning millions of mentions that made her the most talked-about person on Facebook and Twitter that night. Currently she is shooting the last season of Orphan Black and has three movies set for release, including Stronger opposite Jake Gyllenhaal and next weekend's Two Lovers and a Bear.

The Nunavut-shot film focuses on star-crossed lovers Lucy and Roman, played by Dane DeHaan and a talking bear. Veteran actor Gordon Pinsent lent his kindly voice to the polar bear, but Maslany says she was scared of Agee, the full-size adult female who played the carnivorous title character.

"She can smell women and doesn't like them," Maslany said of the bear who stands over seven feet when on her hind legs.

Maslany doesn't want to discuss the movie's twists and turns. Instead she'd like audiences to enjoy the story the way she did when she was offered the part of Lucy.

"I didn't know what to expect at any moment when I read the script. It would flip from this very heavy romance to comedy and it sort of feels like sci-fi or a thriller at the end."

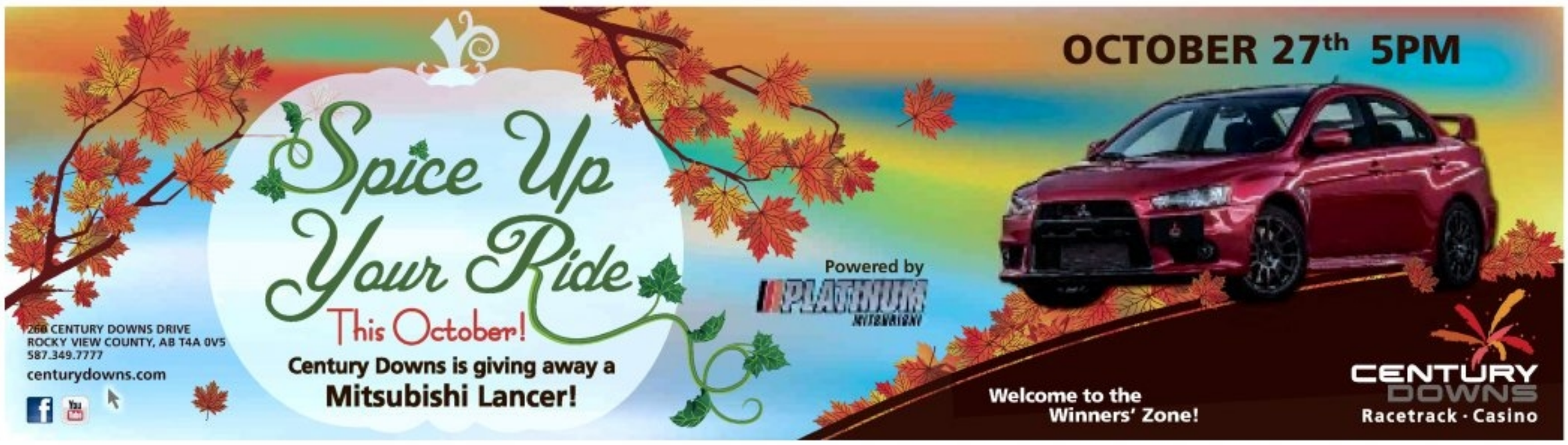
Maslany will say her character has "a restlessness to her spirit and a need to find some stillness and peace and a desperate love of Roman. She can't live without him and can't be with him."

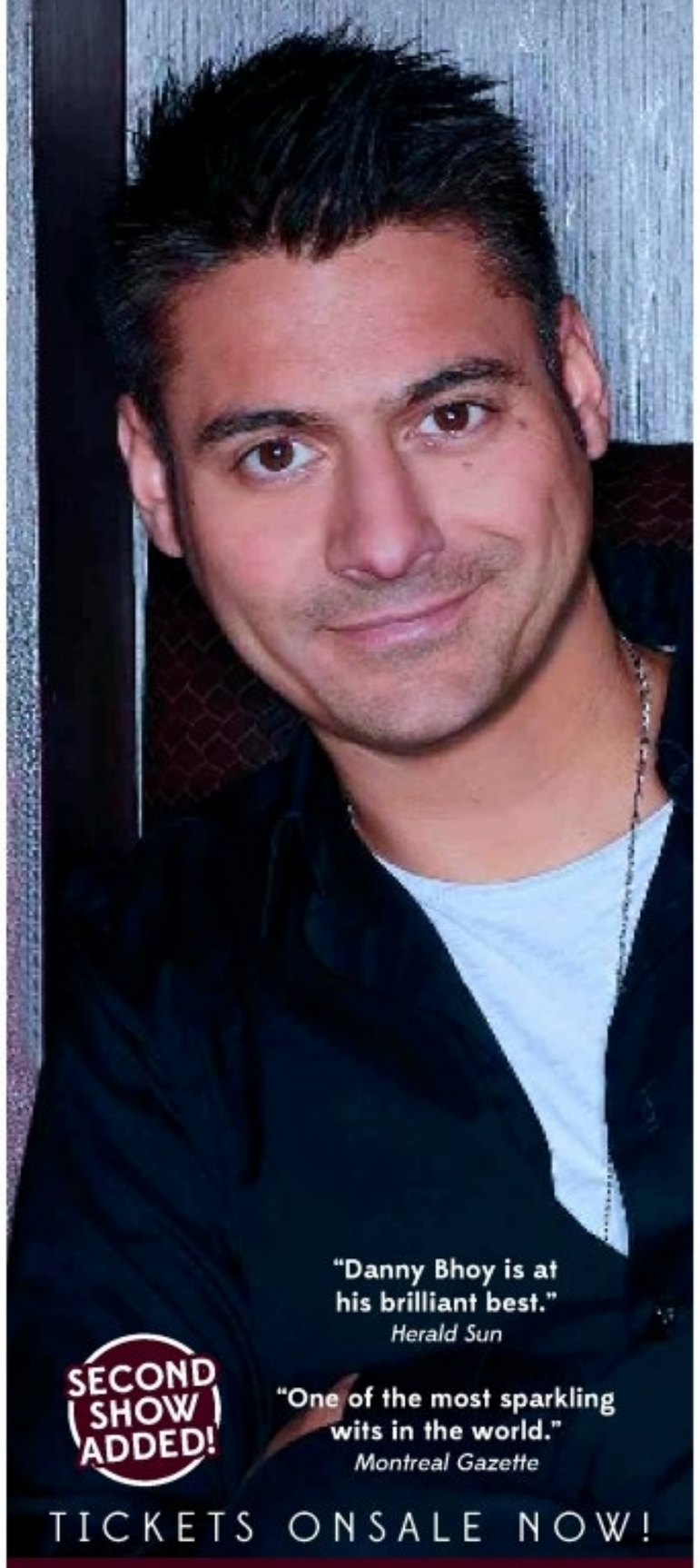
Filmed over the course of six weeks on locations in Nunavut, the shoot for Two Lovers and a Bear was often unforgiving. "Our stills photographer lost chunks of his nose (due to the cold)," she says, but adds that shooting in the isolated location was invaluable to her performance.

"Just as having a real polar bear there," she says, "being in the actual environment is so much easier and telling and informing in terms of character and how you move through the world. You understand more about why Roman and Lucy are the way they are by being there and living in that kind of environment. You see how two people could need each other so desperately and be the only thing the other has."

"There are such vibrant youth there. It was really cool to be part of the community. I got to meet and be part of it and see their artwork. At the same time there are a lot of issues up there in terms of things from years back and systemic things. It has this bizarre duality to it."

"I loved it up there," she says. "I would go back in a heartbeat."



DANNY BHOY
COMMONWEALTH COMEDIAN

"Danny Bhoy is at his brilliant best." Herald Sun
SECOND SHOW ADDED!
"One of the most sparkling wits in the world." Montreal Gazette
TICKETS ONSALE NOW!
OCTOBER 21
7:00 & 9:30 PM
JACK SINGER CONCERT HALL
AT ARTS COMMONS
TICKETS AVAILABLE AT ARTS COMMON BOX OFFICE
403-294-9494
www.artscommons.ca
comedy metro Funny 1060
HAHAHA.COM/DANNYBHOY
@OFFICIALBHOY | DANNYBHOY.COM
Just for laughs Live

When Big Oil is watching you film

Mark Wahlberg plays rig worker Mike Williams in this true telling of the Deepwater Horizon disaster. CONTRIBUTED

INTERVIEW

Peter Berg's woes making Deepwater Horizon

Steve Gow
For Metro Canada

There is one major obstacle when making a movie about the largest oil spill in human history — the giant conglomerate deemed largely responsible for the disaster.

"I never in my life had to deal with so many f—g lawyers," admitted filmmaker Peter Berg while promoting Deepwater Horizon at the Toronto International Film Festival — a drama that humanizes the explosion aboard the eponymous BP-leased offshore oil rig that eventually polluted over 1,000 miles (over 1,600 kilometres) of shoreline along the Gulf of Mexico.

"I've never felt like I better watch my back like I did with this film."

Indeed, even though Berg's movie "wasn't even attacking BP," his story about the survivors who escaped the fiery disaster still bristled with the oil company and caused many cryptic complications and cancelled contracts that stalled production.

"The flipside of that was because it was real, it was inspiring to me," said Berg.

The movie was also inspiring to Kurt Russell, who stars as the brave crew chief who helped lead all but 11 workers to safety during the tragedy.

"There's more at stake when you're playing somebody that existed," explained Russell whose own challenge included portraying Jimmy Harrell based on co-workers' recollections after failing to directly contact his cinematic alter-ego.

"I know that if someone was going to play me, I would've said 'why don't you call me on the phone?,'" said Russell.

"So if someday Jimmy Harrell says 'why didn't you call me' — I'll say, I tried!"

Of course, the marquee star of the film is Mark Wahlberg who has now made three movies with Berg (after other true-life thrillers Lone Survivor and the forthcoming Patriot's Day, about the 2013 Boston Marathon bombing).

Although the pair have clearly struck a chord, perhaps it's the mutual respect of telling true working-class stories that has forged their deepest bond.

"Mark and I have developed a real deep, deep friendship and we love working together," said Berg.

"For us, to have fun about something real gives me more inspiration, makes it easier to get up a 4:30 in the morning and work for 17 hours and do all this — because I know I've touched reality."

THE STARS SPEAK

On the portrayal of real people: "You have an obligation to capture at least the essence of that person," said Kurt Russell. "Right from the first script, it was apparent that this guy was a really decent man who was just trying to do the best that he could for his crew."

On navigating a legal minefield: ""The fact that we had to deal with lawyers made me feel like we were putting our hands on something real," said Peter Berg of the drama's scrutinized surveillance. "But that also means we had to have lawyers making sure we don't get too real."

On the collaboration of cinema: "When you're doing a movie, hopefully you have a director that is really honest in their awareness of the vision that they have," said Kurt Russell. "But (whether) you're the make-up man or pulling cable or if you're an actor, you should be involved and invested."

In this file photo from 2010, Courtney Kemp, 27, holds her daughters Kaylee Kemp and Madisson. Courtney's husband Roy Wyatt Kemp, 27, died in the Deepwater Horizon oil rig explosion. "I do feel honoured that they called my husband a hero," says Kemp of the new film. CONTRIBUTED

Coping with the grief and anger

ANALYSIS

Deepwater Horizon victims' families react to screening

Arleen Weise was apprehensive when she learned Hollywood was making a movie about the offshore explosion that killed her son, Adam, and 10 other men aboard the Deepwater Horizon drilling rig.

Watching an advance screening of the action film last month stoked her grief and anger, and the shock hasn't quite worn off yet. Weise said she's still struggling to decide how she ultimately feels about how Deepwater Horizon portrays the last day of her son's life before he died in the explosion off Louisiana's coast.

"The first viewing of it is shocking for a family member to see that," she said. "Hearing and seeing are always two different things."

While their reactions to the movie vary, Weise and other relatives of the 11 workers who died in the April 20, 2010, rig explosion hope it will remind people about the disaster's human toll. Many family members believe a focus on the catastrophic environmental damage from BP's massive oil spill in the Gulf of Mexico unjustly overshadowed their loved ones' deaths.

"They just swept the 11 men under the rug," Weise said.

The movie, directed by Peter Berg and starring Mark Wahlberg, Kurt Russell and Kate Hudson, is set for release Friday.

The filmmakers already have privately screened the movie for relatives of the workers who died in the explosion triggered by the blowout of BP's Macondo well. The screenplay is based in part on an article by New York Times reporters who interviewed survivors of the blast, which led to the nation's worst offshore oil spill.

Berg reached out to family members after news of the production surfaced. "I know how personal this story is to you," he wrote in a letter to Shelley Anderson, the widow of Jason Anderson. "The film is meant to honour and pay tribute to all the men and women who worked aboard the Deepwater Horizon, especially the heroic men, like Jason, who lost their lives."

Anderson believes Berg succeeded in honouring the 11 men. She said the actor who plays her husband captured some of his mannerisms, like the ways he crossed his arms or told a joke. But she had to close her eyes at times, and she burst into tears at others.

Anderson, of Midfield, Texas, said her 7-year-old son, Ryver, who was 15 months old when his father died, recently saw a trailer for the movie on television and asked, "Is that when daddy died?"

"Now he's going to remember seeing it on TV. I don't like that," she said. "It is so real to us that it hurts to experience it over and over again."

Relatives said photographs of the 11 men are shown on screen at the end of the movie. Besides Anderson and Adam Weise, they were Aaron Dale Burkeen, Donald Clark, Stephen Ray Curtis, Gordon Jones, Roy Wyatt Kemp, Karl Kleppinger Jr., Keith Blair Manuel, Dewey Revette and Shane Roshto. All 11 men are portrayed by actors in the movie.

"I do feel honoured that they called my husband a hero," said Courtney Kemp Robertson, Kemp's widow. "I feel very proud of that, but I was already proud of my husband before a movie was ever made."

THE ASSOCIATED PRESS

AMANDA KNOX

Doc pulls back curtain on case

Amanda Knox stares into the camera, coolly contemplating how she became a figure of global fascination.

"I think people love monsters. And so when they get the chance, they want to see them. It's people projecting their fears," Knox says. "They want the reassurance that they know who the bad people are and it's not them. So maybe that's what it is: We're all afraid and fear makes people crazy."

Such is the provocative opening of Amanda Knox, a documentary premiering Friday on Netflix that gives the participants of one of the most sensational trials of the century a chance to tell their story, straightforwardly, directly to the camera. For a case that often seemed like a horror movie played out in the nightly news, Amanda Knox allows the drama's main characters to step out from their media-crafted roles.

"We thought that a new way of adding a fresh perspective to the story was to look at it from the inside out and to get to the people at the centre of the story," said Rod Blackhurst, who directed the film with Brian McGinn.

The British student Meredith Kercher was murdered Nov. 1, 2007, in Peruga, Italy. Knox, Kercher's roommate and an American student studying abroad, and her Italian boyfriend, Raffaele Sollecito, were arrested and convicted of the murder. Knox was sentenced to 26 years in prison, Sollecito to 25.

Amanda Knox, the film's focus. NETFLIX/THE ASSOCIATED PRESS

Three years after Rudy Guede was convicted for the murder and sexual assault of Kercher, the convictions of Knox and Sollecito were overturned in 2011, allowing Knox to return home to Seattle after spending four years in jail. But she and Sollecito were tried again in 2014, again found guilty, only to finally be exonerated by the Italian Supreme Court in 2015.

The case captivated the world with its grisly details (prosecutors claimed Kercher was killed in a bloody sex game), its attractive alleged murderer and its culture clash, which pitted a young American abroad against a quaint old Italian city.

Amanda Knox, five years in the making, centres on interviews with Knox, Sollecito, the Italian prosecutor Giuliano Mignini and Nick Pisa, a freelance journalist for the Daily Mail.

The film soberly follows the case chronologically, eventually leading to the forensic evidence that helped lead to Knox's and Sollecito's exoneration. But in the years in between, prosecutors and tabloid press formed radically different images of the pair.

Knox, in the film, considers the implications of her being turned into "a monster," and the implications it has for others.

"If I'm guilty, it means I am the ultimate figure to fear. On the other hand, if I'm innocent, it means everyone's vulnerable," Knox says. "Either I'm a psychopath in sheep's clothing or I am you." THE ASSOCIATED PRESS

Another ode to the world's misfits

INTERVIEW

Tim Burton has always been attracted to outsiders

Richard Crouse
For Metro Canada

Visionary Tim Burton values his time alone.

One writer called the director of Pee Wee's Big Adventure, Beetlejuice, Batman, Edward Scissorhands and this weekend's Miss Peregrine's Home For Peculiar Children, "the most widely embraced loner in contemporary cinema."

"I always try to at least spend time, as much as I can everyday, staring out into space; staring out a window," Burton says.

"I find that sometimes you get the most ideas and the most feelings when you're not involved in things you have to do everyday; especially these days when technology is such that you can be reached any time. I try and avoid that."

Unsurprisingly, as a filmmaker, the characters he champions tend to echo his sensibility.

From warped Mad Hatter in his Alice in Wonderland to the grieving child in Frankenweenie who reanimated a dog's corpse, Burton's heroes are often misfits and outsiders.

From his debut, Pee-Wee's Big Adventure, Burton has showcased people on the fringes of society.

"You don't wanna get mixed up with a guy like me," says man-child Pee-Wee (Paul Reubens).

"I'm a loner. A rebel."

Loosely based on Vittorio De Sica's classic film Bicycle Thieves, Burton's story sees Pee-Wee on a mission to retrieve his stolen fire engine-red customized 1940s Schwinn.

David Letterman was a fan, describing the anti-social character as having, "the external structure of a bratty little precocious kid, but you know it's being controlled by the incubus, the manifestation of evil itself."

In his next film, Burton breathed life into Beetlejuice's rancid lungs.

In the haunted-house comedy Beetlejuice Michael Keaton plays a "bio-exorcist" with crazy hair, giant teeth and an attitude, hired by two ghosts to scare away the insufferable new owners of their old house.

"I think Beetlejuice shows the complete positive side of being misperceived and being categorized as something different," Burton says.

"He can do whatever he wants! He's horrible and everybody knows it, so he's a complete fantasy of all of that."

Burton's two greatest misfits, his most intrepid folks on the outside looking in, are the off-kilter Eds — Ed Wood and Edward Scissorhands.

Edward Scissorhands is the strange-but-sweet story of a man with scissors for hands.

The first collaboration of Tim Burton and Johnny Depp, the movie is a funny, romantic and moving fantasy was inspired by a sketch Burton created as a teenager.

Tim Burton's latest imagining is Miss Peregrine's Home For Peculiar Children. CONTRIBUTED

MOVIE RATINGS by Richard Crouse

Deepwater Horizon ★★★	HOW RATING WORKS
Miss Peregrine's Home For Peculiar Children ★★	★★★★ SEE IT
Imperium ★★★	★★★ WORTHWHILE
The Lovers and the Despot ★★★	★★ UP TO YOU
	★ SKIP IT

"One look at that drawing was all I needed to understand what Edward was about," says Depp.

"I felt very tortured as a teenager," says Burton.

"That's where Edward Scissorhands came from. I was probably clinically depressed and didn't know it."

Ed Wood, played by Depp in the film of the same name, is the story of one of Hollywood's great outcasts.

Wood wrote, produced and directed low-budget anti-classics like Plan 9 from Outer Space and Glen or Glenda. Burton says he was a fan of Wood's films and after reading some of the director's letters was touched by how Wood "wrote about his films as if he was making Citizen Kane, you know, whereas other people perceived them as, like, the worst movies ever."

Burton links his best-known creations, labelling them as "semi-antisocial, (having) difficulty communicating or relating, slightly out of touch."

"I feel very close to those characters.

"I really do. I feel like they are mutated children," he adds.

THIS SPECIAL LIMITED TIME OFFER ENDS TODAY AT 6PM!

BIG 4

EMPLOYEE PRICING PLUS

THIS IS YOUR LAST DAY TO PAY WHAT WE PAY PLUS 0% FINANCING ON A HUGE SELECTION OF 2016 MODELS

2016 JEEP PATRIOT HI-ALTITUDE 4X4 16J449

MSRP: $33,174
EMPLOYEE DISCOUNT: $9,176

YOUR EMPLOYEE PRICE **$23,998**

2016 DODGE GRAND CARAVAN SXT+ 16T446

MSRP: $45,626
EMPLOYEE DISCOUNT: $12,627

YOUR EMPLOYEE PRICE **$32,998**

2016 DODGE JOURNEY R/T AWD 16T446

MSRP: $40,359
EMPLOYEE DISCOUNT: $8,158

YOUR EMPLOYEE PRICE **$32,201**

2016 JEEP CHEROKEE LIMITED 4X4 16J122

MSRP: $42,545
EMPLOYEE DISCOUNT: $3,713

YOUR EMPLOYEE PRICE **$38,832**

2016 CHRYSLER 200C 16C037

MSRP: $38,880
EMPLOYEE DISCOUNT: $2,954

YOUR EMPLOYEE PRICE **$35,926**

2016 RAM 1500 4x4 TRUCKS STARTING FROM $29,998

RAM

2016 RAM 1500 SXT QUAD CAB 4X4 16T591

MSRP: $44,240
DISCOUNT: $14,422

YOUR EMPLOYEE PRICE **$29,998**

CALGARY'S MOST-EXPERIENCED TEAM HAS THE ANSWERS!

7330 MACLEOD TRAIL S. NORTH OF HERITAGE DR.

(403) 451-6193 www.BIG4MOTORS.com

AMVIC LICENSED. ALL OFFERS OAC. ALL OFFERS INCLUDE FEES AND TAXES BUT EXCLUDE GST. BIWEEKLY PAYMENTS BASED ON 72 (JOURNEY) 84 (CARAVAN, CHEROKEE, 200), 96 MONTH (PATRIOT/RAM) TERM @ 0/0/0/0/3.49% (RAM/PATRIOT) WITH $0 DOWNPAYMENT. COB=$4,278 (16J449). *ALL REBATES TO DEALER (INCLUDING ALL RAM/JEEP LOYALTY/CONQUEST CASH. MUST HAVE A RAM/JEEP OR COMPETITIVE SUV TO QUALIFY). VEHICLES MAY NOT BE EXACTLY AS SHOWN. INVENTORY ACCURATE AT TIME OF PUBLICATION. LIMITED TIME OFFERS. SEE DEALER FOR DETAILS.

STAMPEDE TOYOTA
PRE-OWNED SUPERSTORE
SHOP 24/7 ONLINE
2TOYOTA.COM
PROVE IT!
TOYOTA Certified

2011 TOYOTA TUNDRA
DBL CAB 5.7L
38,000 KM'S
7 TO CHOOSE
LOW MILEAGE!!!
STK 7107BA
BELOW MARKET VALUE PRICING
$34,362

2013 TOYOTA HIGHLANDER
HYBRID
51,000 KM'S
7 TO CHOOSE
Great on Fuel!!! Low mileage!!!
STK 7108AA
BELOW MARKET VALUE PRICING
$35,574

2013 TOYOTA 4RUNNER
SR5
47,000 KM'S
4 TO CHOOSE
LOW MILEAGE!!!
STK 7100BA
BELOW MARKET VALUE PRICING
$34,802

2013 TOYOTA 4RUNNER
SR5
99,000 KM'S
4 TO CHOOSE
Upgrade Package w/Leather and Sunroof!!!
STK 7077AA
BELOW MARKET VALUE PRICING
$34,004

2015 TOYOTA YARIS
LE
47,000 KM'S
6 TO CHOOSE
Like new!!! Save BIG!!!
STK 7108DA
BELOW MARKET VALUE PRICING
$14,911

2015 TOYOTA YARIS
LE
45,000 KM'S
6 TO CHOOSE
Like new!!! Save BIG!!!
STK 7081A
BELOW MARKET VALUE PRICING
$14,868

2012 TOYOTA FJ
4WD
78,000 KM'S
OFF ROAD!!!
STK 7105A
BELOW MARKET VALUE PRICING
$33,023

2011 HYUNDAI SANTA FE
LIMITED V6 AWD
97,000 KM'S
Loaded w/Leather and Sunroof!!!
STK 6978B
BELOW MARKET VALUE PRICING
$15,600

MANAGER'S WEEKLY SPECIALS
FINANCING FROM 1.9%

2011 MERCEDES BENZ ML63
111,000 KM'S
Fully Loaded!!!
STK 7076A
BELOW MARKET VALUE PRICING
$40,600

2013 LEXUS LX570
88,000 KM'S
Top Package!!! Fully Loaded!!!
STK 7092A
BELOW MARKET VALUE PRICING
$64,001

2014 LEXUS IS250
AWD LUXURY
57,000 KM'S
2 TO CHOOSE
Loaded w/Navigation!!!
STK 6971A
BELOW MARKET VALUE PRICING
$35,723

2013 RANGE ROVER
SPORT SUPERCHARGED
71,000 KM'S
3 TO CHOOSE
Loaded w/Navigation!!!
STK 7013A
BELOW MARKET VALUE PRICING
$52,966

STAMPEDE TOYOTA
SALES HOTLINE 888.378.6928
DEERFOOT TRAIL
TRANS CANADA
BARLOW
Get Pre-Approved In 60 SECONDS
STAMPEDEAPPROVED.COM
AMVIC
WE'RE SERIOUS ABOUT EARNING YOUR BUSINESS AND WE'LL PROVE IT

5 must-see fall films

The groaning fall banquet is found not just on the Thanksgiving dinner table. It's also at the movies, where big studios and small indie firms alike save much of their best work in anticipation of awards season glory and festive family outings. Here are five fall films worth waiting for. PETER HOWELL/TORSAR NEWS SERVICE

REVENGE NOIR

Nocturnal Animals

Hollywood ice meets Texas fire in Tom Ford's commanding second film, a sinewy revenge noir that folds story within story with unsettling impact. Amy Adams plays an L.A. art gallery owner whose uneasy relationship with her ex-husband (Jake Gyllenhaal) is challenged by a road-terror novel he's written that unfolds like pulp fiction but may have some basis in fact. The TIFF 2016 film I most want to see again. **(Dec. 9).**

ROCK DOC

Gimme Danger

Lust for life in Jim Jarmusch's affectionate doc on Iggy Pop and the Stooges, rockers by choice and punks by accident. It doesn't pretend to be the definitive statement on the band or punk or rock 'n' roll, just a brainy and funny look at how a Michigan kid named James Osterberg turned into bare-chested wild man Iggy Pop, famous for tunes like I Wanna Be Your Dog and No Fun, guaranteed to turn any sock hop into a parental nightmare. **(Nov. 4).**

COSMIC DIVIDE

Arrival

Squidlike visitors from another world arrive on Earth in stretched oval spacecraft, with their own version of must-see TV behind glowing screens. Are they here to watch and be watched, or are their plans sinister? Amy Adams is the expert linguist tasked with deciphering intent, on both sides of the cosmic divide. **(Nov. 11).**

IRAQ WAR

Billy Lynn's Long Halftime Walk

A new movie by Life of Pi's Ang Lee would be worth anticipating even without experiencing it in the 120 frames per second format touted as the Next Big Thing in movie realism. This one is potentially the Coming Home or The Deer Hunter of Iraq War films, as newcomer Joe Alwyn struggles to reconcile terrible battlefield memories with the artifice and disillusionment of an overheated homecoming. **(Nov. 11).**

FRENCH DRAMA

Things to Come

Written and directed by Mia Hansen-Love, the amazing Isabelle Huppert plays a workaholic philosophy teacher who finds herself unmoored when personal relationships suddenly unravel. **(Dec. 2).**

Moonlight is one of a number of films out this fall that feature a diverse cast. CONTRIBUTED

Diversity an uphill fight

HOLLYWOOD

Cautious optimism after slate of racially diverse films

Writer and director Barry Jenkins knew his film Moonlight stood out from the rest, but in the year of #OscarsSoWhite its themes resonate beyond even what he could have imagined.

His poetic generational story set in an impoverished Miami neighbourhood struck a chord with film festival audiences with its portrayal of a black man's struggle over his identity.

"People have been saying, 'I've never seen a character like this before; I've never seen this story told before,"' Jenkins said in a recent interview. "These stories are pervasive and we never see them represented."

With Hollywood diversity under the microscope, a number of major films with black lead characters will have the benefit of social awareness in the fall movie season.

Others like Hidden Figures, the true story of three black women who helped NASA in the space race, slave uprising drama Birth of a Nation, and Disney's Ugandan chess prodigy tale Queen of Katwe are among titles with a diversity hook.

Historical interracial romance Loving also joins the list of films with both Oscar and box-office ambitions.

Together, the slate could signify the undoing of an age-old structure of underrepresentation of minorities in mainstream U.S. cinema, but UCLA sociology chair Darnell Hunt is tempering his optimism. "I'm hesitant to say the few films being celebrated this year indicate some major turning point," says the co-author of the annual Hollywood Diversity Report, which tracks inclusivity in U.S. film.

"I don't think we'll really know for a few years."

Hunt remembers three years ago when diversity — particularly of black Americans — on screen was the topic du jour for awards season. Even with all the chatter about three films that were hailed as major contenders, The Butler, Fruitvale Station and 12 Years a Slave, only the latter scored any Oscar nominations. It won best picture that year.

After the Oscars wrapped, the conversation quickly shifted away from diversity. Reflecting on what's happened in Hollywood since then, Hunt doesn't see much progress in terms of minorities in cinema. "We're treading water, at best," Hunt says.

THE ASSOCIATED PRESS

TRENDS

Reporter in hijab featured in Playboy

For the first time, Playboy has featured a woman wearing a hijab.

The magazine's October issue includes an interview with 22-year-old journalist Noor Tagouri, who's a reporter for online news outlet, Newsy.

The accompanying photo shows a fully-clothed Tagouri wearing the traditional Muslim head scarf in front of a red, white and blue backdrop. Playboy stopped publishing nude photos earlier this year.

Tagouri says the hijab has helped her create trust with her interview subjects as a reporter. She says as a Muslim woman, she knows "what it's like to be misrepresented in the media."

Tagouri aspires to become the first anchor wearing a hijab on a commercial TV station in the U.S.

THE ASSOCIATED PRESS

Noor Tagouri. THE ASSOCIATED PRESS

Berlitz
Speak with Confidence
311-6th Avenue SW, Suite 250, Calgary, AB, T2P 3H3
www.berlitz.ca

LEARN A NEW LANGUAGE NOW
403-265-3850

GREY EAGLE RESORT & CASINO
ON THE BEAUTIFUL TSUUTINA NATION
CASINO 403.385.3777 | 3777 GREY EAGLE DR. SW | HOTEL 403.719.8777

JOIN US THIS THANKSGIVING!

LITTLE CHIEF RESTAURANT

THANKSGIVING
Table d'hôte
October 8, 9 & 10
4:00 P.M. – 10:00 P.M. | Little Chief Restaurant
$36.00 / Person
For Reservations Call 587.390.1400 or
Email: littlechief@GreyEagleCasino.ca

CASINO BUFFET

CASINO BRUNCH BUFFET
SUNDAY, OCTOBER 9
10:00 AM – 2:30 PM
$24.99 – TAX

CASINO DINNER BUFFET
SUNDAY, OCTOBER 9 &
MONDAY, OCTOBER 10
5:00 PM – 10:00 PM
$24.99 – TAX

GREYEAGLERESORTANDCASINO.CA

Parker unapologetic for rape case

INTERVIEW

Actor maintains he was falsely accused in 60 Minutes sit down

In an interview with 60 Minutes, Nate Parker was unapologetic for a 17-year-old rape case that has surrounded his film, The Birth of a Nation.

In excerpts from the interview to air Sunday shared exclusively with The Associated Press on Thursday, Parker said he was "falsely accused" and declined to make any apology. The woman who made the accusation killed herself in 2012.

Her sister, Sharon Loeffler, published a column in the trade paper Variety on Thursday, blasting Parker and Nation collaborator Jean Celestin for their role in her sister's life and for including a fictional rape scene in their film.

Loeffler said she was very close to her sister and feels "a duty to speak on her behalf." "Nate Parker caused her so much pain, and that pain and anger are still raw for me," she writes.

Parker maintains in the 60 Minutes interview that the accusations were unwarranted.

"I was falsely accused. I went to court. I was vindicated," he says. "I feel terrible that this woman isn't here. Her family had to deal with that, but as I sit here, an apology is — no."

In the interview, Anderson Cooper presses Parker on whether he did something morally wrong. "As a Christian man, just being in that situation, yeah, sure," says Parker. "I am 36 years old right now. My faith is very important to me. So looking back through that lens, it's not the lens I had when I was 19 years old."

Parker, who stars in, directed, co-wrote and co-produced The Birth of a Nation, instead argued that his film, about Nat Turner's slave rebellion, deserves more attention than himself and the rape accusation, made when he was a student at Penn State. Parker was acquitted in the case.

"I think that Nat Turner, as a hero, what he did in history, is bigger than me," said Parker. "I think it's bigger than all of us."

The Birth of a Nation first debuted in January at the Sundance Film Festival where it was hailed as an antidote to the then-raging "OscarsSoWhite" backlash. Parker's film immediately sparked widespread Oscar expectations and a bidding war among distributors. Fox Searchlight, an Academy Awards regular, landed it for a festival record $17.5 million, with the assurance of a nationwide release. It's to open in theatres next Friday.

But the newfound attention on Parker put a spotlight on a rape case from when he was a sophomore and wrestler at Penn State University. Parker was acquitted, though his college roommate, Celestin (who has a story credit on The Birth of a Nation) was initially found guilty of sexual assault. That conviction was later overturned when the accuser declined to testify for a retrial.

Nate Parker arrives at the premiere of The Birth of a Nation at TIFF in September.
THE CANADIAN PRESS

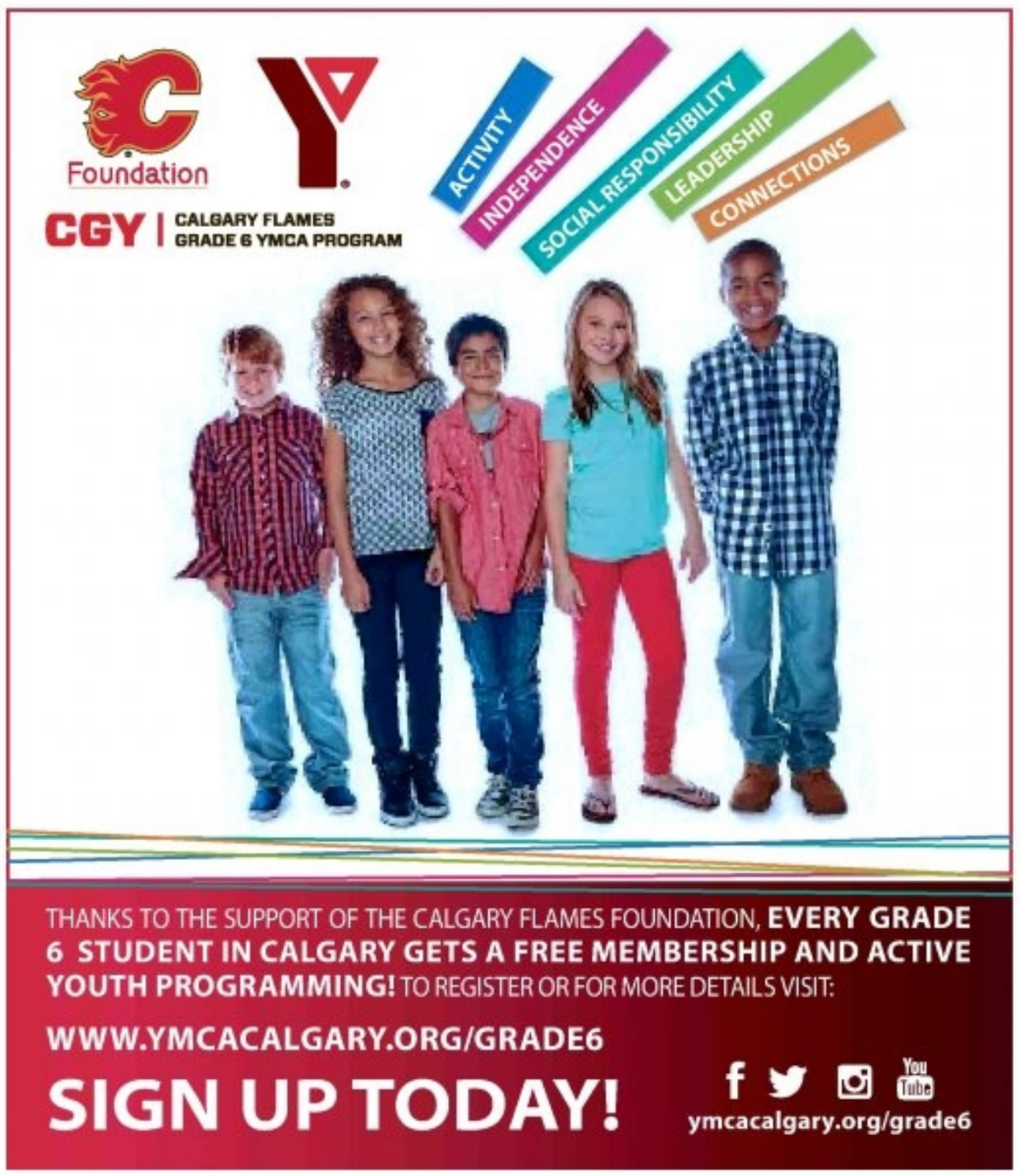
> **I was falsely accused. I went to court. I was vindicated.**
> Nate Parker

Parker and Celestin allegedly harassed the accuser on campus. The incident spawned a successful civil lawsuit by the woman against the college. But the accuser, after several previous attempts, committed suicide in 2012. Her brother, identified only as Johnny, told The Hollywood Reporter that the rape case "was obviously that point" at which she changed.

Her sister said Thursday that she's particularly pained by the inclusion of a fictional rape scene in The Birth of a Nation.

"Given what happened to my sister, and how no one was held accountable for it, I find this invention self-serving and sinister, and I take it as a cruel insult to my sister's memory," she wrote in the column in Variety.

THE ASSOCIATED PRESS



TOYOTA 2016 CLEAROUT EVENT

MEGA HAIL OF A SALE

EXTENDED

Country Hills TOYOTA

LEASE FROM $122 WEEKLY** HAIL SAVINGS!
2016 TOYOTA TUNDRA 4X4 DBL CAB SR 5.7L

HAIL SAVINGS!
2016 TOYOTA RAV4 AWD LE
LEASE FROM $66 WEEKLY*

$AVE THOUSAND$ ON OUR ENTIRE INVENTORY

2016 TOYOTA AVALON
LEASE FROM $111 WEEKLY**
HAIL SAVINGS!

2016 TOYOTA TACOMA DOUBLE CAB 4X4
LEASE FROM $98 WEEKLY**
HAIL SAVINGS!

2016 TOYOTA 4RUNNER SR5
LEASE FROM $112 WEEKLY***
HAIL SAVINGS!

2016 TOYOTA COROLLA LE
LEASE FROM $42 WEEKLY****
48 MTHS @ 0% APR $3050 DOWN + $1000 CASH ASSIST
HAIL SAVINGS!

Country Hills TOYOTA | SCION
403.290.1111 • CHTOYOTA.COM
20 FREEPORT LANDING NE, CALGARY, AB

AMVIC Alberta Motor Vehicle Industry Council

All cash incentives and rebates to dealer. † LEV $14,736. + Tax. †† LEV $16,454 + Tax. ††† LEV $19,220 + Tax. †††† LEV $19,372 + Tax. ††††† LEV $9363.76 + Tax. †††††† LEV $23,536 + Tax
All taxes extra on all lease payments, all leases are low kilometer leases.

aeroplan

AMA Rewards

Forced to make movies for Kim Jong-il

LOVERS AND THE DESPOT

Doc tells story of kidnapped filmmaker, actress

Steve Gow
For Metro Canada

When Ross Adam and Robert Cannan first stumbled on a fascinating true story of a famous filmmaker and actress kidnapped and stolen into North Korea under dictator Kim Jong-il's orders, they knew they'd found gold.

"It's one thing knowing a great story exists. It's another finding a way to tell the story," said Adam recently about the British directing duo's latest documentary. "Especially with North Korea being such a secretive place."

As Adam and Cannan uncover in The Lovers and The Despot, the late-autocrat of the infamously impenetrable dictatorship captured South Korean filmmaker Shin Sang-ok and his thespian wife in the 1970s and forced them to churn out 17 movies before the pair dodged the tyrant's internment.

"There wasn't a wealth of material in the beginning," recalled Adam of the challenging espionage tale that's still scrutinized today.

"It wasn't until we found there was more than one secret tape recording — there was a whole treasure trove of them that we realized this film can really be made."

The tapes in question refer to covert cassettes in which Shin recorded revealing conversations with the dictator — who, among other things, implicates his guilt in their confinement as his own personal moviemaking squad.

"You don't necessarily expect him to talk openly, particularly to people that he just kidnapped," laughed Cannan.

However as much as those recordings reveal Kim Jong-il's duplicity, they also reveal a man who was aware of his own shortcomings and completely obsessed with Hollywood movies.

Indeed, the rare audio clips unspool an unnerving portrayal of one obscure oppressor that will surely intrigue curious Canadian audiences.

South Korean filmmaker Shin Sang-ok, left, and actress Choi Eun-hee, right, were kidnapped by Kim Jong-il in the 1970s and forced to make 17 movies for the dictator. CONTRIBUTED

"The fact that he had such an insular upbringing and the kind of warped childhood is something you might expect but it was still surprising to us," said Adam.

"While it shouldn't engender sympathy for him, there's a tragic explanation how he came to be the man he is — which is this curiously whimsical guy who is equally power hungry and willing to do anything to consolidate his power."

The Lovers and The Despot opens today in select theatres and is available now on iTunes.

MOVIES

Drawn to a despot
"Partly what attracted us to North Korea is the terrible beauty of North Korea," said Cannan of the duo's attraction to explore the dictatorship. "It's this mystery, how is this still continuing today (and) how can a place like this exist?"

A shady story?
Many South Koreans still believe Shin was compliant with the kidnapping. "That may be because most people haven't heard key bits of the tapes," said Cannan. "But there are plenty of reasons why they would be suspicious."

HUGE SAVINGS! ASK ABOUT Trico Red Card rewards

Move-In Ready Duplex Homes

AMAZING VALUE & THEY'RE ALL AVAILABLE FOR QUICK POSSESSION!

IMMEDIATE:

Calgary SE - Legacy
24 Legacy Glen View SE 403.460.7930
McKinley 1388 Sq.ft.
$369,900
$384,900
Includes Home, Lot & GST

IMMEDIATE:

Cochrane - Riversong
574 River Heights Crescent 403.981.4859
Waterton 1717 Sq.ft.
$369,900
$435,840
Includes Home, Lot & GST

IMMEDIATE:

Airdrie - Midtown
561 Midtown Street SW 587.360.0332
McKinley II 1544 Sq.ft.
$369,900
$417,900
Includes Home, Lot & GST

60 DAY POSSESSION:

Airdrie - Midtown
449 Midtown Parkway SW 587.360.0332
Fairview 1720 Sq.ft.
$399,900
$419,900
Includes Home, Lot & GST

SALE PRICES VALID FROM OCTOBER 1 - 8, 2016

Renderings of homes may not be exactly as shown. Prices include home, lot and GST. Prices subject to change without notice. *Visit our showhome for complete information. Some conditions apply. E&OE.

Trico Homes

FEATURING DUPLEX HOMES IN EVANSTON | LEGACY | MIDTOWN | RIVERSONG, COCHRANE

Homes that fit... your budget | To view all of our Quick Possession homes visit tricohomes.com

Scott Van Pelt, 46, on the set of the reworked SportsCenter.
JOE FARAONI/ESPN IMAGES VIA AP

Sports goes late-night

ESPN

Scott Van Pelt aims to keep network fresh

To a certain segment of the population, Scott Van Pelt is a more popular late-night television star than Jimmy Fallon, Jimmy Kimmel and Stephen Colbert.

That segment — young men aged 18-to-34 — may be small, but it's an elusive one for television advertisers and vital to Van Pelt's bosses at ESPN. He's one year into an experiment to broaden the appeal of SportsCenter at the midnight hour.

While Van Pelt doesn't yuk it up with monologue jokes, the midnight SportsCenter he hosts incorporates elements from the late-night comedy shows, including a greater emphasis on interviews and bite-sized pieces of material that can live online independent of the television show.

ESPN was looking to tailor a SportsCenter edition to a particular personality and zeroed in on Van Pelt, a striking-looking, six-foot-six-inch bald man who had developed a following in recent years on ESPN Radio, said Rob King, senior vice-president for SportsCenter and news.

ESPN hates it when people suggest that SportsCenter is a franchise going the way of the rotary phone. But it would be naive to ignore that sports fans can now easily retrieve scores and highlights online.

Van Pelt's show uses highlights sparingly and in different fashions, like an author who decides not to tell a story chronologically.

The show has taken some heat from traditionalists who want a SportsCenter that will simply outline the day in sports, even though other editions follow that template. "If we do the show right, we do both," King said. "You get what happened, and Scott's unique sense of why it mattered."

Van Pelt, 46, admits that he's sensitive to the criticism, and initially argued for more highlights.

"Because we've done alright, it validates the approach of where we need to be," he said.

THE ASSOCIATED PRESS

TV

MGM to adapt Atwood novel

Margaret Atwood is teaming up with MGM Television on plans to adapt another of the CanLit legend's novels for the small screen.

The studio announced Thursday that they have acquired the rights to Atwood's acclaimed 2015 book The Heart Goes Last.

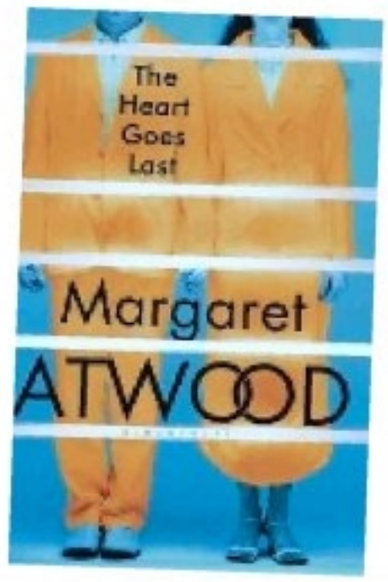
The story centres on spouses Stan and Charmaine, who have been living in their beat-up car after losing their jobs and home following an economic and societal meltdown.

Terrified by roving gangs, the couple enrols in the Positron Project in the locked-down town of Consilience, where they spend one month living in a comfortable house, working at set jobs, then the next as prison inmates.

When Charmaine becomes romantically involved with the man who lives in the house with his wife on alternate months while she and Stan are in prison, a series of events reveals how Positron's scheme for ensuring full employment using incarceration really works — putting Stan's life in jeopardy.

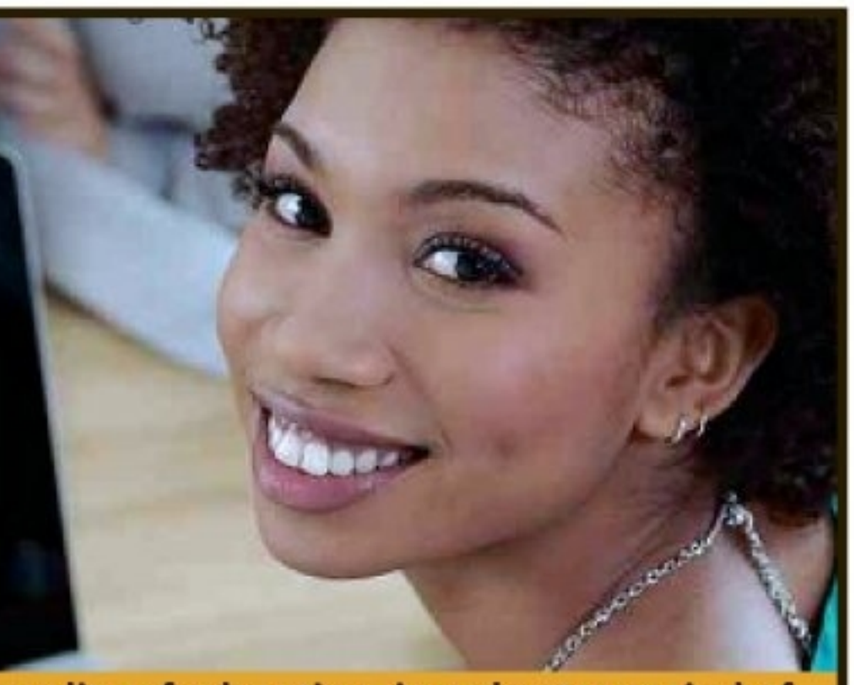
Mad Men actress Elisabeth Moss and Samira Wiley of Orange is the New Black will star in the series slated to premiere in 2017, and Atwood is serving as a consulting producer.

THE CANADIAN PRESS



WE HELP CHANGE PEOPLE'S LIVES!

COLUMBIA OFFERS SMALLER CLASS SIZES WITH MORE INDIVIDUALIZED SUPPORT.



We are driven to deliver a higher quality of education, in a shorter period of time, save students money, and help them to find a better job.
We are caring, respectful, and focused on each learner's employment success.

PROGRAMS OFFERED:
- Practical Nurse Professional
- Health Care Aide Professional
- Dental Assistant Professional
- Dental Administration Professional
- Administrative Assistant Professional
- Accounting Assistant Professional
- Education Assistant Professional
- Human Services Professional
- Legal Assistant Professional
- Justice and Public Safety Professional
- Sales & Service
- Trades
- Transportation & Warehouse
- Bookkeeping
- Child Care Assistant
- Language Instruction for Newcomers to Canada (LINC)
- English as a Second Language (ESL)

COURSES OFFERED:
- Security: Alberta Basic Security Training, Verbal Judo, Professional Investigator, Pressure Point Control Tactics
- Medical: Wound Care, CPNRE Preparation, and Medication Administration
- Dental Assistant Continuing Education
- Professional Skills Development
- ESL Evenings
- Upgrading

Over 40,000 students' lives changed

- Starting salary up to $30/hr
- Upgrading courses are available
- Student loans may be available
- Employment support services after graduation

COLUMBIA COLLEGE CALGARY

Canada

www.columbia.ab.ca/m
Call now: 403.235.9300
or Walk-in hours are:
Monday - Thursday (8:30 am - 5:00 pm)
Friday (8:30 am - 4:30 pm);
Saturday (8:00 am - 1:00 pm)
802 Manning Road NE, Calgary AB

Quality education that works for you & employers.

MYSTIC EYE SPIRITUAL READINGS
58 YEARS EXPERIENCE
100% GUARANTEED RESULTS
COME IN TODAY FOR A BETTER TOMORROW
Specializing in reuniting loved ones
Removes all bad luck spells & negative energy
100% guaranteed results
403.228.2258
PALM
WTAROT
ENERGY READINGS
SPECIAL $20 PALM READINGS
BY APPOINTMENT ONLY
SOLVE ALL PROBLEMS OF LIFE

Cancer drama resonates with viewers

TELEVISION

CBC's This Life kicks off its second season

Steve Gow
For Metro Canada

CBC's This Life won over so many fans with its intuitive tale of a 40-something single mother juggling a cancer diagnosis with family drama, it even turned trenchant TV critics into believers.

But with a highly-anticipated second season kicking off Sunday, the sophomore jinx is staring down the show's star.

"We're always neurotic and insecure, as any creative person is — but you always feel pressure," said Torri Higginson about her English adaptation of a hit French-Canadian series.

"The hardest thing, that first season, was to not feel the pressure of mimicking Nouvelle Adresse and to feel we cannot fail that show."

This Life didn't take long to confidently carve out its own niche from its Quebec-set companion — with this season focusing on Natalie Lawson's (Higginson) promising drug trial and her family's many personal issues — a combination that's definitely earned the affection of audiences.

"I've had people just come up and start telling me their personal stories," said the 46-year-old actress.

"I'm surprised at that openness but I'm not surprised at the connection. I think our culture is so frightened to talk about death and illness — a lot of people seem to be having this connection to the show on that level."

It's not just that progressive approach in storytelling that's working for This Life however.

The series is taking important proactive strides towards equity behind-the-scenes as well.

"There's more women behind the camera than I've seen anywhere," said Higginson, adding that the series has employed an equal number of male and female directors.

"There's a lot of women in the actual crew itself (and) that's what it should be — I don't want more women, I want as many."

That's a clear improvement from the industry Higginson started out in 24 years ago.

While the actress admits that dismantling the gender disparity is crucial, perhaps the biggest advancement she's noticed in television is the decrease of sexism.

"Truly, in my twenties, I put up with things that were atrocious," recalled Higginson.

"That has really changed. Maybe it's also changed because I'm older (but) I do actually think it's shifting – younger people are smarter and there's been evolution."

The cancer struggle of single mom Natalie Lawson (centre, played by Torri Higginson) has touched viewers and fans of This Life. CONTRIBUTED

HIGH DRAMA

A light touch is the key to heavy subject matter

"It doesn't feel like a heavy show," said Higginson of her cancer-drama This Life.

"Everybody else in the family has huge dramas going on and some of them are funny and some are heartbreaking but they're all messy. There's something quite human and light about the messiness."

Before filming heavy dramatic scenes, Higginson likes to get inspired by listening to sad music — particularly David Bowie's final album, Blackstar.

"Its pretty great, and pretty stunningly beautiful," said Higginson.

"I always have music with me in my pocket to help."

SOUTHPOINTETOYOTA.COM

SOUTH POINTE TOYOTA

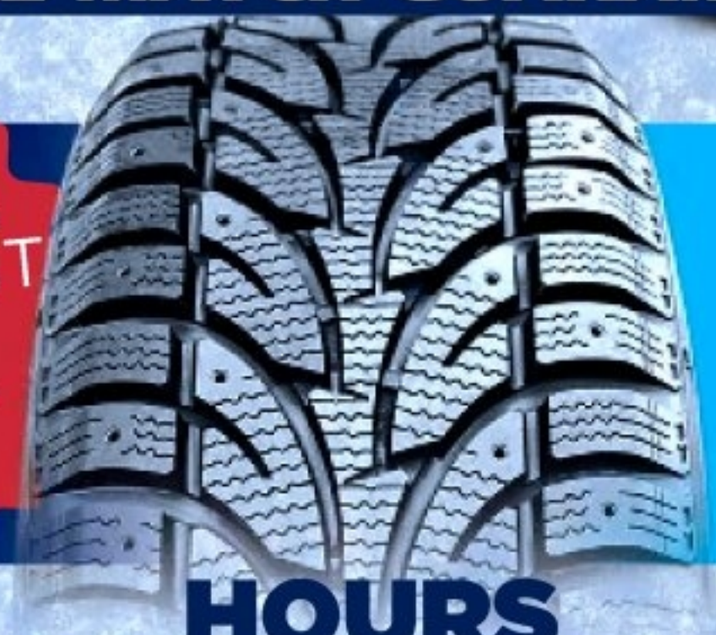
403.567.8888
11500-35St. SE

TOYOTA

Why trust your Toyota to someone else when the price is the same!

WINTER TIRE

PRICE MATCH GUARANTEE*



MAXIMIZE YOUR FUEL EFFICIENCY with our FUEL INJECTION PROGRAM

WHEEL ALIGNMENT AS LOW AS $139*

Book your winter tire's now and we will match any competitor price plus Same Day Service* and Free Tire Storage*

EARN! aeroplan Points on all Parts + Serivce

HOURS

MONDAY - FRIDAY 7:00PM - 5:30PM
SATURDAY 7:30PM - 4:00PM

SOUTH POINTE TOYOTA | 403.567.8888 | 11500-35St. SE BARLOW TR. & DEERFOOT TR. SE | TOYOTA 2016 CLEAROUT | aeroplan Plus Earn Bonus Aeroplan Miles Ends Oct 31st, 2016.

*See Dealer for details, Conditions apply to all offers, Based on parts availability. Only one offer per customer.

Meet the guy who chops 90% of Canada's wood

FAKE NEWS

If you believe that headline, you're likely not alone

This photo ran with the headline "Meet the two Canadian brothers that hand chop 80% of North America's firewood [SATIRE]" on the CBC This is That site Thursday. ISTOCK/GETTYIMAGES/CBC.CA

When their story about a condo developer who forgot to put bathrooms in a Toronto-area highrise went viral last week, writers at the CBC's satirical show This Is That were faced with an unexpected conundrum: many of the people who heard, read or shared the story online thought it was true.

It wasn't the first time that readers and listeners had taken the show at face value — the radio program regularly plays voicemail messages from people who mistake it for real news — but enough people flagged it to the CBC this time that the public broadcaster took a drastic step to clear up any possible misunderstanding.

It changed the show's headlines to include one word, in capital letters: "SATIRE."

"What we immediately realized is we have to take action right now because the last thing we want is to fool people and damage our news brand," said Jeff Ulster, director of digital talk content for CBC Radio.

> **It's not the intention to make people feel stupid.**
> Jeff Ulster, CBC Radio

Part of the problem is that people were only reading the headline, which appeared on Facebook, Twitter and other sites under the CBC banner without any indication it came from the broadcaster's comedy site, Ulster said. The network is working to resolve how headlines are displayed on social media, he said.

But CBC is hardly the only one to have duped unsuspecting readers with its humour. In recent years, stories from the renowned satire site The Onion have been republished in foreign newspapers and prompted at least one police investigation. Its stories are so often posted as real on Facebook, typically with outraged comments, that at least one site is dedicated to highlighting such incidents.

Some experts say the proliferation of news sources and satire, as well as the ease and speed of social media — combined with short attention spans — make it easy to fall for fake news. And no one is fully immune, they say.

A decade or so ago, there were few satire news outlets, with The Onion largely dominating the online market. Since then, it has been joined by multiple competitors including the Canadian joke news site The Beaverton, the satirical music news site The Hard Times, and a spoof of women's magazines called Reductress.

Some suggest the prevalence of potentially believable spoofs could undermine political discourse or faith in the media, though in most cases confusion is temporary and leads only to short-lived embarrassment.

The shift toward Internet-friendly buzzy stories with attention-grabbing headlines in real news may also help blur the lines, said Gavin Adamson, a journalism professor at Ryerson University.

"There's something in there that fulfills our desire for hearing something outrageous," he said. "This doesn't just happen with fake news. It happens with real news too. You see often the most read news is something just bizarre and actually unbelievable."

Social media also exposes people to stories from sites they might otherwise never come across and they may be caught unawares, he said.

"Your skepticism isn't really at its peak sometimes when you're just floating through Facebook or Twitter, you're really just trying to entertain yourself," Adamson said. "And I think social media can really lower your guard."

Compounding that is the fact that many people don't read stories all the way through, and may miss important cues, he said.

A person's state of mind, including whether they are distracted, can contribute to their susceptibility, said Stephen Greenspan, author of Annals of Gullibility: Why We Get Duped and How To Avoid It. People are also more likely to believe something that reflects their existing convictions, he said.

Circumstances, whether someone is under pressure or rushed, topic expertise, as well as personality, can also play a role, he said.

Over time, most satire sites are recognized as such by the initially unsuspecting. For the CBC, however, much of the confusion stems from its main function as a source of legitimate news.

On its own site, the broadcaster can control the context in which its stories are read by posting them on its comedy portal, Ulster said. But it has no power over how those stories are repackaged on aggregator sites.

In the meantime, the "This Is That" site has begun labelling its stories as satire at the top of the text as well as the bottom, since some weren't reading to the end, Ulster said.

"Even though we know there's a percentage of people, no matter what you do, will be duped, it's not the intention to make people feel stupid," he said.

THE CANADIAN PRESS

Allen's new Crisis a threadbare affair

STREAMING

Director struggles to tell tale of the turbulent '60s

With Woody Allen's Crisis in Six Scenes, the screenwriter has let down his director — who coincidentally also falls short. And then there's the leading man, who phones in his performance.

"Crisis" is right.

It was a major coup when Amazon announced in January 2015 that its upstart streaming site — not Netflix, not HBO — had snagged Allen to write, direct and star in his first TV series.

How exciting! This legendary filmmaker, an artist who said he hadn't even known what a "streaming site" was, was going digital as he neared his ninth decade.

But the picture darkened when, a few months later, he told Deadline.com that he had been "struggling and struggling and struggling" to bring the series to life, and "regretted every second" since agreeing to do it.

Viewers may feel their own pangs of regret after sampling his Crisis, whose six half-hour episodes debut Friday on Amazon Prime.

The series may draw fans of Miley Cyrus who plays a militant, Marx-spewing 1960s revolutionary named Lennie Dale, a member of a group called the constitutional Liberation Army imprisoned for blowing up a draft-board office. Meanwhile, the series might serve as a useful crash course (or refresher) in the clashing points of view that rocked the turbulent '60s.

Allen plays Sid Munsinger, a kvetching, semi-successful novelist who, in his autumn years, wants to finally make a big score by creating a hit sitcom. The wonderful Elaine May plays Allen's wine-mellowed wife, an unflappable marriage counsellor.

Then, in the middle of the night, Lennie lands on their suburban doorstep, on the lam after a prison break with the law on her tail. To Sid's horror, sympathetic Kay grants Lennie open-ended refuge in their home.

But this TV project — shoehorned into Allen's unrelenting feature-film-annually regimen — feels half-hearted and, at times, even threadbare. Crisis, therefore, unwinds as an intellectual exercise. And for its audience, it's a dreary exercise to watch.

THE ASSOCIATED PRESS

THE CRISIS

The series trades on two primary elements:

- Sid's understandable though tiresome panic that he and his wife will go to jail if Lennie is caught.
- The growing impact Lennie and her radical views have on the knee-jerk liberals whose world she has upended.

Woody Allen, left, and Miley Cyrus in a scene from Crisis in Six Scenes.

JESSICA MIGLIO/AMAZON PRIME VIDEO VIA AP

metro TRAVEL
Your essential daily news
New Hampshire expects record-breaking fall tourism season
4

Planning for Peru

FROM A GREAT HEIGHT
The altitude difference is extreme from North America to Peru. It gets as high as 14,000 feet in Cuzco, but drops to 8,000 in Machu Picchu and the surrounding area. Consult a doctor about altitude medication, or when you arrive in Peru, drink lots of water, eat lightly, avoid alcohol and don't exercise for at least the first 24 hours. Many hotels offer oxygen for those suffering from altitude sickness.

ISTOCK

According to our tour guide, the number one thing North Americans want to see in Peru is "what's next." While his joke speaks to the trouble some of us have in shaking off our strict agenda-focused mindset, Peru is one place where it is better to have an extremely detailed plan. **KATHY BUCKWORTH/FOR METRO**

My Type-A personality was pleased to have a day-by-day itinerary provided by our tour group taking us to Machu Picchu, particularly as we got caught in a farmer's strike.

While this necessitated last-minute changes on a daily basis, it would have been far more difficult to navigate without a blueprint.

Machu Picchu is one of the Seven Wonders of the World and 3,000 people pass through it daily, but getting there is not easy. The most direct route is to fly from Lima to Cuzco, then take a bus to the small village of Ollantaytambo in the Sacred Valley to connect to the train to Machu Picchu.

The train is the only way in, and needs to be booked months in advance. The 90-minute journey is beautiful, travelling through the base of the Andes Mountains, with the Urubamba River running alongside. The village of Machu Picchu itself is a strange combination of shanty-type buildings, outdoor markets, pubs, upscale hotels and gourmet restaurants, with an occasional alpaca wandering by. Next, a 20-minute bus ride, up 1,000 vertical feet via a harrowing zigzag road. One of the only other ways in is the Inca Trail, which takes four days to hike. We, like many others, just walked up a mile to the Sun Gate, which provides a breathtaking view of the site.

If you're thinking about checking Peru off your travel list, you should know that the locals really do eat guinea pig, and as it is a delicacy, it is culturally polite to eat it, if offered.

What's next for me? Trying to recreate the national drink, the Pisco Sour, at home.

Kathy Buckworth's trip was sponsored by Vantage Adventures, which did not approve or review this story.

Details from the Last Supper by Marcos Zapata, where a roasted Andean rodent is the main course. HANDOUT

SALKANTAY TRAIL

It's worth the four-day hike to Machu Picchu

Cuzco was built on an 11,150-feet Andean plateau. By the mid-15th century, it became the umbilical centre of the Incas' continent-spanning empire.

The perfectly-fitted, massive mortar-free walls of their palaces and temples still line many of the narrow streets, though most buildings were rebuilt after the violent conflicts during the Spanish conquest a century later.

The rounded boulders of the Incas' central sanctuary, Qoricancha, became the foundation of Santo Domingo, whose convent courtyard encloses the temple's tapered niches. European and indigenous imagery mixes in Cuzco's celebrated paintings, most conspicuously in an 18th century Last Supper canvas in the cathedral that features a paws-up, roasted Andean rodent.

The Salkantay trail follows ancient routes and is considered the best alternative to the often sold-out Inca Trail. For four days, you can hike past glaciers and through cloud forests, seeing turquoise mountain lakes, tiny mud-brick villages, and centuries-old Inca channels along the way.

If you feel like skipping out on the 1,500 steps plus steps to Machu Picchu take the shuttle instead. In the mid-15th century, the Incas built this improbable citadel nearly 8,000 feet up on a skinny ridge between precipices where the Andes meet the Amazon basin, and abandoned it a hundred years later. It lay covered by the rain forest until the 1910s, when a Yale historian brought it global renown. Wander the main site along steep staircases, climb the "you-slip-you-die" path to the ruins on Huayna Picchu, the peak overlooking the citadel, and walk the Inca Trail to the Intipunku viewpoint.

The nearly 200 grey houses, temples and agricultural buildings are haunting, but the practical and cosmological engineering is mind-blowing. From every perspective, the view defies logic: Terraces clinging to sheer, 1,640-feet rop-offs hold up colossally heavy granite palaces and sanctuaries. Carved stones, foundations and windows precisely trace the sun's travels and line with sacred peaks like Salkantay.

Archaeologists still debate why the Incas built this citadel, but as you watch the sun slant through the peaks, the real and symbolic magic of Machu Picchu's placement will seem answer enough.

THE ASSOCIATED PRESS

5 AWESOME NEW ORLEANS EXPERIENCES (THAT ARE SHELLFISH-ALLERGY FRIENDLY)

I've avoided New Orleans, figuring my shellfish allergy would spoil the food fun. But there's more to eat here than just iconic shrimp po boys and crawfish dishes, not to mention things you can do to make your New Orleans experience your own. **JENNIFER BAIN/TORSTAR NEWS SERVICE**

1 Connect with your dark side

We stumbled upon the Museum of Death ("Where the Big Easy meets the Big Sleep") in the French Quarter and couldn't resist it. The museum has a grisly accident scene photo at the counter to prepare you for what's inside. There's the original Jack Kevorkian suicide machine, morgue and crime-scene photos, coffins, skulls, Manson Family photos and more. You can sit for hours in the Theater of Death watching a loop of graphic footage set to music. The only thing you can't do at this oddball but low-profile museum is take pictures. **Details: museumofdeath.net**

2 Chill-out with Chewbacca

A grizzled Chewbacca greets you at Cochon Butcher (or just Butcher) and it's amazing how oddly hipster the Star Wars character looks in this butcher shop/sandwich counter/wine bar. Butcher is part of the Link Restaurant Group (helmed by executive chef/CEO Donald Link) and next to the fancier Cochon in the Warehouse/Arts District near the convention centre. Swoon over Buckboard Bacon Melt with collards, the Cochon Muffaletta and Le Pig Mac. Get your veggies with marinated Brussels sprouts and coleslaw. **Details: cochonbutcher.com**

3 Chow down on fried chicken

New Orleans Jazz Tours' Cheryl Teamer wanted to take me where the locals eat, so we made a beeline for the Tremé neighbourhood to Dooky Chase's Restaurant for lunch. I feasted on made-to-order and achingly beautiful fried chicken. This art-filled spot, helmed by 93-year-old "Queen of Creole Cuisine" chef Leah Chase, has been around since 1941. It's a local institution so expect politicians, jazz musicians, tourists, citizens and maybe even a president. **Details: dookychaserestaurant.com, jazztoursneworleans.com**

4 Get inked near the French Quarter

Fleurs-de-lis have become a New Orleans symbol for post-Hurricane Katrina resilience. It seemed fitting to get them incorporated into the matching sugar skull tattoos my daughter suggested. We got inked as walk-ins to Downtown Tattoo on Frenchman St. in the Faubourg Marigny neighbourhood, just steps from the French Quarter. We resisted colouring our black skulls and personalized them with each other's initials. Family is forever. **Details: downtowntattoosnola.com**

5 Take a swamp tour

We didn't spot the legendary Honey Island Swamp Monster, but our swamp tour with Cajun Encounters was memorable. "Wildlife and nature can be uncooperative and unpredictable," our captain warned, but then he was the one who surprised us by putting marshmallows and raw hot dogs on a stick to call alligators over. The Louisiana Department of Wildlife and Fisheries says most swamp tours have permits to feed alligators. PC reactions aside, it was nice to see a Cajun "village," various critters and cypress trees. **Details: cajunencounters.com**

Partner up on river of Golden Dreams

WHISTLER

Paddle required — and one other patient person

Jennifer Allford
Torstar News Service

Picking your paddle is one thing, but for this canoe ride — down Whistler's River of Golden Dreams — it may be more important that you pick the right partner. While paddling skills are helpful, a good sense of humour is crucial.

The gentle, five-kilometre route starts in Alta Lake, meanders through a pretty little stream of lily pads, includes a tiny portage (just a few metres — no time to even haul the canoe overhead) and continues along a narrow winding river lined with brush (this becomes important later). The adventure, and potentially your friendship with your paddling partner, ends at Green Lake.

It's a popular little ride with locals and visitors alike. In fact we run into a "Whistler traffic jam" in the lilies — several inflatable rafts tied together with a number of young limbs hanging out. The conglomeration politely moves over to let our convoy of canoes pass. When we get to the winding part of the river that sense of humour becomes important because you are pretty much guaranteed to hit the greenery overhanging the shore at least once. Or maybe 100 times.

Whiling away an afternoon in a canoe on the River of Golden Dreams is a popular activity in Whistler for locals and visitors alike. CANADIAN WILDERNESS ADVENTURES

The River of Golden Dreams was named for an old cheesy song that visitors are said to have sung as they floated with the current. But these are more cynical times and the locals are now more likely to call it the River of Broken Marriages.

The tour guides puts you seemingly indestructible canoes and you aren't going that fast when you hit the shrubs, so no one gets hurt. After the first couple of crashes you may get the swing of paddling around the tight corners and work together to avoid playing bumper car with the shoreline. Or you may get better at ducking.

Either way, you are likely to have a laugh, provided you have selected the appropriate partner. Mine, a lovely Australian woman, was either not bothered by my performance, or too polite to scream at me. Not that it would've helped.

The River of Golden Dreams was named for an old cheesy song that visitors are said to have sung as they floated with the current. But these are more cynical times and the locals are now more likely to call it the River of Broken Marriages. I find this comforting.

And maybe the lovely young Australian woman does as well. As we take off our life jackets and give back our paddles, she lets out a hearty laugh. Perhaps due to relief. Or perhaps because while on the water, we collected enough twigs in our hair and broken branches in the canoe to have a rather impressive bonfire.

Jennifer Allford was hosted by Tourism Whistler and its partners, none of which reviewed or approved this story.

IF YOU GO ...

Find out more
Three-hour Alta Lake canoe tours (book at canadianwilderness.com) cost $99 per adult, $69 for youth (13 to 18) free for children 12 and under (with one child per paying adult, riding in the same canoe or with the guide). You meet your guides at Alta Lake and drivers meet you at Green Lake to take you back to your vehicle.

TRAVEL NOTES A SPOOKY GOOD TIME IN FLORIDA AND THE LONG-AWAITED RETURN OF THE HOTEL SUITE DESK

Universal Orlando unveils virtual reality Halloween show

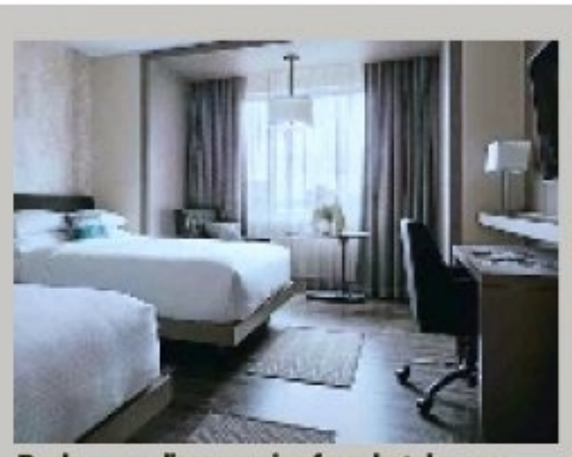
As you enter the dark set — an old library from the 1700s filled with ancient artifacts — at Universal Orlando Resort's new Halloween experience, it's obvious you're in for a creepy time. The actor playing a librarian flips from quirky to spooky as he warns of a deadly curse if you venture into a warehouse filled with powerful, paranormal artifacts. But none of his babbled warnings can quite prepare you for The Repository, a new virtual reality experience that opened Thursday as part of Universal Orlando Resort's annual Halloween Horror Nights.

THE ASSOCIATED PRESS

The Walking Dead haunted house is part of Halloween Horror Nights in Orlando. HANDOUT

The desk is back: Marriott is redesigning hotel rooms

Marriott is redesigning its hotel rooms, and desks with chairs are once again a standard feature. Desks had started to disappear from hotel rooms partly due to a perception that they were unnecessary in the era of laptops and cellphones, and that younger travellers weren't using them. But travellers began complaining. The desks in what Marriott is calling its "modern guest rooms" are on wheels so you can move them around the room to work where you want. In addition to other workspaces in the rooms, the redesign also includes hardwood flooring, benches and locally inspired decor. THE ASSOCIATED PRESS



Desks were disappearing from hotel rooms, but Marriott is bringing them back. HANDOUT

HEALTH AND WELLNESS

Avoid the painful effects of carpal tunnel syndrome

It's a common condition that people suffer from but they probably don't realize how disabling it can be.

In fact, carpal tunnel syndrome (CTS) is associated with the second longest average time away from work — 27 days — among the major disabling diseases and illnesses, according to a Labour Statistics study and at least one in every 10 Canadians suffer from the condition.

"CTS is a condition caused by a pinched nerve in the wrist," says Dr. Brian Gushaty, an Edmonton area chiropractor. "It causes pain and numbness in the index and middle fingers and weakness of the thumb."

The first symptom is usually numbness or tingling in the thumb, index and middle fingers that fluctuates and the sensation often occurs during daily activities like holding a steering wheel, phone or newspaper.

"The sensation may extend from your wrist up your arm and you may also have a tendency to drop things. This is because of the weakness of the thumb's pinching muscles controlled by the median nerve, which loses strength for most sufferers," Dr. Gushaty says.

ISTOCK

"People who perform repetitive motions daily with their hands such as typists, checkout staff, hairdressers and mechanics are at risk for CTS. Jobs like these often require repetitive flexing of the wrist, which may create pressure on the median nerve or worsen existing nerve damage."

But carpal tunnel isn't the only type of injury known as a repetitive strain injury (RSI) and many other conditions are linked to repetitive motions, forceful movements, awkward postures and ergonomic hazards such as poor workstation design. The sites commonly affected are the hands, elbows, shoulders, and back, although the lower limbs may also be involved.

Dr. Gushaty says there are ways to try to prevent the painful condition, including improving your overall posture, reduce your force and grip when completing tasks and keeping your hands warm.

If you've been experiencing the symptoms related to CTS, it's best to consult your chiropractor and it is a safe and non-invasive treatment for CTS. After an initial diagnosis your chiropractor will recommend a specialized treatment plan for you.

EveryBODY wants to...
Feel better. Move better. Live better.

Alberta College and Association of CHIROPRACTORS

Discover how Alberta's chiropractors can help.

www.albertachiro.com

Treat snoring for better sleep and a better life

One in four Canadian adults are at high risk for having obstructive sleep apnea. If left untreated, sleep apnea can result in a number of health problems, including high blood pressure, stroke, heart failure, diabetes, and more.

Many people with OSA snore, but not everyone who snores has OSA. Snoring can lead to un-refreshing sleep which translates into poor daytime function (tiredness and sleepiness). About one-half of people who snore loudly have obstructive sleep apnea.

The Snore Centre's motto is Better Sleep, Better Life. Their first priority is that you receive the proper therapy, regardless of whether that is an Oral Appliance, CPAP, or other solutions.

The Snore Centre focuses in Oral Appliance Therapy (OAT) for treatment of OSA and snoring, a mouth piece device custom made by dentists to the specific shape of the patient's teeth and mouth. Often an oral appliance is a preferred treatment over other forms of therapy. It is considered the least invasive, is

ISTOCK

portable and small, and is both more comfortable and attractive to bed partners than the CPAP mask.

The Snore Centre offers a free consultation. The consultation allows the experts to understand more about your sleep conditions. In most cases, a level III overnight home sleep test will be recommended.

The Snore Centre has two Calgary locations with one in Quarry Park led by Dr. Nikola Vranjes and the Beacon Heights location led by Dr. Jagatjit Dhillon.

ISTOCK

Say bye-bye to your eyeglasses

A new, minimally invasive alternative to LASIK eye surgery is now available at the Gimbel Eye Centre.

The EVO lens has now been approved for surgery in Canada, and Gimbel is one of the first in Canada to be providing this unique option, according to Gimbel Eye Centre chief operating officer Gregg Becker.

"This is great news for patients who want to enjoy the benefits of vision correction without the safety concerns that some people have about traditional laser surgery," he says.

The new EVO lens has already been performed in over 500,000 surgeries worldwide.

"This procedure does not remove any tissue, the lens is fully removable, and is a fast procedure to not only perform but also to heal from. The procedure virtually eliminates dry eye syndrome and allows for excellent night vision."

Patients between the ages of 18 to 45 are often perfect candidates for the EVO lens.

"We have many clients who have been waiting for this lens to be approved for use in Canada. Many have wanted to get rid of their glasses for years, but weren't comfortable with having their cornea surgically altered," Becker adds.

The process is especially good for patients whose thin cornea or high prescription may not have allowed them to be a good candidate for traditional laser procedures. Since no tissue is removed, the EVO lens is a great natural compliment to your eyes, which remain intact after the surgery.

LIFE AS IT'S MEANT TO BE SEEN

Visit our website for more information gimbel.com

GIMBEL EYE CENTRE.

CALGARY: 403-286-3022 | Toll-free 1-800-661-1138
EDMONTON: 780-452-4111 | Toll-free 1-888-211-4822

Care for your child's vision begins with an annual eye exam

Vision difficulties often start at a young age and that's why important that children have annual eye exams.

A recent survey showed that 61 per cent of parents mistakenly believe they would know if their child was having vision difficulties, according to Dr. Sal Jivraj of the Market Mall Eye Clinic.

"One in four school-aged kids will suffer from an eye problem that may not have noticeable symptoms," he says.

Dr. Jivraj was selected to be the eye doctor for the Pan Am Games in 2015, giving him an incredible opportunity to provide quality eye care to the world's best athletes and he feels even stronger about children's vision.

"Eighty per cent of a child's learning is obtained through vision so I can't stress enough how important it is to bring your child in for an examination and we remind families that the exam is covered by Alberta health care," he says."

"An undetected eye problem may delay your child's development resulting in them falling behind at school. Or worse, a child with

ISTOCK

an undetected vision issue can be misdiagnosed with learning difficulties."

The doctors at Market Mall Eye Clinic understand that children's eyes are still developing and that even minor vision difficulties can interfere with their education. With this in mind, Market Mall Eye Clinic is intent on providing your child with the best possible optometry care to help them maximize their potential at school. Visit marketmalleyeclinic.com to book an appointment.

Look and feel your very best this autumn

With autumn upon us it's the perfect time to give your hair a little extra attention.

Hair loss affects both men and women and the effects can be felt more in cooler temperatures but there are treatments that can help alleviate or rectify hair loss, including new cutting edge men's hair replacement options.

There are beneficial treatments available to battle hair loss, according to Hair Restoration Services (HRS) owner Arlene Forster, who says hair replacement is a non-surgical and natural looking way to have a full head of hair within hours.

"We help people look and feel their best so that they can restore, repair and rejuvenate themselves. While 80 per cent of our clients are men, women actually suffer from hair loss, too."

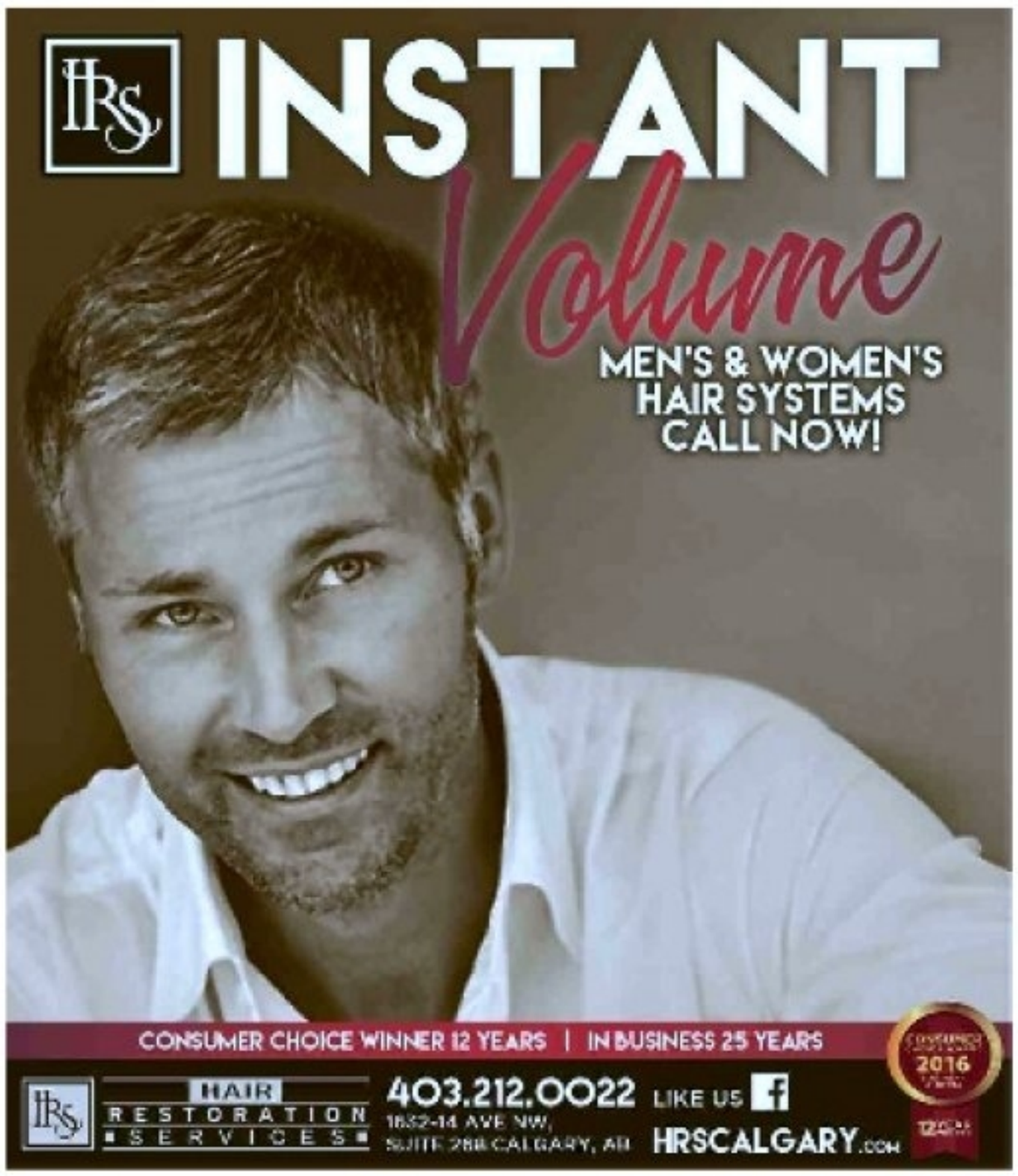
Forster is excited to share the latest advancements in men's hair replacement, with state-of-the-art hair options including Ultra-Thin cuti one and two, which she says

CONTRIBUTED

is affordable while appearing completely natural.

"Each hair is placed into the transparent thin skin hair base with a new state of the art injection method, which makes it look like the hair is growing directly from your scalp. One major benefit of this service is you can avoid costly monthly payments by paying as you go."

Ultra-Thin Skin Hair Systems can be cut as needed and is the most flexible hair base when it comes to styling hair.



metro SPORTS
PURE Hockey
Your essential daily news

The Cup is Canada's

WORLD CUP OF HOCKEY

Marchand and Bergeron score as part of fierce comeback

Brad Marchand capped a wild comeback with a late short-handed goal, and Canada claimed a second straight World Cup title with a 2-1 victory over Team Europe on Thursday.

Marchand beat Jaroslav Halak with 43 seconds left in regulation, sending the Canadians to a sweep over Europe in the best-of-three final. Marchand's goal came just over two minutes after Boston Bruins teammate Patrice Bergeron tied the game 1-1 on Canada's fifth power play of the game.

It was the 16th straight best-on-best victory for the Canadians, propped up by a stellar 32-save effort from Carey Price.

Zdeno Chara managed the lone goal for Europe, which led from the early minutes of the first period until Bergeron finally evened up the score at 1-1 with less than three minutes to go in the final period.

Out of sorts for much of their Game 1 win over Europe, Canada came sluggish again on Thursday night.

They didn't get their first shot on Halak until almost six minutes had passed. Twenty-seven seconds after that, the Europeans took the 1-0 lead when Chara dipped in from the point and beat Price.

It was just the third deficit Canada faced all tournament, and the longest lasting by far. The Canadians trailed for 89 seconds against the U.S. and 72 seconds against Russia.

Canada looked much in the final series opener, imprecise at times and unable to impose its will on Europe. Canadian defenders mismanaged pucks at the blue line twice on a first-period power play, leading to dangerous short-handed rushes for the Europeans, both of which were stopped by Price.

Team Canada celebrates Brad Marchand's goal — which stood as the tournament-clinching marker — against Team Europe on Thursday night in Toronto. FRANK GUNN/THE CANADIAN PRESS

FINAL Game 2

CANADA	EUROPE
2	1

Searching for offence, Babcock shuffled his lines in the third period, but the trio of Sidney Crosby alongside Marchand and Bergeron continued to make things happen.

It took until less than three minutes remaining in the third for Canada to get on the board. After Anze Kopitar was called for holding Corey Perry, the Canadian power play finally came to life.

Brent Burns sent a shot from the right point that Bergeron managed to get a stick on, beating a previously perfect Halak. Crosby, the tournament MVP, added his World Cup-leading 10th point with an assist on the play.

With Drew Doughty whistled for high-sticking, Jonathan Toews entered the offensive zone, sucked in a slew of European defenders before dropping to Marchand, whose shot beat Halak for the short-handed game-winner. THE CANADIAN PRESS

IN BRIEF

Orioles pull even with Jays

Ubaldo Jimenez dazzled through 6-2/3 innings as the Baltimore Orioles blanked the Toronto Blue Jays 4-0 on Thursday in a matchup between the top teams in the American League wild-card race.

Jimenez (8-12) allowed just one hit — to the first batter he faced — walked three and struck out five to help Baltimore pull even with the Blue Jays atop the AL wild-card standings with three games remaining on both teams' schedules.

THE CANADIAN PRESS

Shaw given three-game suspension for boarding

Montreal Canadiens forward Andrew Shaw has been suspended three pre-season games for boarding Washington Capitals prospect Connor Hobbs.

Shaw hit Hobbs into the glass from behind Tuesday during his first pre-season game with the Canadiens and was given a major penalty for boarding and a game misconduct.

THE ASSOCIATED PRESS

Virtue and Moir make successful return

Tessa Virtue and Scott Moir were all smiles after their first competitive skate in more than two and half years.

The Canadian ice dance duo posted the top score of 77.72 at the Skate Canada Autumn Classic International in Montreal on Thursday night.

THE CANADIAN PRESS

Mourners gather at a candlelight vigil for murdered Stampeders player Mylan Hicks in Calgary on Wednesday, a day before the team held a private memorial service.

JEFF MCINTOSH/THE CANADIAN PRESS

Stamps offer sympathy

CFL

Team hosts Hicks' parents, memorial service

MATCHUP

The Stampeders (11-1-1) depart Friday morning for Hamilton and face the Tiger-Cats (6-7) on Saturday.

Closure wasn't possible, but the Calgary Stampeders hoped to offer comfort to the family and teammates of Mylan Hicks on Thursday.

The team held a private memorial service at McMahon Stadium for Hicks, a 23-year-old defensive back who was shot and killed outside a Calgary nightclub last Saturday.

The Stampeders wanted to share the memories of Hicks with his parents, Reggie and Renee Hill.

"I would think with them being here, they would like to hear 'my son's been doing what he's supposed to do,'" safety Jamar Wall said prior to the service.

"Knowing he was here, handling his business, being a presentable young man, doing what he was supposed to do, I think that's going to give them a little peace knowing that. It's hard to say closure when you've lost your son."

Citing exhaustion, Renee Hicks declined via a Stampeders spokesperson to speak to reporters after Thursday's service that was closed to the media.

She and her husband had arrived in Calgary the previous day to retrieve their son's body and return to Detroit.

Hicks, a Michigan State Spartan from 2011 to 2014, was on Calgary's practice roster and had yet to appear in a game this season.

He earned his bachelor's degree in psychology at Michigan State and won Big Ten and Rose Bowl titles with the Spartans in 2013.

Nelson Tony Lugela, 19, is charged with second-degree murder. He will appear in Calgary court Friday.

East Lansing Journal sports columnist Graham Couch wrote Wednesday that "the sad irony of his shooting death is that Hicks escaped a city marred by gun violence and was living in a country where guns are nowhere near as prevalent." THE CANADIAN PRESS

IN BRIEF

Riders' new stadium going through plumbing issues

The city of Regina says tests show the water at the Saskatchewan Roughriders' new stadium isn't suitable for drinking yet.

Mayor Michael Fougere says water samples taken from Mosaic Stadium have been sent for testing and results will come back by Friday. Fougere says the city has a back-up plan to deal with the issue and it shouldn't discourage people from going to Saturday's game between the University of Regina Rams and the University of Saskatchewan Huskies.

Kim Onrait, executive director of city services, says gravel and stones were found in the water pipes when they were flushed. THE CANADIAN PRESS

RYDER CUP

Americans look to atone for recent failures

The American Ryder Cup team could use what might be Dustin Johnson's greatest asset in golf.

Not his power off the tee.

His short memory.

"Or no memory," Johnson said with a smile.

Johnson remarkably managed to shake off one disappointment after another in the majors — the 82 at Pebble Beach, the bunker blunder at Whistling Straits, the 2-iron out-of-bounds at Royal St. George's, the three-putt at Chambers Bay — until he won the U.S. Open this summer at Oakmont.

The Americans have accrued little more than scar tissue against Europe. That's why U.S. captain Davis Love III has preached all week at Hazeltine that this team, which only has two rookies, has never played together. That it's time for a new start.

No need to bring up that Europe has won six of the last seven times, and eight of the last 10 dating to 1995. No need to stew over the last time the Ryder Cup was held at home and the Americans blew a 10-6 lead on the final day at Medinah, the most crushing loss in two decades filled with defeats.

"In golf, it's one sport — and maybe being a defensive back in the NFL — you need to have a short memory," Johnson said Thursday. "So we haven't talked about Medinah at all. We're looking forward to this week and these matches and this first session we have coming up tomorrow morning. No talk about Medinah." THE ASSOCIATED PRESS

> **"It means we are successful and we are doing it right. We take a lot of pride in that.**
>
> Europe's Lee Westwood on the U.S. creating the Ryder Cup Task Force

Don't dream it. Drive it.

Open yourself up to the world with with our family of luxury dream cars at Lone Star Mercedes-Benz including the E-Class, CLS, SLK, SL, S-Coupe and C-Coupe. With more new options than ever before, now's the time to enjoy the thrill of the wind in your hair, and the road from a bold new perspective!

Your dream car from Lone Star Mercedes-Benz awaits. Enjoy exceptional lease and finance offers starting at 0.9% as well as cash credits of up to $10,000 on our premium selection of luxury vehicles.

Discover the feeling. View offers and book your test drive today at lonestarmercedesbenz.com

Rates from 0.9% PLUS Cash Credits from $3,000-$10,000

Mercedes-Benz
The best or nothing.

Lone Star Mercedes-Benz | 13 Heritage Meadows Rd. S.E. | 403-253-1333 | lonestarmercedesbenz.com | #lonestarinsider

© 2016 Mercedes-Benz Canada Inc. Freight/ PDI of $2,595, dealer admin fee of $495, air-conditioning levy of $100, EHF tires, filters, batteries of $20, PPSA of $25.80 and AMVIC fee of $6.25 are due at signing. Lease and finance offers are available only through Mercedes-Benz financial on approved credit for a limited time. First month's payment plus security deposit of $400 and applicable taxes due at lease inception. Vehicle license, insurance, and registration are extra. Offers may change without notice and cannot be combined with any other offers. Offers available only on in stock units and end September 30th 2016.

EUROPA LEAGUE

Rooney, Big Z connect for Man United

Wayne Rooney finally made a difference for Manchester United this season, setting up Zlatan Ibrahimovic's goal two minutes after being summoned off the bench to help them beat Ukraine's Zorya Luhansk 1-0 in the Europa League on Thursday.

Inter Milan fell 3-1 at Sparta Prague to lose its second in a row in the European competition, while Mario Balotelli scored again but couldn't prevent Nice from losing at Russian side Krasnodar 5-2. The Italian striker was substituted at halftime with an apparent knee injury.

There was mixed reaction at Old Trafford when Jose Mourinho sent in the much-criticized Rooney in the 67th minute, but his misfired shot bounced to the far post, where Ibrahimovic nodded in.

Rooney was in good position inside the area after a cross from the right flank, but the ball hit off his knee as he attempted a shot, going across the area toward Ibrahimovic.

"We deserved to win but it was difficult," Mourinho said. "We had to play, I won't say amazingly well because we didn't, but we had to play well to win."

THE ASSOCIATED PRESS

Service Directory

To advertise contact 403.444.0136

ASTROLOGER

SRI DURGA MATHA ASTROLOGER & PSYCHIC
GENERATION TO GENERATION INDIAN ASTROLOGER
Pandit: LAKSHMAN JI
PALM READING - FACE READING – HOROSCOPE
EXPERT IN REMOVAL BLACK MAGIC & EVIL SPIRITS
"Life is God gifted, Preserve it"
100% GUARANTEE
I will remove & destroy all bad luck, black magic, witchcraft, obey, jadoo, voodoo & protect you from All Evils. 100% lifelong protection for success for your life.
ALL RELIGIONS WELCOME!
SOLUTIONS FOR YOUR PROBLEMS
• Love Problems • Lottery • Marriage & Children
• Business & Money • Jealousy & Bad Luck • Depression
• Husband & Wife • Black Magic & Evil Spirit • Sexual Problems
• Health Problems • Education • Court Cases
SPECIALIZED IN BRINGING BACK LOVED ONES PRIVATE & CONFIDENTIAL
403-473-5538
Open 7 Days 10am to 8pm for appointment
FALCONRIDGE DRIVE NE
(OPP. MCKNIGHT VILLAGE)
"Time is precious, Don't waste it!"

SPIRITUALIST

INDIAN ASTROLOGER
PANDIT: KALBHAIRAV BABA JI
Expert in Patra Reading, Open Book, Palm, Reading, Horoscope Photo Reading, Face Reading, Name & Date of Birth. Pandith is Expert in Removing Black Magic,Generation Curses, Black Hearts, Voodoo, Jadoo, Butu, Witchcraft, Obeau, Evil Spirits & Bad Luck.
Are you Suffering from any of the Following Problems?
• Black Magic • Business • Drinking Problems
• Evil Spirits • Work Problems • Health Protection
• Bad Luck • Financial Problems • House Protection
• Reunite Lovers • Wife & Husband Pro • Childless Couples
• Stop Divorce • Children Mistakes • Sexual Problems
• Depression • Court Cases • Lottery
• Psychological • Mortage • Success in Life
403-918-4353
Open 7 Days 10am-8pm Call for appointment
5221 MARBANK DR
AT INTERSECTION OF 52 STREET NE

FINANCIAL

$750 Loan and more
No credit check
Open 7 days from 8 to 8 (EST)
1-855-527-4368
credit700.ca
Call us or apply online
www.credit700.ca

SPIRITUALIST

SRI HANUMAN ASTROLOGY CENTRE
WORLD FAMOUS INDIAN ASTROLOGER & PSYCHIC
KNOW YOUR PAST, PRESENT & FUTURE
Pandith: MAHENDRA VARMA
PALM READING ❋ FACE READING ❋ HOROSCOPE
PASSED DOWN FROM GENERATION TO GENERATION
IF YOU HAVE ANY PROBLEM,
VISIT ME ONCE & GET IT SOLVED 100% GUARANTEED
Love Problems, Money Problems, Enemy Problems, Family Argument, Childless Couples, Business Problems, Jealousy, Property, Marriage, Sexual Problems, House Problems, Worried about Loved One, Husband / Wife Matters Etc.
PRIVATE & CONFIDENTIAL
100% REMOVAL OF BLACK MAGIC AND GIVE LIFE LONG PROTECTION
SPECIALIZED IN BRINGING BACK LOVED ONES
CALL NOW! Open 7 DAYS 9 AM TO 7 PM
403-613-3589
Martindale Blvd NE, Cargary, AB T3J 3C8

PSYCHICS

OM SHIV SHANKAR ASTROLOGER
PANDIT: GANESH JI
ARE YOU DEPRESSED AND LONELY?
I will remove and destroy all bad luck, witchcraft, obeya, Jadoo, Voodo & Protect you from all evils.
- Family problems - Love problems - Health Problems
- Sexual Problems - Childless Couples - Relationship
- Business Investments - Stop Divorce - Spousal conflicts
- Children - Drinking problems - Miscarriage
- Curse - Psychological - Jealousy
- Marriage - hard time - Education
- Financial Matters - suffering - Job, tears, etc...
Immediate results & get life long protection tomorrows vision is yours today will be 100% completely & permanently eliminated
100% Private and Confidential
Open 7 days • 9:00am to 8:00pm
403-473-3520
WHITEHORN DR. NE, CALGARY, AB (NEAR LRT STATION)

DAILY WARM UP

U.S. legends salute Kap

RACE RELATIONS

Olympians behind famed protest laud new stand

Tommie Smith and John Carlos were proud to raise their gloved fists in a symbolic protest at the Olympics, and now they're proud that Colin Kaepernick and other athletes are staging protests to raise awareness about racial inequality and police brutality.

The U.S. sprinters who were sent home from the 1968 Mexico City Olympics for what they called a "human-rights salute" say the San Francisco 49ers quarterback and others are right to use their platform to attempt to affect social change.

"Don't hate the kid because he stood up for something to change," said Smith, who won the gold medal and set a world record in the 200 metres in 1968. "He stood up for the right to exercise Amendment 1."

Speaking Wednesday at the Team USA Awards in Washington, the first U.S. Olympic Committee event they've been invited to since their protest, Smith says he's backing Kaepernick because his protest is proactive and Carlos says there's no better platform than sports to stand up for something.

"Protest is a good thing because you're trying to expose certain things," said Carlos, who won the bronze in the 200. "Then, when you sit back and say, 'Well, I don't know whether it's the right place to make a statement here or there.' In any protest, I think you make a statement to try and reach the far ends of the earth. What better way to do it than if you're in a sport."

Last week, Nebraska football players Michael Rose-Ivey, Mohamed Barry and DaiShon Neal kneeled during the anthem before a game at Northwestern, drawing criticism from Nebraska's governor. Rose-Ivey is expected to meet with the governor to discuss the issue next week.

THE ASSOCIATED PRESS

Tommie Smith's and John Carlos' "human-rights salute" at the 1968 Mexico Games. THE ASSOCIATED PRESS

Tommie Smith, left, and John Carlos in Washington on Wednesday GETTY IMAGES

RECOGNITION

It has taken almost half a century for the USOC to welcome Smith and Carlos back into the fold after being outcast for breaking the rules.

IN BRIEF

NFL to hold women's forum

In its efforts to get more women into administrative, coaching, officiating and scouting jobs, the NFL will offer a careers forum during Pro Bowl week.

The forum in Orlando, Fla., from Jan. 25-27 is designed to educate and prepare women to fill such positions. The league's Rooney Rule to enhance diversity in hiring was expanded this year to include interviewing women for all open executive positions at the NFL office.

THE ASSOCIATED PRESS

ACC title lands in Orlando

The ACC is moving its Dec. 3 football championship to Orlando.

The conference made the announcement Thursday.

Orlando emerged as a location after the ACC joined other leagues in pulling out of North Carolina amid backlash over controversial state House Bill 2 requiring transgender people to use restrooms at schools and government buildings corresponding to the sex on their birth certificates.

THE ASSOCIATED PRESS

RECIPE Tuscan Chicken Skillet Dinner

PHOTO: MAYA VISNYEI

Ceri Marsh & Laura Keogh
For Metro Canada

You could add a salad on the side of this irresistible dinner or embrace its all-in-one-ness.

Ready in 45 minutes
Prep time: 30 minutes
Cook time: 15
Serves 4

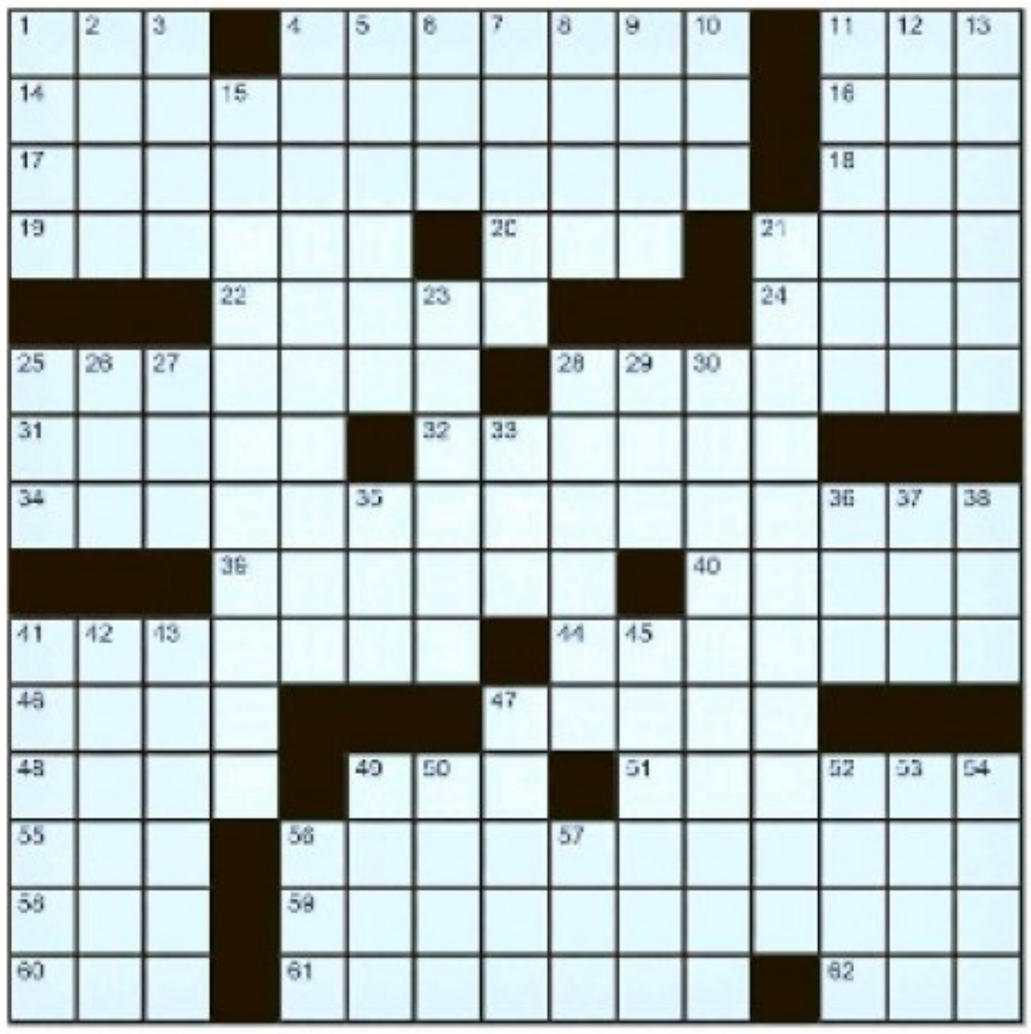
Ingredients
- 2 Tbsp olive oil
- 1 lb chicken breasts, cut into bite-sized pieces
- 1/4 tsp oregano
- 1/4 tsp thyme
- 1 1/2 cups mushrooms, sliced
- 1 onion, diced
- 3 cloves garlic, minced
- 1/4 cup sun dried tomatoes
- 14 oz can cannellini beans, drained
- 19 oz can tomatoes
- 1/4 tsp chili powder
- 1 tsp sugar

Directions
1. Pour oil into a large skillet and warm to medium heat. Brown chicken. You may have to work in batches. Remove from pan and set aside. Drain all but about 1 or 2 Tbsp of fat.
2. Add mushrooms, oregano and thyme and allow mushrooms to become soft and brown. Remove from pan and set aside.
3. Add onion and garlic and cook 3 minutes until they're soft and fragrant. Add sugar, sun-dried tomatoes, canned tomatoes and beans. Simmer 5 minutes, breaking up tomatoes with spoon.
4. Gently tip in the chicken and mushrooms and simmer for another 10 minutes, until the meat is cooked through.

FOR MORE MEAL IDEAS, VISIT SWEETPOTATOCHRONICLES.COM

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



ACROSS
1. Texter's "That reminds me..."
4. Notion
11. Nfld.'s water
14. Knee-of-a-pair-of-psychedelic jeans embellishment: 2 wds.
16. "Rob _" (1995)
17. Learn to play guitar: 2 wds.
18. Tiny type
19. Cannes 'century'
20. Antacid brand
21. NY Mets ballpark, _ Field
22. Showbiz performer Martha's
24. Hic, _, hoc
25. Flew the plane
28. Exercise system
31. Familiar reply to "Who's there?": 2 wds.
32. Ashes/lava ejecting volcano
34. Bit of Rush's "In the Mood": "Hey baby, it's _ _ _ _."
39. Hammering human
40. Legendary actor Peter
41. Bodybuilder's bulgees
44. Country in Africa
46. Formerly
47. "Get _ _!"
48. Back
49. Gibraltar, e.g.
51. Teeter-totter
55. Slammer's sound!
56. Duds displayer: 2 wds.
58. AOL, e.g.
59. Canadian daily newspaper since 1892: 2 wds.
60. Agnus _ (Mass prayer)
61. Used a crate for a better view: 2 wds.
62. Slowly slurp

DOWN
1. Pieces 21. Ancient drivers
2. Mr. Byers of "Empire"
3. Stirred
4. Arnold Schwarzenegger's "_ Damage" (2002)
5. How to put in contact lenses, _ _ at a time
6. Initials-sharers of Rush's drummer (More at #13-Down!)
7. Instances
8. Shirt collar type
9. Computer complaint, "My _ _ _ longer works."
10. Ordinal suffixes
11. Nunavut hamlet on Hudson Bay
12. Precisely: 3 wds.
13. #6-Down wrote the what for #15-Down?
15. "The _" - 'A Short Story by Rush' that goes... "As grey traces of dawn tinge the eastern sky, the three travelers, men of Willow Dale, emerge from the forest shadow."
23. Henry Ford's son's cars
25. Ms. Zadora
26. "What's the alphabet's 17th letter?" A. "I believe they call _ '_'."
27. Baton Rouge sch.
28. Seabird sort
29. _ Jima
30. New park in the Willowdale neighbourhood of Toronto named in honour of the two members of Rush who grew up there, _ _ Art Park
33. Grand-_, Nova Scotia
35. Bond
36. Dog's warning...
37. Charlemagne's li'l domain
38. Tetley drink
41. Ghoulish
42. Anxiety
43. Shrimp serving
45. _ _ the occasion
47. 1977: _-Detoo
49. Schedule opening
50. Lawn mower maker
52. U.S. pre-coll. exams
53. Amazon berry
54. Venus Flytrap's station
56. Belonging to Hartford's li'l state
57. Wee glove insertee

IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
This is an excellent day to enjoy the company of others. Dealings with friends, partners and members of the general public will be enjoyable.

Taurus April 21 - May 21
Work-related travel is likely today. Try to do whatever you do can to improve your job prospects because you have such a positive attitude.

Gemini May 22 - June 21
It's Friday and it's a fun day! Make plans to meet friends for lunch or after work. Enjoy sports events, social occasions and playful activities with children.

Cancer June 22 - July 23
Discussions with a parent or a family member will be positive today because domestic peace and happiness are important to you right now. This is a good day for real estate discussions.

Leo July 24 - Aug. 23
Believe in the power of positive thinking because it cannot be underestimated. Notice how your optimism attracts others to you today.

Virgo Aug. 24 - Sept. 23
This is an excellent day for business and commerce. Look for ways to make a profit, because they exist, especially with foreign interests.

Libra Sept. 24 - Oct. 23
Today the Moon is lined up with Jupiter in your sign, which is why you feel so positive. You also feel generous to others because you are confident. You know, deep down, that you get what you give.

Scorpio Oct. 24 - Nov. 22
Today you might be concerned with the deeper aspects of life, especially in terms of spiritual insights. It's easier to think with your heart rather than your mind.

Sagittarius Nov. 23 - Dec. 21
Today you will enjoy the company of others, especially in groups. It's a perfect time to share your hopes and dreams for the future with someone.

Capricorn Dec. 22 - Jan. 20
Bosses, parents and people in authority are impressed with you today. In turn, you will be pleased to get their endorsement!

Aquarius Jan. 21 - Feb. 19
This is the perfect day to make future travel plans because you are not afraid to think big. Likewise, future plans about higher education, training, publishing and the media are exciting.

Pisces
Feb. 20 - March 20
This is a good day to discuss inheritances and shared property because you will come out smelling like a rose. Things will tend to go your way, which is a good thing.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

4		5				3		
	1		7		4		5	
		7				9		
	4		1		7		3	8
				4				
	6	3	9	8	2	1	4	
		9				7		
		4				6		
			5	2	6			

metro
Tell us how you really feel.
Join our online reader panel and help make your Metro even better.
metronews.ca/panel

YESTERDAY'S ANSWERS

Your daily crossword and Sudoku answers from the play page.

for more fun and games go to metronews.ca/games

9	4	8	5	6	1	2	3	7
6	7	5	4	2	3	9	8	1
1	2	3	8	9	7	4	5	6
7	3	1	6	4	9	5	2	8
5	9	4	2	7	8	6	1	3
2	8	6	3	1	5	7	9	4
8	6	7	9	3	2	1	4	5
4	5	9	1	8	6	3	7	2
3	1	2	7	5	4	8	6	9

DEPEND ABSOLUTELY ON GOD

The Almighty God can turn any situation around, but, it requires your absolute trust in Him because, "The LORD is good, a strong hold in the day of trouble; and he knoweth them that trust in him" (*Nahum 1: 7*). Commit that situation into the hands of God, depend on Him only and experience His goodness.

For prayers and counseling call the pastor at 587-579-0454

RCCG CHRIST EMBASSY CHURCH
4315 26th Ave SE, Calgary, AB
EMAIL pastor@rccgchristembassy.org
WEBSITE rccgchristembassy.org

LA-Z-BOY®

"Really... I didn't even know La-Z-Boy made all this!"

"TARLETON"
HIGH LEG LEATHER RECLINER
Now Only **$1,299**
2 COLOURS AVAILABLE

"MAVERICK"
ROCKER RECLINER
RENEW LEATHER
Now Only **$699**
4 COLOURS AVAILABLE

"PINNACLE"
ROCKER RECLINER
Now Only **$599**
6 COLOURS AVAILABLE

DON'T MISS OUR BIGGEST SALE OF THE SEASON

KINCAID
"GARDEN BED"
QUEEN SIZE
King also Available
Now Only **$1,098**

CANADEL FLOOR
SAMPLE CLEAR-OUT
50% off

"LEAH"
Double Size Sofa Bed
Now Only **$1,499**

"LAUREL"
STATIONARY SOFA
Now Only **$999**

LA-Z-BOY®
HOME FURNISHINGS & DÉCOR
Live life comfortably.®
lazboy.com/calgary

403-253-1000
7300 - 11 Street SE • 1 block North of Heritage Drive
5111 Northland Drive NW • Northland Village
293100 CrossIron Lane • CrossIron common

STORE HOURS:
Monday - Friday 10 - 8
Saturday 10 - 6
Sunday 11 - 5

Schedule your free design consultation!
*Limited Quantities, Shop early for best selection.

Free in-home design
Schedule your free design consultation today

La-Z-Boy is the official furniture provider of Ronald McDonald House Charities®

Expedited delivery on in-stock items

Connect with us